

Integrated development
of Health, Education,
Environment, Culture and
Livelihood in the Himalayan
region of Solukhumbu district

ANNUAL PROGRESS REPORT

2020/21
SEPTEMBER 2021

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The Himalayan Trust Nepal (HTN) would like to express its gratitude to the Social Welfare Council, Ministry of Women, Children and Social Welfare; Education and Health Ministries, Home Ministry, Labor Department and National Planning Commission and Department of Education in central level for their constructive suggestions and feedbacks to implement our projects in the Solukhumbu district.

HTN supports and works in coordination with the government mechanisms at grassroots level for improvement of education, health and livelihoods of the local people. Special recognition goes to the District Administration Office, District Coordination Committee, District Education and Health Coordination Units, Solududhkunda Municipality, Khumbu Pasang Lhamu, Mahakulung, Sotang, Mapya Dudhkoshi and Likhu-Pike Rural Municipalities for their support and cooperation.

The HTN highly acknowledges the supports received from Himalayan Trust New Zealand (HTNZ), The New Zealand Aid Programme/Ministry of Foreign Affairs and Trades (MFAT), Land Rover New Zealand and individual donors of New Zealand. The support was received for the Improvement of Quality Education in Solukhumbu through teacher training, scholarships, teachers support and teaching material support, classroom furniture and office management cost. HTNZ has also expanded its support to Kunde hospital's regular operation and management from January 2021. Land Rover New Zealand through HTNZ

funded to complete Monjo drinking water and fire hydrant project.

The HTN would like to thank HTNZ Patron and former prime minister of New Zealand Mrs. Helen Clark, Chairman Peter Hillary, Vice-chairman Dr. Mike Gill, board members and general members for their major role in strengthening and supporting the programme of the Himalayan Trust in Nepal. HTN would like to thank New Zealand High Commission, New Delhi, India for their generous support to develop Sir Edmund Hillary Visitor Center in the Khumjung High School.

The HTN would like to thank President Ms. Karen O'Connor and all the Sir Edmund Hillary Foundation Canada (SEHF) Board of Directors and staff personnel for their continuous support. The support of the Foundation primarily focused on the management of Kunde Hospital and its peripheral health clinics in Thame, Phortse and Monjo villages has significantly helped improve the health of the local people. The founder and executive director of SEHF Canada, William F. (Zeke) O'Connor, and President Karen O'Connor's untiring leadership and support to the people of Khumbu are highly appreciated. We are also deeply saddened by the demise of Zeke in 2021. HTN is committed to flourish his contributions in health sector through Kunde hospital and outreach clinics.

The HTN highly values the financial support received from the American Himalayan Foundation (AHF) over many years for the educational and health programmes of Himalayan

Trust in Solukhumbu district. Under the chairmanship of Richard C. Blum, AHF continues financial support to the Himalayan Trust Nepal educational, health and livelihood improvement programme and conservation of ancient monasteries. AHF has kindly extended their support for managing the health service of the Himalayan Trust in the Khumbu region from early 2018. AHF has been supporting fifty percent of the Kunde hospital operation cost from 2020. In addition, AHF has also donated half cost of the Thame Hostel Construction Project. AHF also supported for the procurement of COVID-19 prevention materials for Kunde hospital, outreach clinics, government health posts, management of the Covid-19 isolation center and food relief material support to the people of Thame valley. The HTN would like to extend its gratitude to all its Board Members and especially to Chairman Richard Blum, President Erica Stone, Vice President Norbu Tenzing, Programme Director Betsy Horan, Regional Director Bruce Moore and the staff members for their valuable support.

The HTN also acknowledges the considerable support received from Himalayan Trust UK for rebuilding the earthquake-damaged Solukhumbu schools, for supporting child-friendly school furniture, additional teacher support, funding for Mary Lowe scholarship and Covid-19 second wave prevention material support projects. The HTN would like to extend sincere thanks to Mr. Graham Wrigley, the Chairman of HTUK, 1953 Patron Mrs. Mary Lowe, Geoff Wolstenholme and all its Trustees for their contribution in Solukhumbu through HTN. Mary Lowe has been providing scholarships to a batch topper boy and a girl of Bung high school annually. Special thanks to Mary for her sole contribution.

Grants from Sir Edmund Hillary Stiftung (SEHS) Germany go to Phaplu Hospital, Bung, Salyan and Sotang Primary Health Centers in the Solu region

in the form of medicine, subsidies and incentives to doctors and other technical and administrative staff. SEHS has also supported Phaplu hospital to build a maternity ward. Their support to Phaplu hospital continues through an agreement with the hospital development board with an aim to provide better services from Phaplu Hospital in Solukhumbu district. SEHS Germany and HAUSER Exkursionen International Germany have also provided a grant to build Monjo Community Hall in 2017, Sir Ed's Visitor Center at Khumjung school, construction of Monjo clinic and funding for three students to pursue high school and bachelor's degree under "Louise and Belinda Hillary Memorial Scholarship" scheme. Thanks to Chairperson Ingrid Versen, Deputy Chair Manfred Haupl and its Board Members in Germany who have untiringly helped to raise funds for Phaplu Hospital and people of Solukhumbu.

Support from Hillary Foundation USA for educational activities of the Himalayan Trust Nepal has also been highly appreciated. The Hillary Foundation had been active for 40 years. They were initiated in 1975. On the 40th Anniversary of their support to the Himalayan Trust in Nepal, the HTN board expressed their heartfelt gratitude to John and Larry Witherbee and their board members in April 2015. In 2010, the Hillary Foundation USA committed its support to Himalayan Trust Nepal until 2015. Their major funding ceased in 2016. We extend our sincere thanks for all your generous supports.

Himalayan Trust Nepal highly appreciates the supports of Benoit Chamoux Foundation and its board of directors for their humanitarian assistance to semi-orphan children of mountain disaster victims for their school and college level education. Through this foundation, more than 35 children have received the scholarship in reputed schools of Kathmandu. Special appreciation goes to Mrs.

Fabienne Clauss, the spiritual mother of the BCF children and founder of the organization. She is not just a donor but also a kind hearted mother to all children that BCF supports. She remains in regular contact with the children and tracks their progress and successes. She feels proud on the success of her spiritual children.

Himalayan Trust New Zealand, American Himalayan Foundation, Himalayan Trust UK have also supported schooling of 2014 Mt. Everest avalanche victims' children (MDRES) from grade 1 – 12 through HTN. This scholarship is managed by HTN with mutual understanding with Nepal Mountaineering Association. The Himalayan Trust Nepal plays bridging role between the schools and above organizations for managing the scholarship programme, monitoring, counselling, and overseeing academic progress of children.

Naulekh Foundation has been supporting Poyan Basic School and a village health clinic in Poyan village. After the completion of primary level education from Poyan School, students are admitted to Chaurikharka Secondary School. The Foundation supports for the living costs of Poyan village students at Chaurikharka Secondary School. HTN highly appreciates the support of Chairwoman Mrs. Ursula Heuscher, board members Werner Heuscher, Werne Luthy and rest of board of trustees to the students of this remote mountain village.

The HTN is highly indebted to the Grand Circle Foundation (GCF) of USA for their continued support in teacher training programme, REDSS Project and School WaSH Project in Pelmang, Chheskam, Bung and Juving schools. GCF has approved 24 bedded hostel construction project for Sotang high school in 2021/22. HTN extends its sincere appreciation to Chairman Alan Lewis and Vice-chairperson Ms. Jan Byrnes and the board of directors of

GCF for their continued support to the people of Solukhumbu through HTN.

The HTN expresses its sincere gratitude to the Forgotten Sherpas of Nepal Trust (FSNT) for their support to operate Goli and Patle Community Health clinics. FSNT is a New Zealand based NGO set up to support the health project of Goli and Patle communities.

The HTN highly appreciates the Department for Development Assistance and Humanitarian Aid, Ministry of Foreign and European Affairs of the Slovak Republic, Slovak Embassy, New Delhi, Reinhold Messner Mountain Foundation, Land Rover New Zealand for their assistance to build the Monjo Community Water Supply and Fire Hydrant Project. Khumbu Pasang Lhamu Rural Municipality and Chaurikharka Buffer Zone User Committee deserve special appreciation for their contribution and partnership with HTN on this important project.

The HTN also highly values the support of The Greater Himalayas Foundation (TGHF) USA- Honoring The Legacy of late Mingma Norbu Sherpa for their support in education programme of HTN. TGHF have been supporting computer and Sherpa language teachers' salary, scholarship and Khumjung School rebuilding projects. Chairperson Mrs. Phurba Sona Sherpa and its board members deserve special thanks.

The HTN is pleased to express its heartfelt gratitude to EduTech Nepal and its founder and donors Mike Chisholm and Sheryl Chisholm for supporting computer lab projects in the Solukhumbu district.

HTN is also pleased to announce that Nepal KinderHilfe Germany has joined with HTN for delivering scholarship programme for the poor children of Nepal from Pokhara, Chitwan, Rasuwa, Kathmandu and Kavre areas.

Likewise, Lights for Kids a Germany based NGO has also joined hands with HTN for providing solar home system for more than 90 households of Mamerkhu and Boksuwar villages of Mahakulung Rural Municipality, Solukhumbu in 2021. Thanks to its board of directors for their interest to partner with HTN and follow the legacy of Sir Ed.

HTN would like to acknowledge the donation support of Mr. David Smith of England, Dr. Tshering Wangdi Sherpa of Pennsylvania and Mr. M.J. Bakke of USA.

We acknowledge the hard work of Dr. Kami Temba Sherpa, Dr. Mingma Kanchi Sherpa and their entire staff at Kunde Hospital for their efficient and effective management in delivering excellent health services at the hospital and outreach clinics in the Khumbu region.

Sister Sani Sherpa in-charge of Phaplu hospital management and medical in-charge Dr. Dilip Kumar Shah, Dr. Anil Chaudhary (MDGP), Dr. Krishna Neupane, Dr. Om Prakash Thapa Magar and the entire team at Phaplu Hospital deserve special appreciation for the competent medical and surgical services and overall management of the hospital effectively. Particularly, Phaplu hospital could play very crucial role to prevent and treat Covid-19 infection in the Solukhumbu district while providing all other general medical services.

Mr. Mahendra Bahadur Kathet, Mr. Lhakpa Tenji Lama (Sherpa), Mr. Isworman Rai and Mr. Bishnu Rayamajhi, Mr. Nava Bahadur Bhujel, Mr. Dhruva Rai and Babita Chapagain teacher trainers of the HTN have worked hard to help students and teachers of Solukhumbu to run the school

education activities effectively during the Covid pandemic and lockdown situation. They have been coordinating with 33 schools of Solukhumbu for the implementation of a five year education programme which is being funded by the New Zealand Aid Programme and Himalayan Trust New Zealand. Thanks go to HTN trainers for their hard work in the field. We appreciate Mr. Prem Krishna Aryal, who joined as HTNZ Education Programme Representative in October 2020, for his technical support to the HTN education team.

We appreciate Mr. Baween Raj Tandukar and Mr. Dawa Tshering Sherpa, Mr. Bijay Shrestha, Dipu Sherpa, Ms. Pema Diki Sherpa, Ms. Fura Yangjee Sherpa, Mr. Man Bahadur Magar and Mr. Ang Chhiring Sherpa of HTN for their hard work and positive team spirit at the Trust Office.

We would also like to acknowledge the active support of all executive as well as general members of the Himalayan Trust Nepal for giving much of their time to the affairs of the institution and for setting up future guidelines for the welfare of the community of Solukhumbu in keeping with the path set by Sir Edmund Hillary.

Himalayan Trust Nepal family is extremely thankful to Ms. Lisa Choegyal, Honorary Consul of New Zealand to Nepal, for her active and continued cooperation.

Finally, the HTN expresses its heartfelt gratitude to all its overseas well-wishers, friends, donors and foundations for their generous support and cooperation.



Mingma Norbu Sherpa, PhD
Chief Executive Officer

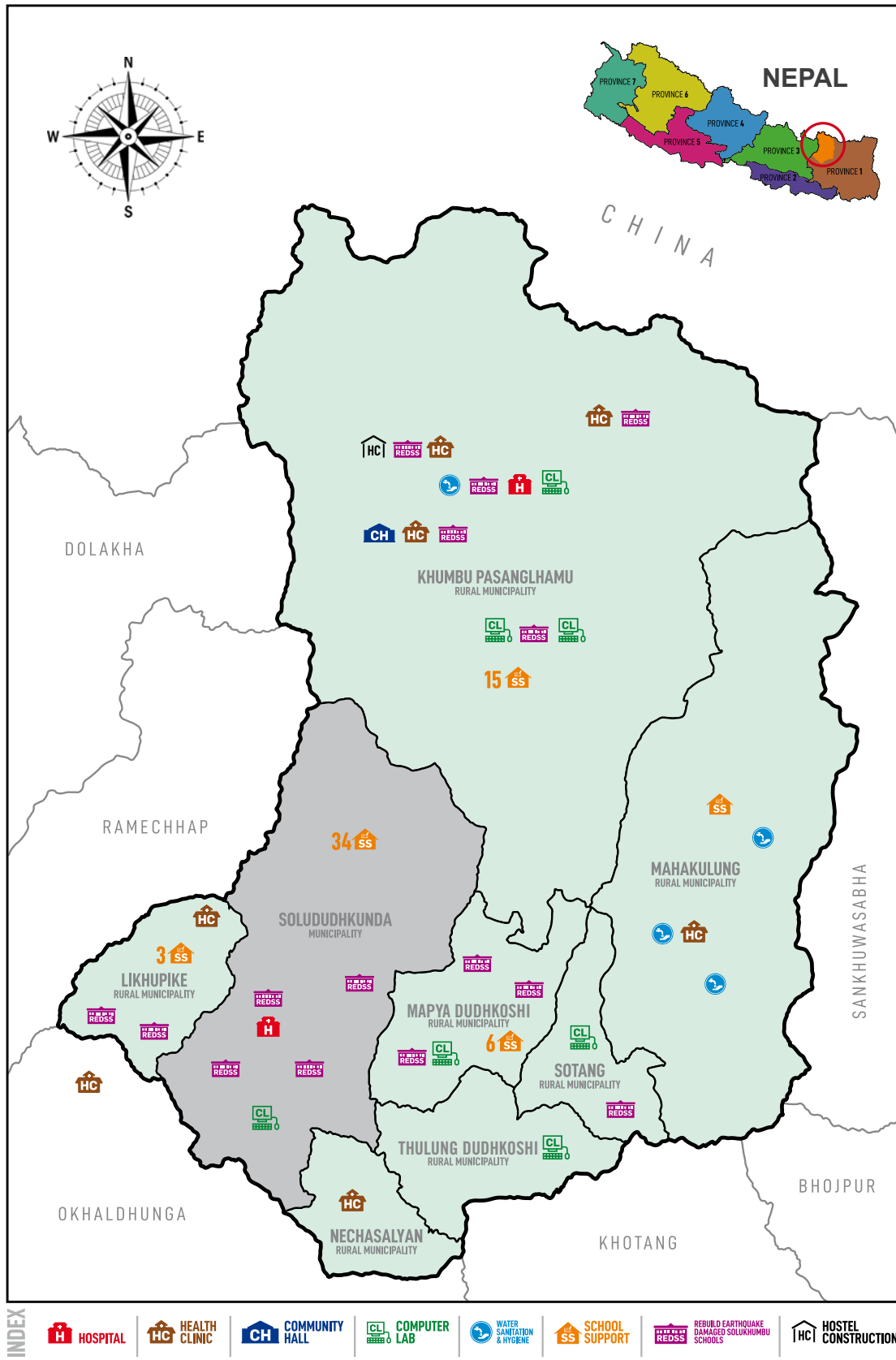


Pasang Dawa Sherpa
Chairman

LIST OF ABBREVIATIONS

AHF	American Himalayan Foundation
AGM	Annual General Meeting
BCF	Benoit Chamoux Foundation
CDC	Curriculum Development Center
CEO	Chief Executive Officer
CEHRD	Center for Education and Human Resource Development
DCC	District Coordination Committee
EDCU	Education Development and Coordination Unit
FAO	Finance and Admin Officer
FSNT	Forgotten Sherpas of Nepal Trust
GCF	Grand Circle Foundation
GPA	Grade Percent Average
HTN	Himalayan Trust Nepal
HTNZ	Himalayan Trust New Zealand
HTUK	Himalayan Trust United Kingdom
NZMFAT	New Zealand Ministry of Foreign Affairs and Trade
KPLRM	Khumbu Pasang Lhamu Rural Municipality
PO	Programme Officer
REDSS	Rebuild Earthquake Damaged Solukhumbu School
SEHF	Sir Edmund Hillary Foundation, Canada
SEHS	Sir Edmund Hillary Stiftung, Germany
SWC	Social Welfare Council
TGHF	The Greater Himalayas Foundation
WaSH	Water, Hygiene and Sanitation

HIMALAYAN TRUST PROJECT MAP



EXECUTIVE SUMMARY


Himalayan Trust Nepal (HTN) implemented various programme activities on education, health and livelihood in the fiscal year 2020/21. The year marked one of the most challenging ones due to the Covid-19 pandemic and lockdown for second consecutive year. Although the implementation of education programme, particularly the teacher's training and regular operation of schools in Solukhumbu was largely affected by the Covid and lockdown, Himalayan Trust Nepal could play active role in implementing health programmes with added activities of Covid-19 control and treatment throughout Solukhumbu district. Despite the spike of Covid-19 second wave, HTN could continue its long-term ongoing projects such as operation and management of Kunde Hospital, financial support to Phaplu hospital and more than a dozen of government health posts and HTN operated clinics throughout Solukhumbu district and Patle in Okhaldunga district. Other major achievements in the education sector included implementation of various scholarships of grade 10+2 and bachelor's level, distribution of teaching materials to more than 65 schools, establishment of 5 computer labs in partnership with EduTech Nepal and respective School Management Committees (SMCs). HTN could also build water, gender friendly toilets and shower facilities in Juving Secondary school with the funding support of Grand Circle Foundation of USA.


On the livelihood improvement side, HTN successfully implemented the Monjo Community Water Supply and

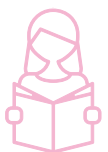
Fire Hydrant Project over the fiscal year. The project is expected to benefit more than 277 local people and 50,000 national and international visitors annually. The project is funded by the Khumbu Pasang Lhamu Rural Municipality (KPLRM), Chaurikharka Buffer Zone User Committee (BZUC), Land Rover New Zealand through Himalayan Trust New Zealand, Slovak Aid, Reinhold Messner Mountain Foundation and local community of Monjo and Chumoa villages. HTN played the overall coordination role for project planning, implementation, monitoring and institutionalization in the local governance system.

HTN's board members and staff personnel remained busy in planning, implementing and monitoring its annual programme activities in the Solukhumbu, Okhaldunga and Dolakha districts. The CEO along with its board members and staff made regular planning and monitoring visits to field project sites such as Thame, Monjo, Sano Gumela, Chaurikharka, Phaplu, Junbesi, Bung, Chheskam and Sotang over the year. The field visits have been effective for planning, observation, monitoring and evaluation of HTN's work progress and identify the real needs of community and stakeholders. Reporting the field situation to donors and partners have been very interesting and effective over the year. Such monitoring visits have been very useful to identify new projects and plan accordingly. In addition, it also helped improve the working relationship with grassroots level organizations, partners and beneficiaries.

HTN INFOGRAPHICS


SCHOLARSHIPS
143 STUDENTS



MALE : 69



FEMALE : 57


STATIONARY SUPPORT
65 SCHOOLS


TEACHERS
SALARY SUPPORT
20 TEACHERS

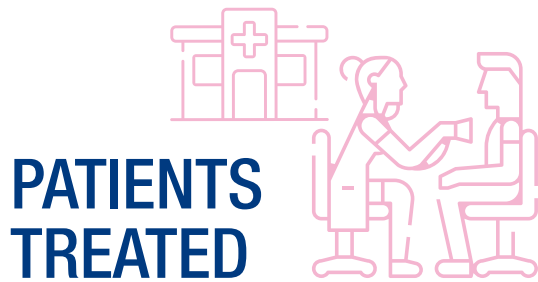

COMPUTER LAB
20 SCHOOLS


MALE : 15


FEMALE : 05


COVID-19
PREVENTIVE MATERIALS
2 HOSPITALS, 15 CLINICS
& 48 SCHOOLS


MEDICINE SUPPLY
2 HOSPITALS &
7 CLINICS



PATIENTS TREATED

KHUNDE HOSPITAL
4,078

MALE : **1,545** | FEMALE : **2,533**

PERIPHERAL CLINICS
(Monju, Phortse and Thame)
1,640

MALE : **684** | FEMALE : **956**

NAMCHE DENTAL CLINIC
850

MALE : **389** | FEMALE : **461**

PHAPLU HOSPITAL
12,243

MALE : **5,132** | FEMALE : **7,111**

PATLE COMMUNITY HEALTH SERVICE
650


MALE : **289** | FEMALE : **361**

LIKHU-PIKEY RURAL GEORGE HUNTER HEALTH CLINIC
993

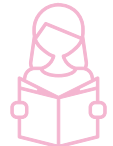
MALE : **316** | FEMALE : **677**



**WATER SANITATION
& HYGIENE (WASH)**
5 SCHOOLS
BENEFICIARY : **2,251**



MALE : 1,124



FEMALE : 1,127



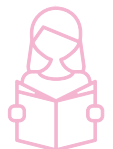
**DRINKING WATER
AND FIRE HYDRANT : 1**
BENEFICIARY :
**MORE THAN 267 LOCAL
AND THOUSANDS OF
TREKKERS**



HOSTEL CONSTRUCTION : 1
BENEFICIARY : **72**



MALE : 36



FEMALE : 36

CHAPTER

1



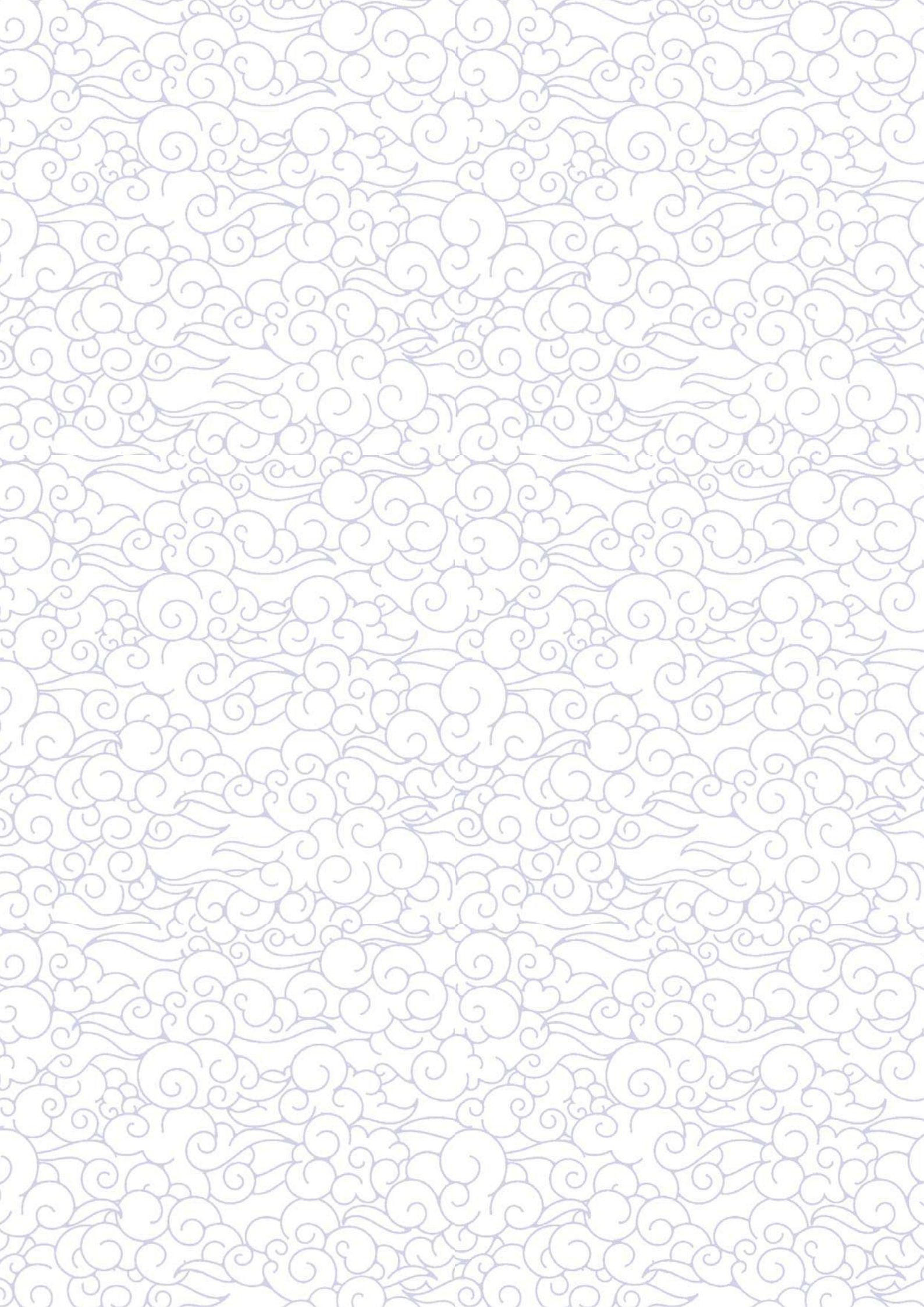
BACKGROUND

1.1 Introduction

1.2 Objectives

1.3 Presentation of the Report





1

BACKGROUND

1.1 | INTRODUCTION

Himalayan Trust Nepal (HTN) is a non-governmental organization established to support the Government of Nepal and the people of Solukhumbu in education, health, culture, environment and livelihood programmes through an inclusive, innovative and locally-driven governance approach. Established as part of the work of Sir Edmund Hillary and his Sherpa friends in the Everest Region, HTN is dedicated to achieving community-led, sustainable mountain development in Solukhumbu District and wider Nepal.

Although the Himalayan Trust has been active in the Solukhumbu district since the 1960s, HTN was officially registered as an NGO in 2007 and is affiliated with the Social Welfare Council of Nepal. HTN is governed by its own constitution as an autonomous body. HTN is supported by the Himalayan Trust New Zealand, the Himalayan Trust UK, American Himalayan Foundation, Sir Edmund Hillary Foundation Canada, Sir Edmund Hillary Stiftung Germany, Grand Circle Foundation USA and partners from Benoit Chamoux Foundation, Naulekh Foundation, Forgotten Sherpas of Nepal Trust New Zealand, The Greater Himalayas Foundation- Honouring the Legacy of Mingma Norbu Sherpa, Reinhold Messner Mountain Foundation, Italy, Nepal Hilfetiroel Austria, Nepal KindeHilfe and Lights for Kids Germany and many organizational and institutional donors and partners.

With the financial contribution from the above-mentioned supporters, HTN implemented various programme activities on health, education and livelihood in the fiscal year 2020/21. Beside the challenges posed by Covid-19 pandemic, HTN has continued its various programme activities. This annual report covers the major achievements of various activities implemented over the last fiscal year (2020/21) to inform its target beneficiaries, donor community, government line agencies and concerned stakeholders.

1.2 | OBJECTIVES

The overall objective of the Annual Progress Report is to share its annual progress achievements to HTN's board, honorary, patron and general members, and donors, implementing partners, government agencies, beneficiaries and wider stakeholders and seek feedbacks for improvement of the Trust's programme activities.

1.3 | PRESENTATION OF THE REPORT

The overall progress achievement of the fiscal year 2020/21 has been presented in five different chapters. Chapter one contains the introduction, objectives and presentation structure of the report.

Chapter two describes the education programme with details of background, objectives, and various educational activities undertaken in the fiscal year with achievements.

Similarly, chapter three describes health programme, with background, objectives, description of various activities implemented in the last fiscal year with achievements.

Chapter four provides information about progress on cultural programme activities in the same format as other chapters.

Chapter five is about the management and governance of the organization. It provides the description of various activities undertaken in terms of organizational management and governance, monitoring of programme activities and conclusion of the report.

CHAPTER

2



EDUCATION PROGRAMME

2.1 Background

2.2 Objectives

2.3 Activities





2

EDUCATION PROGRAMME

2.1 | BACKGROUND

Education is one of the major programmes of Himalayan Trust Nepal. The history of Himalayan Trust's education programme dates back to the 1960s with the building of its first school in Khumjung village. Sir Ed himself built more than 27 schools throughout Solukhumbu district through Himalayan Trust and continued to support them. With the objective to provide equal, equitable and quality education in the same area, HTN has been supporting over 65 schools. HTN aims to improve the quality of education in the local public schools, reduce the number of out-migrating students, promote local teachers, develop child and gender friendly education system, provide education through computer technology and help reduce rural poverty. HTN's area of intervention in the education sector includes rebuilding of earthquake-damaged schools, building child friendly hostels, repairing and maintaining basic facilities of schools; operating schools in child friendly environment and improving the quality of education with the support of dedicated, trained teachers; supporting students to secure higher education to work in different sectors, including teaching job at local schools; increasing the rate of students' learning achievement; managing and operating ECED classrooms effectively; providing various scholarship; empowering school management committees and parents in governance and decision-making processes.

2.2 | OBJECTIVES

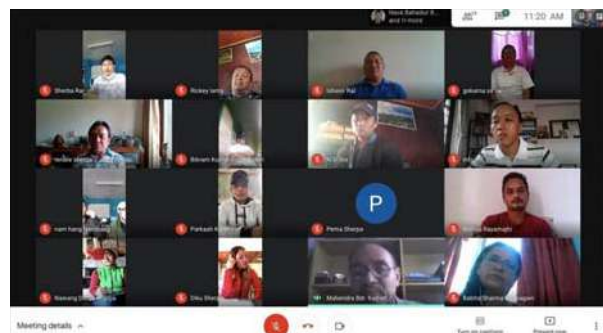
- To provide quality education to the students enrolled in community schools of Solukhumbu through Quality Education Programme.
- To provide additional teacher support to community schools of Solukhumbu.
- To provide teaching material support including computer labs to 65 community schools.
- Support to build earthquake-resistant classrooms with child-friendly furniture.
- To create a child center teaching and learning environment.
- To provide scholarships to students to pursue their higher level education.

2.3 | ACTIVITIES (INPUTS)

There are more than twelve different components of activities implemented under the education programme in the fiscal year 2020/21. They are basically teachers support in 9 schools, teaching materials support to 65 schools, school based teacher training programme in 33 schools of Solukhumbu, scholarships for basic, high school and college level students, School WaSH projects in Juving high school; establishment of computer labs in 5 schools, hostel building in Thame basic school, Monjo Community Water Supply and Fire Hydrant Project. Further details about these activities are briefly presented under the following sub-headings:

2.3.1 A Virtual Conference

Himalayan Trust Nepal (HTN) organized a virtual meeting with the head teachers and teachers supported by HTN in the Solukhumbu schools on 24th August 2020. The objective of the meeting was to explore the field situation and possibilities for the improvement of students' learning activities during the pandemic and lockdown situation. A total of 10 head teachers, 18 subject teachers, along with the HTN team participated in the meeting.



A virtual meeting held with head teachers and HTN supported teachers of Solukhumbu schools.

2.3.2 Computer Labs Support in Solukhumbu Schools

Himalayan Trust Nepal in partnership with EduTech Nepal and School Management Committees are implementing the computer lab installation programme in Solukhumbu district since 2018. HTN's role is to coordinate with Solukhumbu schools, government organizations and supporting partner. The five new labs planned for the fiscal year 2021/22 has been delayed due to the lockdown and closure of schools. Furnishing of all five schools are now complete and computers will be installed within September 2021. Once these 5 labs are set up, the total number of computer labs in Solukhumbu will be 20. The computer lab programme started in 2018. The following schools established new labs in 2021:

1. Sagarmatha Secondary School, Waku
2. Chheskam Secondary School, Chheskam
3. Jivan Jyoti Secondary School, Nele
4. Himalaya Secondary School, Jubu
5. Yuba Barsa Basic School, Monjo

EduTech Nepal is providing computers and technical support to establish the labs whereas HTN facilitates to identify schools, transport computers to schools, monitoring the computer labs, and coordinates with local governments. HTN's part of the funding is managed under the Quality Education Programme in Solukhumbu (QEPS) with the funding support from Himalayan Trust New Zealand and New Zealand Aid Programme.



↗ The moment of signing MoU between HTN, EduTech Nepal and schools



↗ Computer lab room and furniture at Chheskam Secondary School, Chheskam



Head teachers receiving computer labs in 2021 visited HTN office in Kathmandu

2.3.3 Completion of School WaSH Project

The implementation of School Water, Sanitation and Hygiene Project (S-WaSH Project) in Juving High School of Mapya Dudhkoshi Rural Municipality – 01, Solukhumbu through the funding of Grand Circle Foundation of USA has been completed. The project will directly benefit 240 students and 20 teachers daily. Similarly, the School WaSH project in the primary section of Sotang School is also complete. This part of the project was funded by Josef Wessinger of Italy. The main objective of these projects were to improve access to safe, sufficient water; adequate, inclusive sanitation facilities; and promote good hygiene practice to improve learning environments and educational performances in the remote mountain region of Solukhumbu. The Juving school project built drinking water supply and gender and disability friendly toilets for students and a toilet and a shower for the hostel teachers in the school. Likewise, water supply and toilets for boys and girls were built in the primary section of the Sotang school.





Water supply and gender friendly toilets in Juving School.

2.3.4 Teachers Support

To implement the decision of adopting English as the medium of teaching and improve the quality of education in Khumbu schools, HTN has been providing teachers support to teach major subjects like English, Science, Social Studies and Math in the English medium. With the financial assistance of Himalayan Trust New Zealand, New Zealand Aid Programme, The Greater Himalayas Foundation and Rotary Club Koblenz Dt. Eck, Germany, HTN has supported nine schools with 20 teachers.

Benoit Chamoux Foundation of France has supported the salary of an English teacher to Rolwaling Monastery School located at Beding village in Dolakha. Himalayan Trust Nepal also provided teaching materials and stationeries to this school in 2021. The school was first built by Sir Edmund Hillary in 1970s. This monastic school provides education to 30 students through English, Nepali and Sambhota scripts. There are three teachers in this school.

2.3.5 Covid-19 Prevention Materials Distribution to Resume Classes

Himalayan Trust Nepal distributed Covid-19 preventive materials to 18 schools in Takshindu, Junbesi, Pike and Bhakanje high school clusters in Solududhkunda Municipality. The Trust also conducted orientation programmes on Covid-19 explaining the proper use of the preventive materials in coordination with the local government. The schools came into operation by using the preventive materials that HTN had provided and it helped in creating a safe learning environment for children and teachers in school. Children were very happy and excited to be back in school after seven month's lockdown after the first wave spike.

The preventive materials included masks, sanitizer, infrared thermometer, chlorine powder, sodium hypochlorite liquid, set of equipment to prepare

disinfectant liquid, Dettol soaps, bucket with a tap, and bowl for hand wash, and Covid-19 awareness raising printed materials.





➤ Covid-19 preventive materials distribution in the 18 schools of Solududhkunda Municipality.

2.3.6 Thame School Hostel Handed Over

The hostel construction project at Thame School was successfully completed and handed over to the School Management Committee on 29th of August 2020. Thame Rinpoche, his teacher and other monks performed the consecration puja for the hostel. The function was attended by village leaders, advisors, SMC members and local government representatives. Dr. Kami Temba Sherpa, HTN Project Engineer Mr. Bijay Shrestha and Field Supervisor Mr. Dipu Sherpa handed over the hostel key to the SMC chair on behalf of Himalayan Trust Nepal and donors. The hostel was jointly funded by Thame Sherpa Heritage Fund and American Himalayan Foundation. Currently, 23 students are staying at the hostel along with a hostel warden and a cook.



2.3.7 Scholarships

Himalayan Trust Nepal manages various scholarships to more than 143 students annually to pursue higher studies after their successful completion of secondary level school education from the Solukhumbu district and wider Nepal.

The main goal of the scholarship programme is to support students for pursuing higher education in different fields of studies after completion of their secondary school-level education. The specific objectives to achieve the above goals are as follows:

- ↳ To provide partial scholarship grants to the student to complete their higher education
- ↳ Produce academically trained human resources who can fulfil the local requirements
- ↳ To encourage students to develop their future careers to fulfil the job demand in the Solukhumbu region

HTN has been managing the following scholarships in the fiscal year 2020/21:

SN	Name of Scholarship	Supported by	Total	Male	Female
1	Sir Edmund Hillary Memorial Scholarship +2 (SEHM)	New Zealand Aid Programme & Himalayan Trust NZ	48	32	16
2	Bachelor Level Scholarship	New Zealand Aid Programme & Himalayan Trust NZ	23	8	15
3	Master Level Scholarship	New Zealand Aid Programme & Himalayan Trust NZ	2	1	1
4	Miss Elizabeth Hawley Memorial Scholarship, Master Level	American Himalayan Foundation	1	1	
5	Louise and Belinda Hillary Memorial Scholarship	Sir Edmund Hillary Stiftung, Germany	3	3	0
6	Mingma Norbu Sherpa Memorial Scholarship	The Greater Himalayas Foundation, USA	11	6	5
7	Poyan Foundation Scholarship	Poyan Foundation, Switzerland	22	11	11
8	George Lowe Memorial Scholarship	Mary Lowe, UK	4	2	2
9	Mary Lowe Scholarship	Himalayan Trust UK	4	3	1
10	Benoit Chamoux Foundation Scholarship	BCF, France	15	6	9
11	Tenjing Norgay Memorial Scholarship	Tenjing Norgay Foundation	4	4	0
12	Dr. Tshering Wangdi Sherpa Scholarship	Dr. Tshering Wangdi Sherpa family	2	2	0
13	Diane Mackinnon Scholarship	Diane and John Mackinnon	4	2	2
		Total	143	81	62

A. Sir Edmund Hillary Memorial Scholarship:

Himalayan Trust Nepal has been awarding **Sir Edmund Hillary Memorial Scholarships** to three SEE graduates of **Khumjung, Mahendrajyoti, Kharikhola, Takshindu, Junbesi, Bhakanje, Pike Loding** and **Juving** schools to pursue grade 11 and 12 level studies. HTN has revised the scholarship policy in 2020 to make it more inclusive. The revised policy gives priority to first girl and first boy of the SEE batch and one poor and needy girl or boy student from the same school. This scholarship is funded by Himalayan Trust New Zealand and New Zealand Aid Programme. The ethnographic and gender

composition of this year's scholarship recipient's details are presented in the following table. The table shows at least 8 different ethnicities with more girl students got the scholarship.

Ethnographic and gender composition of SEHM scholarship recipients

SN	Ethnicity	Male	Female	Total
1	Sherpa	2	6	8
2	Rai	3	4	7
3	Tamang	1		1
4	Chhetri (Basnet, Karki)	2		2
5	Magar	2	1	3
6	Schedule caste (Ranapal)		1	1
7	Jirel		1	1
8	Madhesi (Sahani)		1	1
	Total	10	14	24

B. New Bachelor Level Scholarships:

HTN through the funding of New Zealand Aid Programme and Himalayan Trust New Zealand under the Quality Education Programme in Solukhumbu (QEPS) has been able to set up bachelor level scholarships for students of Solukhumbu. The scholarship is being awarded on two different categories. The first category is:

a. Khumbu Pasang Lhamu Rural Municipality and Himalayan Trust Scholarships for the students of the Khumbu region.

This scholarship is a joint initiative of KPLRM and HTN. KPLRM covers 60% and HTN covers 40% of the scholarship fund. A total of 8 (1 female and 7 male) students from KPLRM were successful to get this scholarship. The scholarship amount covers tuition fees and partial living cost. Students themselves have to bear their living cost. Out of the 28 seats available, only 8 seats were fulfilled over the last fiscal year. For the remaining 20 seats, applications will be called in 2021.

Details of the Scholarship Recipients

SN	Name of student	Permanent address	Subjects
1	Mr. Subas Rai	KPLRM-02, Lukla	B.E. Civil Engineering
2	Mr, Dorjee Gyalzen Sherpa	KPLRM-04, Khumjung	B.E. Civil Engineering
3	Mr. Kami Tshering Sherpa	KPLRM-04, Khumjung	Bachelor of Law (LLB)
4	Ms. Mingma Doma Sherpa	KPLRM-05, Theso	B.Ed. (English)
5	Mr. Ngima Chhiri Sherpa	KPLRM-02, Lukla	B.Sc. Environment Science
6	Mr. Ngima Tashi Sherpa	KPLRM-05, Chanyakpa	Bachelor – Tourism
7	Mr. Ngawang Tshering Sherpa	KPLRM-04, Khumjung	Bachelor – Computer Science
8	Mr. Dawa Tshering Sherpa	KPLRM-03, Ngamuteng	Bachelor – IT



MoU for implementing bachelor's degree scholarship signed between KPLRM and HTN on 8th October 2020 at Namche.

b. Himalayan Trust Bachelor Level Scholarship for the students of Southern Solukhumbu

As part of the QEPS, HTN awarded scholarships to 15 (7 female and 8 male) students from 5 rural municipalities of Southern Solukhumbu district to pursue their Bachelor level study in various subjects.

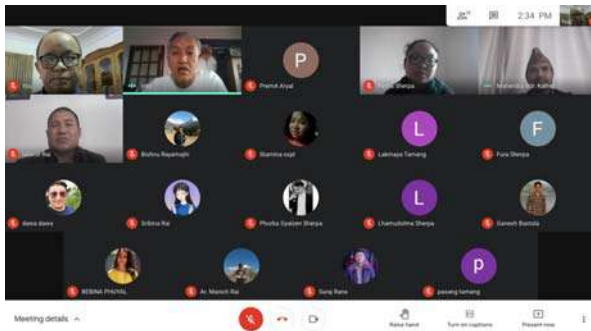
Himalayan Trust Bachelor Level Scholarship for Southern Solukhumbu

SN	Name of student	Permanent address	Subjects
1	Ms. Lhamu Dolma Sherpa	Solududhkunda-03, Loding	B.Sc. – Forestry Science
2	Mr. Ganesh Bastola	Necha-Salyan-03, Necha	B.Sc. – Agriculture
3	Mr. Manich Kumar Rai	Thulung Dudhkoshi-09, Dilbu	B.Sc. – Agriculture
4	Ms. Bebina Phuyal	Necha-Salyan-03, Besigaun	B.Ed. (Science)
5	Mr. Pasang Tamang	Mapya Dudhkoshi-05, Rokful	B.Ed. (Science)
6	Ms. Sribina Rai	Mapya Dudhkoshi-05, Kanku	B.Ed. (Science)
7	Mr. Prajwal Rai	Mahakulung-01, Saddi	B.Ed. (English)
8	Mr. Suraj Pratap Ranamagar	Mapya Dudhkoshi-05, Kanku	B.Ed. (English)
9	Ms. Samina Kulung Rai	Mahakulung-03, Chheskam, Khardo	B.Ed. (Mathematics)
10	Mr. Mukesh Bastola	Necha-Salyan-02, Salyan	B.Ed. (Social Studies)
11	Ms. Lakhmaya Tamang	Mapya Dudhkoshi-05, Kanku	B.Sc. – Nursing
12	Mr. Phurba Gyalzen Sherpa	Solududhkunda-04, Salleri	Bachelor – Computer Science

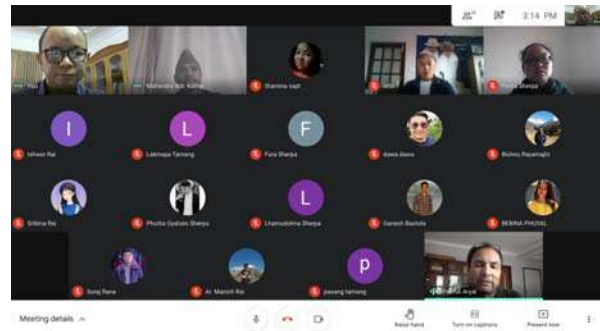
SN	Name of student	Permanent address	Subjects
13	Mr. Amrit Regmi Magar	Mapya Dudhkoshi-06, Waku	Bachelor – IT
14	Ms. Bipana Koirala	Necha-Salyan-01, Salyan	Bachelor of Dental Surgery (BDS)
15	Ms. Rojina Katel	Necha-Salyan-03, Necha	Bachelor of Law (LLB)

c. Virtual Orientation Programme Organized

Because of the Covid-19 second wave and lockdown, virtual orientations to scholarship recipient students of southern Solukhumbu and Khumbu were organized virtually on May 7th and 9th, 2021. The programme aimed to orient scholarship recipients regarding the scholarship objectives, requirements to fulfil and the arrangement of scholarship amount payment.



Virtual programme organized for the students of Southern Solukhumbu on May 7th.



Virtual programme organized for the students selected for KPLRM and HTN scholarship on May 9th.

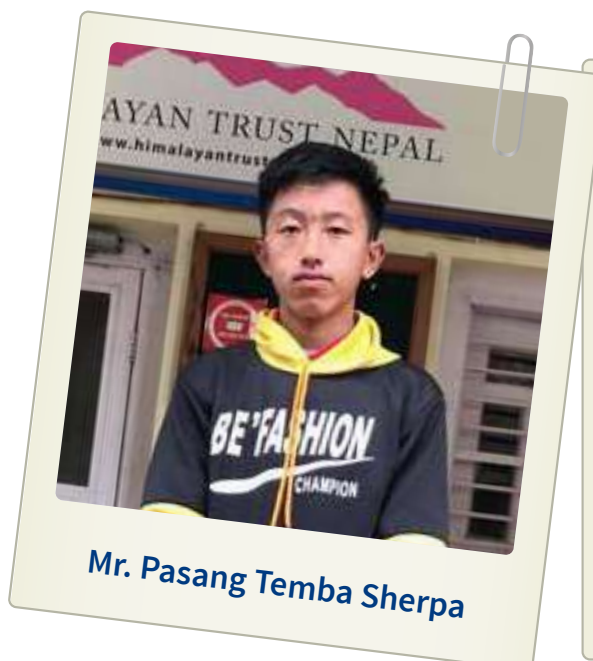
C. George Lowe Memorial Scholarship:

The **George Lowe Memorial Scholarship** is provided to two school toppers (one male and one female) students of the SEE graduates of Sagarmatha Secondary School Bung from HTN every year. The scholarship has been awarded to Mr. Khadka Kulung and Ms. Indreni Kulung from Bung to study Management subject. This scholarship was established by Mary Lowe in memory of her Late husband George Lowe, who was one of the dearest friends of Sir Edmund Hillary.

D. The Mary Lowe Scholarship:

Himalayan Trust UK (HTUK) has established **The Mary Lowe Scholarship** in honor of its Trustee Member Mary Lowe, who has been continuously

supporting the education programme of Himalayan Trust in Solukhumbu for many decades. This scholarship is provided to two eligible students per year to study health assistant and staff nurse courses starting from the year 2020. The scholarship has been provided to two eligible female students, Ms. Pema Yangzi Sherpa and Ms. Pasang Futi Sherpa from Namche Bazaar and Thame villages to study three year's lab technician course starting from the year 2020. Both of them are undertaking the course in Stupa College, Kathmandu. Similarly, two students Mr. Pasang Temba Sherpa who wants to study Management and Ms. Susma Bhattarai who wants to study Science has been awarded The Mary Lowe Scholarship for their 10+2 level studies. All these four students are deserving brilliant candidates but lacked financial resources to pursue their further studies.



E. The Greater Himalayas Foundation Scholarship:

The Greater Himalayas Foundation (TGHF) provides annual scholarships to deserving students, who graduate their SEE from Khumjung Secondary School. The scholarships honor the legacy of Late Mr. Mingma Norbu Sherpa. The recipients of this year's TGHF scholarship are Ms. Mingma Doma Sherpa, Ms. Pemba Jangmu Sherpa, Mr. Pemba Dorjee Sherpa, Mr. Pasang Kazi Tamang, and Mr. Finjo Sonam Sherpa. The scholarship supports the students in pursuing their 10+2 (high school) level education in Kathmandu.

F. Dr. Tshering Wangdi Sherpa Scholarship:

Dr. Tshering Wangdi Sherpa originally from Namche is currently living in the United States. Dr. Sherpa who initially received scholarship from the Himalayan Trust has changed his life considerably. Now, he wants to pay back to Himalayan Trust to show his high respect to Sir Ed for his legacy. This year, the scholarship was provided to Ms. Furba Yangji Sherpa from Pangboche to complete her high school level studies and Ms. Pasang Lhamu Sherpa from Thameteng to complete her final year studies of Bachelor in Education taking Mathematics as a major subject. Ms. Pasang Lhamu was a former teacher of Thame school and she will return to Thame after completion of her bachelor degree.



G. Louise and Belinda Hillary Memorial Scholarship:

The Louise and Belinda Hillary Memorial Scholarship has been awarded to 3 female students in the year. The first recipient is Ms. Ang Chhechi Sherpa who received the scholarship to continue her Bachelor in Business Administration (BBA) studies in Kathmandu. The second recipient is Ms. Sophi Rai who received the scholarship to pursue her Bachelor in Chartered Accountant in The Institute of Chartered Accountants of Nepal in Kathmandu. And the third recipient is Ms. Pasang Yangzi Sherpa who received the scholarship to pursue her B. Sc. Nursing course in Kathmandu. The grant for the scholarship has been supported by Sir Edmund Hillary Stiftung, Germany. The scholarship grant for Ms. Pasang Yangzi Sherpa has been donated by an 82 years old lady, Anna Patzlsperger from Germany. She saved her own holiday money for 2021

and supported a sum of Euro 3,000 through the foundation to Ms. Sherpa to pursue her Nursing course.



H. Miss Elizabeth Hawley Memorial Journalism Scholarship:

Miss Elizabeth Hawley Memorial Journalism Scholarship is provided to a female Nepali journalist to pursue Master's degree in journalism. The scholarship is funded by American Himalayan Foundation through Himalayan Trust Nepal. The scholarship covers the total tuition fee and a laptop computer. Earlier, the recipients of this particular scholarship were Ms. Srijana Rai and Ms. Sapana Neupane.

I. The Benoit Chamoux Foundation Scholarship:

Ms. Fabienne Clauss from Switzerland and her foundation – The Benoit Chamoux Foundation has been supporting the students who lost their fathers

in mountain disasters. The foundation has played a great role in shaping the lives of students. Many of the students have been able to complete their studies in their chosen subject successfully and got a job.

Ms. Clauss organizes a picnic programme with the foundation funded students and guardians every year and interacts with her students and take stock of students' progresses, problems and future interests. But this year due to the current pandemic situation, the usual annual picnic programme could not take place. However, HTN's Programme Officer Mr. Dawa Tshering Sherpa visited the students at their home in Solukhumbu and conducted a virtual picnic meeting with Ms. Clauss.

One of the foundation supported student, Ms Da Diki Sherpa has completed her PCL Nursing course and is currently working at Phaplu Hospital. The foundation has provided the salary of Ms. Da Diki for one year until July 2021. Phaplu hospital has hired her from July/August 2021 and she has been looking after the ICU section.

Starting from March 2021, the foundation is also supporting the salary of a teacher at Rolwaling Sangag Choling Monastery School in Rolwaling valley. The school was first built by Sir Ed in the 1970's. HTN also provided stationery supplies to the school from this year.



Virtual Picnic 2020



Ms. Da Diki Sherpa
at Phaplu hospital

J. Tenzing Norgay Sherpa Foundation Scholarship:

The Tenzing Norgay Sherpa Foundation has been supporting the tuition fees of some needy and deserving students. Ms. Chhiring Yangjee Sherpa – MBBS, Phurbu Yangchen Sherpa (Rai) – BBA, Sabitri Kulung – Health Assistant and Ms. Lhakpa Yangzum Sherpa – grade 11 and 12 in science have received the funding support from the foundation to pursue their chosen field of study.

K. Naulekh Foundation Scholarship:

The Naulekh Foundation has been sponsoring the children who have completed their primary level education from Poyan School to study in Mahendra Jyoti high school Chaurikharka and various colleges in Kathmandu. The foundation is providing scholarship to 11 students (7 girls, 4 boys) studying in Mahendra Jyoti school and 10 students (3 girls, 7 boys) at grades 11 & 12, and one student (girl) at bachelor level.

2.3.8 Teaching Materials Support to 65 Schools

HTN through the funding support of New Zealand Aid Programme and Himalayan Trust New Zealand provides teaching materials to 60 schools of Solukhumbu annually. Five schools have been added and received teaching materials in 2021. Those 65 schools will receive the support every year. The teaching materials include attendance register, exam copy, A4 paper, pen, pencil, exercise book, drawing paper, record file, envelope, glue stick, board marker, tapes, and sports item (volleyball, football, volleyball net) etc. The details of the teaching materials are given in Appendix 2.

An invitation for sealed tender from interested firms to supply the items was advertised on 28th January 2021. Mukti Trade Concern got the contract to supply the teaching materials on 10th February 2021. All these teaching materials were transported to respective schools just before the lockdown

started in April 2021. All the 65 schools are now well equipped with teaching materials and will have a comfortable situation to resume physical classes after the lockdown. As for Rolwaling Sangag Choling Monastery School, the materials were handed over to the Chairman of the school management committee, Geshe Thubten Jinpa at the Trust office.



Teaching materials packing done at HTN office





Teaching materials handed over to both Janajagriti Basic and Secondary School.



Teaching materials handed over to Juving Secondary School.



Teaching materials handed over to Rolwaling monastic school through SMC chair Geshi Jinpa



Rolwaling monastic school students after receiving the stationary materials

2.3.9 School Based Teacher Training Programme (SBTTP)

Himalayan Trust Nepal is implementing “Quality Education Programme in Solukhumbu (QEPS) for the period of five years starting from November 2019 till April 2025. The programme is funded by New Zealand Aid Programme and Himalayan Trust New Zealand. The SBTTP is one of the major components of QEPS. The programme is being implemented in 33 schools in Solukhumbu – 17 schools in Solududhkunda Municipality and 16 schools in Khumbu Pasanglhamu Rural Municipality. The centre-based and the SBTTP were not able to organize as per the plan due to the pandemic situation.

a. Baseline Survey Conducted in Solukhumbu Schools

The Himalayan Trust Nepal education team visited 17 schools of ward no. 1, 2 and 3 Solududhkunda Municipality and completed baseline data collection (phase-I) for the SBTTP under the QEPS. The team of 8 members was led by Programme Manager and they spent almost one month in the field starting from 30th November 2020. The team conducted students’ assessment of core subject from grade 2 to 8, focus group discussions, and meetings with local stakeholders. The team also visited Goli Basic School and Chandra Jyoti Secondary School, Bhakanje to assess the potential future expansion of the SBTTP.

During the visit, the team also handed over “Student Self Learning Support Materials” of English, Nepali, Science and Mathematics for grade 4 to 8 to the subject teachers. The essential materials were prepared by HTN trainers to facilitate the teachers and students to achieve the target as per the guidelines developed by government of Nepal for pandemic situation.



➤ During the SBTTP baseline assessment



➤ Student's Self-learning Support Materials

The education team then completed the Phase-II of the baseline survey in 16 schools of Khumbu Pasang Lhamu Rural Municipality in March 2021. The team conducted students' assessment of core subjects (English, Maths, Science and Nepali) in grades 2 through 8 of 10 selected schools, and visited all 16 schools to assess the current situation.



Baseline survey conducted in 16 schools of Khumbu Pasanglhamu Rural Municipality

b. KPLRM Education Committee Meeting

The meeting of the Education Committee of KPLRM was held at its office in Kyongma on 28th December 2020. CEO, Dr. Mingma Norbu Sherpa and Programme Manager, Mr. Lhakpa Tenji Lama (Sherpa) of HTN attended the meeting. CEO Dr. Mingma Norbu Sherpa of HTN presented an overview of Himalayan Trust's contribution in Solukhumbu over the last 60 years. Mr. Lhakpa Tenji Lama made a Power Point Presentation of HTN's five year details of its Quality Education Programme in Solukhumbu. The meeting was fruitful in sharing information with the local government, developing understanding and coordination with HTN and KPLRM. The meeting was chaired by KPLRM, Acting Chair Ms. Tashi Lhamu Sherpa and members of Education Committee of the Rural Municipality.



KPLRM Education Committee Meeting held on 28th December 2020.

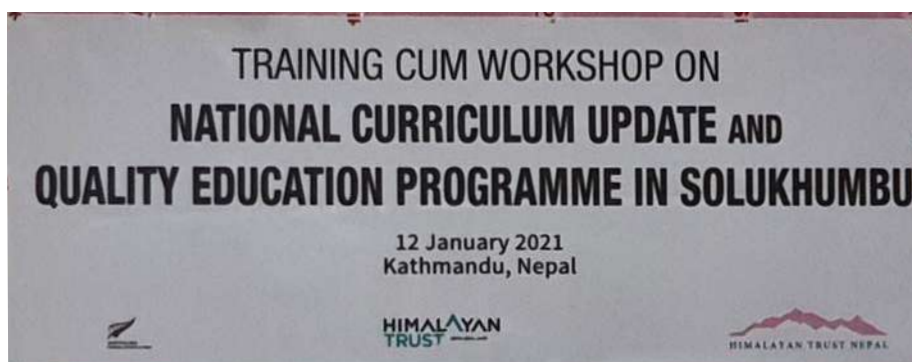
c. Facilitation of Teaching Support in Solududhkunda

The education team of HTN led by Mr. Lhakpa Tenji Lama (Sherpa) visited 18 schools of Solududhkunda Municipality starting 28th September till 9th October 2020. During their visit, the teachers were briefed on the recent adjustment of the school curriculum by the government considering a limited time frame to complete the academic session. The education team provided suggestions to the teachers so that they could follow the revised curriculum properly. The team provided a summary guideline of the revised curriculum and discussed during the meeting.

The purpose of the visit was also to inform the schools, teachers, parents and the local government about HTN's SBTP to be implemented in the 18 schools of the Solu southern region under the broad five year's QEPS of HTN in the Solukhumbu district.

d. National Curriculum Update and Quality Education Programme

In the context of recent changes in Nepal's school-level curriculum, HTN organized a one-day "Training cum workshop on National Curriculum Update and QEPS for its team members and representatives of partner organizations in Kathmandu on 12 January 2021. The sessions were facilitated by the resource persons Mr. Ganesh Bhattarai, Mr. Rudra Adhikary, and Mr. Purushotam Ghimire of Curriculum Development Centre (CDC), and Mr. Prem Krishna Aryal, Education Programme Representative of Himalayan Trust New Zealand. The workshop concluded successfully with lively interaction between the resource persons and the participants.





↗ Training cum workshop on National Curriculum Update and QEPS.

e. Customized Training Curriculum for Integrated Teaching and Learning

As part of Quality Education Programme in Solukhumbu (QEPS), the teacher's training programme is one of the major components to improving child-centered teaching and learning outcomes in the classroom. In line with the recent changes in the school level curriculum in Nepal, HTN is closely coordinating with the Centre for Education and Human Resource Development (CEHRD) and Curriculum Development Center (CDC) of Ministry of Education. CEHRD and CDC resource persons including HTN teacher training team developed "Customized training curriculum for integrated teaching and learning" to build the capacity of teachers in applying integrated curriculum in the schools. This curriculum will be used in the center-based teacher training and school-based teacher training in the programme area schools of Solukhumbu.

f. Trainer's Guide (TG) and Training of Trainers (ToT)

The CEHRD and CDC team in collaboration with HTN team prepared "Trainer's Guide (TG)" for customized training curriculum of integrated teaching and learning. This TG will be used by CEHRD throughout the

country for customized training in integrated teaching and learning. After the completion of preparation of TG, HTN organized Training of Trainer (ToT) of 5-days customized training for integrated learning for HTN education team to build their capacity to deliver training to the teacher on newly introduced integrated curriculum in the schools by GoN. The training was facilitated by the resource persons from CEHRD and CDC.

g. Education Cluster Meeting

The Education Development and Coordination Unit (EDCU) organised a virtual meeting of education officers of all 8 local governments of Solukhumbu and representative of NGOs working in Solukhumbu on 9 June 2021. HTN as one of a prominent organisation supporting in education sector of Solukhumbu actively participate in the cluster meeting and provided inputs for the implementation of alternative learning strategies during the time of pandemic. The meeting agreed to implement alternative strategies for learning during the pandemic period to support continuing children's learning. The cluster meeting agreed to launch "Learning by Radio" programme through local FM stations.

Prior to the cluster meeting, HTN organised a virtual meeting of EDCU Chief, representatives and Education Officers of Solududhkunda Municipality and Khumbu Pasang Lhamu Rural Municipalit, and head teachers of Junbesi and Khumjung secondary Schools. The meeting discussed on possible strategies of learning during the pandemic.

h. Alternative learning strategies for students

As per the decision of Education Cluster meeting, HTN decided to support children's learning by airing radio lessons through local FM stations, using Facebook for live broadcast of those lessons, providing worksheet to the students, distributing mobile sets to the needy students to listen radio and communicate with teacher using Closed User Group (CUG) sims and mobilizing teachers to facilitate the alternative learning. In this regard, HTN signed agreement with REED Nepal to implement alternative learning strategies in collaborative approach in Solukhumbu district.

2.3.10 Sir Ed Visitor Center, Khumjung

The first phase of the renovation and strengthening of the first ever built aluminum building into the Sir Ed Visitor Center in Khumjung School has been completed. The renovation of the interior parts of the building has been accomplished. Doors and windows have been fixed. The second phase of the renovation project includes furnishing and equip the building with displays, set up digital information system, etc. Due to the Covid-19 pandemic and its prevailing threat, the pre-scheduled inauguration programme of the center has been postponed for May 2023. The center will be inaugurated on the auspicious occasion of 70th Anniversary of successful Everest summit.



➤ The completed first phase of the renovation work of Sir Ed Visitor Center in Khumjung School.

➤ The internal part of the completed first phase of the renovation.



2.3.11 Sotang School Hostel Construction Project

The existing hostel building of Sotang Secondary School was severely damaged by earthquake in 2015 and it is in a critical condition. Currently, 25 students coming from various surrounding villages of economically disadvantaged and physically disabled children are staying in the building. With a request from Sotang School, HTN through the grand assistant of Grand Circle Foundation of USA is going to build a 24 bedded girls' hostel with toilet, shower and dining facilities at first phase. The local government and the school management committee agreed to fund 40 percent of the hostel budget. The 60 percent of the budget will be funded by the Grand Circle Foundation.



Existing hostel building condition of Sotang School

2.3.12 Small Grant Support

Sometimes the need of local community and schools are small but has no support for fulfilling the need. Therefore, HTN collects small grant petitions from the field every year and make the final decision by the board meeting of 11th January. This year, several parties were selected for the petition grant support. The detail of the small grant is given in the table below

SN	Project Description	Location	Grant Amount
1	Pema Choling Gumba School classroom furniture	Thulo Gumela	444,000
2	Lukla Kemgun Gumba school toilet and shower	Lukla	550,000
3	Taksindhu school Science lab	Nunthala	100,000
4	Buddha Academy laptop, photocopy etc.	Tumbuk, Junbesi	100,000
5	Bhakanje School Printer & stationery	Bhakanje, Likhu Pike	100,000
Total grant amount			1,294,000



↗ Classroom furniture to Pemacholing Monastic school



↗ Desktop computer, printer and white boards for Buddha Academy Tumbuk

CHAPTER

3



HEALTH PROGRAMME

3.1 Background

3.2 Objectives

3.3 Activities





3

HEALTH PROGRAMME

3.1 | BACKGROUND

Health sector has been one of the major programmes of Himalayan Trust since its inception in the 1960s. Health Programme was initiated by Sir Edmund Hillary in the Khumbu region to address some of the endemic health issues such as goitre, tuberculosis, malnutrition, small pox and to provide primary health care service to local people. To fulfil this requirement, Kunde Hospital was built in 1966. The hospital was operated by the New Zealand and Canadian volunteer-doctors up until 2002 and was replaced by local doctors since then. Currently, Dr. Kami Temba Sherpa and Dr. Mingma Kanchi Sherpa, along with a team consisting of nurses, a community-medicine assistant, a lab technician, an office assistant and a maintainer manages the hospital in a very professional manner.

The year 2020/21 has been a quite challenging and difficult in the healthcare sector. This is due to the advent of Novel Corona Virus that spread across the globe as a global pandemic affecting the lives of millions of people. To prevent and control the possible outbreak of the virus, Nepal Government enforced lockdown twice in a year. To prevent potential infection risks to the frontline health staff of Phaplu and Kunde hospitals and a dozen peripheral clinics, HTN with the financial support of the American Himalayan Foundation, Himalayan Trust New Zealand, Sir Edmund Hillary Stiftung Germany, Himalayan Trust UK, Nepal Hilfe Tirol Austria, Benoit Chamoux Foundation France, Naulekh Foundation Switzerland, Eyes4Everest Australia, Reinhold Messner Mountain Foundation Italy, David Smith of England and many individual donors supported for the procurement of Covid-19 preventive and treatment materials to the frontline health workers, government officials, local communities, students and teachers, monks and nuns and government officials. The support included PPE sets, KN95 masks, gloves, thermometers, hand sanitizers,

disinfection room sprays, etc. Covid treatment materials like oxygen concentrators, medicines were also supported to hospitals and health posts. Himalayan Trust supported COVID-19 preventive materials to more than two dozen health posts, clinics, hospitals and government offices of Solukhumbu in 2020/21.

3.2 | OBJECTIVES

- ✎ To provide prompt and quality medical care in the remote mountain region of Khumbu.
- ✎ To provide public health and primary health care services within the Solukhumbu region.
- ✎ To provide medical services to the densely-populated southern part of Solukhumbu district.
- ✎ To generate awareness about health, hygiene and safety among the general public.

3.3 | ACTIVITIES (INPUTS)

There are mainly six components of activities which have been implemented under the health programme for this fiscal year. They are Kunde Hospital management, management of peripheral clinics, drugs support, incentives to Phaplu hospital staff, clinics supported by Forgotten Sherpas of Nepal Trust and Covid-19 awareness and response programmes. The brief details about the components are as follows:

3.3.1 Kunde Hospital Management

Kunde Hospital has been managed by Himalayan Trust Nepal. The entire operation cost of the hospital and its peripheral clinics were funded by Sir Edmund Hillary Foundation, Canada from the year 1976 to the end of the year 2017 and 80% of the total cost from the beginning of 2018 to the end of 2020. The American Himalayan foundation has been funding the 20% of the total cost from the beginning of 2018 to the end of 2020 and 50% of the cost from the beginning of the year 2021. Himalayan Trust New Zealand is providing 40% of funding support. The hospital has provided high quality health care services to the local community and visitors in the region for over five decades.

The hospital serves the communities of the Khumbu and Upper Pharak regions of KPLRM ward 3, 4 and 5. In addition to the locals, hospital has been providing service to the ordinary people who have moved to the area for jobs and for seasonal works. National and international visitors will also receive the health service.

The number of patients seen at Kunde hospital outpatient department in the last fiscal year from July 16, 2020 to July 15, 2021 was **4,078** and in three outreach clinics (Phortse, Monjo and Thame) it was **1,640**. In total, **5,718** patients were provided medical service under the management of Kunde hospital including three outreach clinics. Comparing to previous years there has been a slight decrease in the number of patients because of countrywide

lockdown designed to prevent the spread of COVID-19 with no seasonal workers, tourists and the new immigrants returning back to home. The table 1-5 below present the patients data by various categories.

a. General health services

The major types of clinical problems seen daily at both hospital and village clinics are similar to previous years with predominantly infections (respiratory, urinary and skin), peptic ulcer diseases, gastroenteritis, arthritis and injuries. Cardiovascular disease such as hypertension and metabolic disorder like diabetes mellitus are increasing each year largely due to increased health awareness leading to more frequent screening. This has contributed to further social and economic burden in the community and hospital. Currently there are approximately 80 hypertensive patients and 20 diabetic patients under regular medications.

Antenatal care and obstetric

Nepal has one of the highest maternal and neonatal mortality rates in the world. Therefore, it is an important area and all possible measures have been adopted to improve this field. Antenatal care is well accepted in the region and more than 98% of pregnant women in the region visit our antenatal clinic. No postpartum mortality has been reported. Ultrasonography is available at hospital and all the pregnant women are screened for HIV, Hepatitis B and VDRL and timely referral is made if there is a need of expertise care. We had 153 patients for antenatal check-up and 17 deliveries in last fiscal year. We had one intrauterine fetal demise due to placental abruption.

Family planning

Family planning has continued to be one of the most successful preventive and public health program provided by Kunde hospital and the village health clinics. The contraception is well accepted by both the local and immigrant people. Depo-Provera injection and Jadelle implant remains the most popular contraceptive methods and we had approximately 372 patients benefitted from this service in last fiscal year (Table 3).

Immunization

Vaccination is well accepted and the coverage has been excellent in the region. Health workers stationed at outreach clinics continue to play a major role in counselling the mothers and making sure that not a single child in their catchment misses the regular vaccinations. Kunde hospital continued the monthly vaccination despite the Covid-19 pandemic following safety precautionary measures. The number of children who received vaccinations is presented in the table 3 below.

Village health clinics

The health workers in village health clinics are the key person to deliver public health and primary medical care to the remote community where it takes several hours to reach the nearest hospital. Doctors continue to visit the outreach clinics to provide regular training to the health workers to make the village health programme more effective and accessible. Supporting the village health workers through training and basic supplies of medicines and equipment continue to be the major responsibility of Kunde hospital. All three village health clinics located at Phortse, Monjo and Thame are staffed with qualified health workers and clinics are functioning well.

Table 1: Kunde Hospital and Outreach Clinics Attendances by Age and Gender

SN	Month	Kunde Hospital				Total	Outreach Clinics				Total
		Adult		Child			Adult		Child		
		M	F	M	F		M	F	M	F	
1	Jul/Aug	141	250	27	23	441	50	101	11	7	169
2	Aug/Sep	133	267	21	9	430	55	86	3	13	157
3	Sep/Oct	116	222	22	19	379	42	68	12	12	134
4	Oct/Nov	97	170	7	11	285	55	68	14	2	139
5	Nov/Dec	98	138	16	14	266	40	71	3	6	120
6	Dec/Jan	64	153	7	8	232	18	36	6	3	63
7	Jan/Feb	78	157	7	11	253	-	-	-	-	-
8	Feb/Mar	91	152	24	21	288	45	58	12	9	124
9	Mar/Apr	139	216	37	30	422	56	124	10	10	200
10	Apr/May	130	238	30	16	414	76	74	9	18	177
11	May/Jun	139	188	6	4	337	85	90	10	13	198
12	Jun/Jul	99	201	16	15	331	65	77	7	10	159
	Total	1325	2352	220	181	4078	587	853	97	103	1640

Total patients in Kunde hospital including outreach clinics

	Gender	Adult		Child		Total
		M	F	M	F	
	Total patients	1912	3205	317	284	5718

Table 2: Maternal/Child health services provided by Kunde Hospital

SN	Month	Obstetric (delivery)						Prenatal Care	Postnatal Care	Referral
		SVD	Vacuum	Breech	Retained placenta	PPH	Still birth			
1	Jul/Aug	2	-	-	-	-	-	16	2	-
2	Aug/Sep	1	-	-	-	-	-	18	1	-
3	Sep/Oct	2	-	-	-	-	-	13	2	-
4	Oct/Nov	2	-	-	-	-	-	8	2	-
5	Nov/Dec	2	-	-	-	-	-	9	2	-
6	Dec/Jan	-	-	-	-	-	-	6	-	-
7	Jan/Feb	1	-	-	-	-	-	12	1	-
8	Feb/Mar	-	-	-	-	-	-	8	-	1
9	Mar/Apr	-	-	-	-	-	-	10	-	-
10	Apr/May	2	-	-	-	-	-	19	2	1
11	May/June	1	-	-	-	-	-	14	1	-
12	June/July	4	-	-	-	-	-	20	4	-
	Total	17	-	-	-	-	-	153	17	2

Table 3: Contraception method and immunization given at Kunde Hospital

SN	Month	Contraceptive Services					Immunization Programme							
		DMPA	Norplant	OCP	IUCD	Others	BCG	Dpt, HepB, HiB	Polio	PCV	J.E	Measles/Rubella	DT	VitA
1	Jul/Aug	27	4	-	-	-	1	6	6	5	4	11	8	2
2	Aug/Sep	30	1	5	-	-	1	5	5	5	1	3	9	1
3	Sep/Oct	27	1	1	-	-	1	6	6	5	2	3	9	2
4	Oct/Nov	24	1	-	-	-	2	4	4	3	-	1	5	2
5	Nov/Dec	28	2	3	-	2	6	2	2	3	3	8	12	2
6	Dec/Jan	21	3	-	-	-	-	4	4	1	-	1	4	-
7	Jan/Feb	21	5	-	-	10	1	4	4	4	1	-	5	1
8	Feb/Mar	24	1	3	-	10	1	6	6	4	1	3	7	-
9	Mar/Apr	28	2	2	-	-	1	3	3	7	1	3	5	-
10	Apr/May	23	1	2	-	4	1	6	6	4	-	4	5	2
11	May/June	20	1	1	-	-	-	5	5	4	2	1	7	1
12	June/July	32	2	-	-	-	4	4	4	5	2	5	5	4
	Total	305	24	17	-	26	19	55	55	50	17	43	81	17

Table 4: Kunde Hospital Clinic attendances, by disease category

SN	Month	Male	Female	Total
1	Communicable / immunisable diseases	-	2	2
2	Communicable water and food borne diseases	41	51	92
3	Communicable STD	-	-	-
4	Other infection (Respiratory/urinary/reproductive)	147	183	330
5	Nutritional and Metabolic disorder	75	76	151
6	Skin and soft tissue infection	91	109	200
7	ENT related infection/disorder	55	60	115
8	Oral and dental health related disorder	23	28	51
9	Eye problem	58	68	126
10	OB/Gynae related complication	-	49	49
11	Mental Health related problems	74	118	192
12	Cardiovascular related problems	182	354	536
13	Falls/injuries/fractures	149	73	222
14	Surgical problem	21	11	32
15	Gastritis/peptic ulcer disease	168	299	467
16	Arthritis	105	124	229
17	Disease not mentioned above	308	300	608
18	Obstetric, Prenatal, Postnatal & Contraception	-	559	559
19	Childhood immunization			337
	Total	1497	2464	4298

Table 5: Kunde Hospital - Inpatients and other activities

SN	Month	Admission			Emergency	Minor surgery	Diagnostic test			
		Total	Recovery	Referred			Xray	USG	ECG	Lab test
1	Jul/Aug	6	5	-	14	5	5	12	7	112
2	Aug/Sep	6	6	-	11	11	11	15	3	85
3	Sep/Oct	4	4	-	12	7	7	12	1	46
4	Oct/Nov	4	4	-	2	1	1	6	1	33
5	Nov/Dec	4	4	-	6	4	5	12	2	33
6	Dec/Jan	1	1	-	2	4	-	7	-	55
7	Jan/Feb	2	2	-	2	5	-	12	-	33
8	Feb/Mar	1	-	1	3	3	3	12	2	46
9	Mar/Apr	1	-	-	12	5	12	18	1	40
10	Apr/May	6	5	-	7	4	14	12	1	153
11	May/June	2	2	-	9	5	4	7	1	7
12	Jun/Jul	8	8	-	11	4	7	12	-	19
	Total	45	41	1	91	56	69	137	19	662

b. Kunde hospital and outreach clinic staff

Kunde hospital is staffed with 7 permanent staffs. Our staffs are trained and assigned to carry on multiple essential medical works other than their field, which they are formally trained for. This has remarkably supported the overall operation cost of hospital and prevents the hospital to come stand still if one staff has gone on leave. Everyone has proven their abilities to manage their responsibilities very well without much supervision. Since the previous Lab Assistant left his job, the fulfilling the vacant position is in process.

1. Dr. Kami Temba Sherpa, Senior Medical Consultant
2. Dr. Mingma Kanchi Sherpa, Doctor In-charge
3. Fura Doma Sherpa, Nurse and Statistician
4. Nima Sherpa, ANM (Auxiliary Nurse Midwife) and Clinical Assistant
5. Dawa Jangbu Sherpa, Office Management Assistant
6. Sharmila Sherpa, Cook, Housekeeper, Gardener and Cleaner
7. Lhakpa Gelzen Sherpa, CMA, Monjo Clinic
8. Ang Dawa Sherpa, CMA, Phortse Clinic
9. Saran Dhoj Rai, CMA, Thame Clinic

c. New Staff Recruitment

Two new staff members have been appointed at Kunde hospital. Mr. Dawa Jangbu Sherpa has been recruited as an Office Management Assistant and Ms. Sharmila Sherpa has been appointed as a Cook and maintainer effective from March 2021.

d. Leadership and management changes

Dr. Mingma Kanchi Sherpa has been appointed as the Medical In-charge of Kunde hospital as Dr. Kami Temba Sherpa wanted to retire gradually from 2020. She will supervise all staff and take a lead role in operation and management of the hospital. Dr. Kami Temba Sherpa will continue his service as a part-time doctor and provide his input to Dr. Mingma Kanchhi in clinical as well as operation and management of the hospital.

On 30th March 2021, Chairman of HTN and his team visited Kunde Hospital and organized a one-day orientation meeting with Kunde Hospital staff. The main objective of the meeting was to formally inform the staff about the changes in the leadership and management, orient new staff about HTN and Kunde Hospital, share existing Kunde Hospital strategic plan, discuss staff's role and responsibility, build clear understanding and coordination with HTN, donors and local government, enhance management and personnel performance, orient the requirement for reporting and communication, discuss on compliances to HTN's financial and administrative manual including staff code of conduct.



Back (left to right): Mr. Sharan Dhoj Rai, CMA in Thame Clinic; Mr. Lhakpa Tenji Lama, HTN Programme Manager; Dr. Mingma Norbu Sherpa, HTN CEO; Mr. Pasang Dawa Sherpa, HTN Chairman; Dr. Kami Temba Sherpa, Former Chief Medical In-charge; Mr. Dawa Jangbu Sherpa, newly appointed Office Assistant

Front (left to right): Mr. Lhakpa Gyaljen Sherpa, CMA in Monjo Clinic; Ms. Sharmila Sherpa, newly appointed Cook; Ms. Ang Dawa Sherpa, CMA in Phortse Clinic; Ms. Nima Sherpa, ANM; Dr. Mingma Kanchhi Sherpa, Chief Medical In-charge; and Ms. Fura Doma Sherpa, Nurse

e. Kunde Hospital Trained Covid-19 Screening Test

Kunde hospital started Covid-19 antigen tests from the beginning of May 2021. The Community Medicine Assistants of Thame, Phortse and Monjo clinics were trained by the Kunde doctors in performing the test. The antigen test facilities are now available at all three outreach clinics. Since then the village based medical staff have performed a number of tests and treated patients in consultation with Kunde doctors at their home isolation. The data for the month of May and June are presented as follows:

Antigen tests records

Month	Positive	Negative	Recovered	Isolation	Death	Referred	Total
May	46	30	26	18	1	1	76
June	38	22	29	7	2	-	98
Total	84	52	55	25	3	1	174

3.3.2 Phaplu Hospital

Phaplu/District Hospital is located in Solududhkunda Municipality-4 in Solukhumbu. In 1985, Himalayan Trust officially handed over the hospital to the government of Nepal and it is the only government based hospital in the district. Himalayan Trust has continued its support to the hospital even after the hospital was handed over to the government.

HTN signed a two-year MOU with the Phaplu hospital development and management board for the continuation of its medicine and staff incentive

support. The support of the Himalayan Trust to Phaplu Hospital has enabled the doctors and staff at this hospital to maintain its quality medical services to the local community and also to keep the physical facilities in good order. The Sir Edmund Hillary-Stiftung Deutschland (SEHS), under the leadership of Mrs. Ingrid Versen, has been raising necessary funds in Germany to support the Phaplu Hospital for many years in the past and has been continuing up until today.

a. Medicines and hospital supplies support

HTN procured and delivered medicines and hospital supplies worth of Rs. 1.1 million to the chairman of Phaplu Hospital Management Board, Mr. Bir Kumar Rai on 6th September 2020. HTN's district representative Mr. Nava Bahadur Bhujel handed over the medicines to the hospital board chairman and hospital in-charge Ms. Sani Sherpa. The handing over function was attended by the legislative member, Mr. Buddhi Kumar Rajbhandari, MDGP doctor Dilip Kumar Shah and Deputy Mayor of Solududhkunda Municipality, Mrs. Kalpana Rai at Phaplu hospital. The medicines have been supported by the Sir Edmund Hillary Stiftung Germany. Apart from the regular support, HTN provided significant amount and quantity of Covid-19 first and second wave control materials.

General OPD Services

SN	Month	0-9 YRS		10-19 YRS		20-59 YRS		>60 YRS		Total	
		F	M	F	M	F	M	F	M	F	M
1	Jul 16-Aug 16	46	62	86	63	536	259	95	78	763	462
2	Aug 17-Sep 16	66	76	106	64	621	299	87	77	880	516
3	Sep 17-Oct 16	48	76	102	62	697	302	85	79	932	519
4	Oct 17-Nov 15	31	50	51	43	215	128	30	23	327	244
5	Nov 16-Dec 15	33	56	67	40	465	181	78	70	643	347
6	Dec 16-Jan 13	36	57	54	46	335	154	54	58	479	794
7	Jan 14-Feb 12	92	50	72	90	282	457	64	87	510	
8	Feb 13- Mar 13	91	51	73	89	288	455	63	86	515	681
9	Mar14-Apr 13	80	143	101	94	537	302	98	89	816	628
10	Apr 14-May 14	58	67	61	46	325	207	96	56	540	376
11	May 15-June 14	5	14	17	25	128	113	11	16	161	168
12	June 15-July 15	48	55	55	51	393	244	49	47	545	397
	Total									7111	5132



➤ HTN representative, Mr. Nava Bahadur Bhujel handed over the medicines of Phaplu Hospital in the presence of local government representatives.

Emergency services

SN	Month	0-9 YRS		10-19 YRS		20-59 YRS		>60 YRS		Total	
		F	M	F	M	F	M	F	M	F	M
1	Jul 16-Aug 16	2	2	28	36	36	35	2	4	68	77
2	Aug 17-Sep 16	2	0	10	9	28	56	7	7	40	72
3	Sep 17-Oct 16	5	9	8	11	33	39	14	7	60	66
4	Oct 17-Nov 15	4	12	8	10	40	59	11	19	63	100
5	Nov 16-Dec 15	7	8	31	52	6	3	12	16	56	79
6	Dec 16-Jan 13	6	6	9	9	26	44	6	8	47	67
7	Jan 14-Feb 12	10	19	6	7	31	71	14	12	61	109
8	Feb 13- Mar 13	16	6	14	16	46	64	14	13	90	99
9	Mar14-Apr 13	15	17	14	10	32	60	14	15	75	102
10	Apr 14-May 14	5	10	14	15	51	68	17	11	87	104
11	May 15-June 14	9	10	12	19	58	70	13	15	92	114
12	June 15-July 15	48	30	22	17	68	87	22	38	160	172
	Total									287	394

Maternity services

SN	Month	S.V. Delivery	Caesarian section	Blood transfusion	CAC	PAC
1	Jul 16-Aug 16	22	11	2	5	0
2	Aug 17-Sep 16	32	20	2	9	4
3	Sep 17-Oct 16	23	8	1	16	2
4	Oct 17-Nov 15	25	9	2	2	1
5	Nov 16-Dec 15	18	6	0	9	2
6	Dec 16-Jan 13	22	6	0	12	1
7	Jan 14-Feb 12	30	5	0	6	0
8	Feb 13- Mar 13	25	7	0	10	4
9	Mar14-Apr 13	15	0	1	10	2
10	Apr 14-May 14	2	0	0	2	3
11	May 15-June 14	2	0	0	0	3
12	June 15-July 15	23	2	0	7	0
	Total	239	74	8	88	22

Immunization services

Month	BCG	DPT1	DPT2	DPT3	OPV1	OPV2	OPV3	PCV1	PCV2	PCV3	FIPV1	FIPV2	MR1	MR2	JE	TD1	TD2	TD2+	Total	
Jul 16-Aug 16	27	5	1	2	4	1	1	5	0	2	4	2	2	3	0	23	14	1	97	
Aug 17-Sep 16	27	7	4	1	7	4	0	7	3	1	7	1	1	0	2	10	1	6	98	
Sep 17-Oct 16	8	2	3	3	4	4	3	4	4	3	5	3	3	2	0	0	5	6	62	
Oct 17-Nov 15	14	5	2	2	5	1	2	5	1		4	2	0	0	0	14	3	0	60	
Nov 16-Dec 15	13	5	7	4	5	7	5	4	7	3	3	2	3	1	2	0	7	0	78	
Dec 16-Jan 13	12	9	2	5	9	2	5	7	1	0	7	3	0	0	0	3	2	6	73	
Jan 14-Feb 12	14	4	10	5	4	10	7	4	10	1	4	5	1	0	1	8	3	1	92	
Feb 13-Mar 13	16	8	5	8	9	3	6	9	0	0	8	8	0	0	0	7	5	4	96	
Mar 14-Apr 13	11	6	6	6	6	6	6	7	7	0	6	6	0	0	1	8	2	3	87	
Apr 14-May 14	1	3	Sallery Health post			Sallery Health post			Sallery Health post			5	2	0	0	1	1	7	21	
May 15-June 14	Sallery Health post			Sallery Health post			Sallery Health post			Sallery Health post			Sallery Health post			0	0	0	0	21
June 15-July 15	Sallery Health post			Sallery Health post			Sallery Health post			Sallery Health post			Sallery Health post			0	0	0	0	30

Family planning services

SN	Month	Icud	Depo	Pills	Implant	Total
1	Shrawan	41	30	2	90	163
2	Bhadra	43	35	2	108	188
3	Ashoj	43	42	2	121	165
4	Kartik	45	44	0	128	217
5	Mangsir	45	50	0	136	231
6	Poush	45	58	0	144	247
7	Magh	9	30	10	95	144
8	Falgun	9	30	11	95	145
9	chaitra	9	33	10	98	150
10	Baisakh	9	36	3	103	151
11	Jestha					0
12	Asar					0
	Total	298	388	40	1118	1801

Radiology and laboratory services

SN	Month	X-Ray	Ultrasonography	Electrocardiography	Lab
1	Jul 16-Aug 16	172	297	35	398
2	Aug 17-Sep 16	229	362	54	520
3	Sep 17-Oct 16	293	384	21	472
4	Oct 17-Nov 15	195	222	35	452
5	Nov 16-Dec 15	215	240	19	309
6	Dec 16-Jan 13	190	270	24	353
7	Jan 14-Feb 12	250	280	25	276
8	Feb 13- Mar 13	167	100	26	342
9	Mar14-Apr 13	178		45	343
10	Apr 14-May 14	280	57	34	224
11	May 15-June 14	285	50	16	186
12	June 15-July 15	322	173	22	395
	Total	2776	2435	356	4270

Inpatient services

SN	Month	Total no. of admitted patients	Total Hospital stay day
1	Jul 16-Aug 16	136	340
2	Aug 17-Sep 16	159	477
3	Sep 17-Oct 16	84	210
4	Oct 17-Nov 15	87	357
5	Nov 16-Dec 15	66	209
6	Dec 16-Jan 13	71	275
7	Jan 14-Feb 12	65	246
8	Feb 13- Mar 13	55	211
9	Mar14-Apr 13	52	204
10	Apr 14-May 14	38	114
11	May 15-June 14	96	486
12	June 15-July 15	135	778
	Total	1044	3907

OCMC Case Data

SN	Month	Physical Assault		Mental torture		Sexual assault		Others		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 16-Aug 16	1				1				2	0
2	Aug 17-Sep 16	1				4				5	0
3	Sep 17-Oct 16	1				2				3	0
4	Oct 17-Nov 15					4				4	0
5	Nov 16-Dec 15									0	0
6	Dec 16-Jan 13					1				1	0
7	Jan 14-Feb 12	1				2				3	0
8	Feb 13- Mar 13	2				3				5	0
9	Mar14-Apr 13					2				2	0
10	Apr 14-May 14					1				1	0
11	May 15-June 14					1				1	0
12	June 15-July 15					3				3	0
	Total									30	0

Covid Report May- 8th to July 15th

Total Antigen test	Total positive case	Admission ICU	Admission HDU	Discharge	Refer	Death
640	272 M-151, F-121	15	115	90	18	7

b. Incentives to Phaplu Hospital Staff

Himalayan Trust Nepal provides incentives to the staff of Phaplu Hospital in line with the MoU signed with the Hospital Development Board. HTN values the hardworking staff who continuously work for the betterment of Phaplu Hospital and for giving good service to the general public. So as to acknowledge their hard work, HTN provides incentives to hospital staff with the financial support from Sir Edmund Hillary Stiftung Germany. The scheme of the incentive is to motivate the hospital staff to stay for long-term and provide quality service to patients. The support is highly acknowledged from the local beneficiaries.

3.3.3 Namche Dental Clinic

Namche Dental Clinic is located in ward 5 of KPLRM. It is the only dental care facility established in the Khumbu region. The clinic was built with the funding support of American Himalayan Foundation in 1991 with the goal to provide preventive and curative dental services in the Khumbu region. The dental clinic has been providing basic and fundamental dental care services in the region since 1991. Apart from the tooth scaling, extraction and hygiene services, it also provides dental education and awareness service to educate local children about preventive dental care. The operation of the clinic has been possible with the generous and continuous financial support of Richard Blum and AHF.

a. Dental services

Patient visiting the clinic includes local people, children, trekking porters, guides, tourists and mountaineers. The clinic provides dental service to the people of Khumbu and lower region, as far as three to four days' walking distance from Namche. The main inhabitants in the Khumbu region are Sherpas, followed by Rai, Tamang, Dalits and other minorities. The number of various government and non-governmental offices are located in Namche Bazar. The staff of these organizations are beneficiaries of the clinic as well.

Currently, the clinic is managed by in close coordination and collaboration with Namche Dental Clinic Operation Committee.

The services provided by Namche Dental Clinic are as follows:

SN	Dental Services
1	Odontogenic pain and infection originating form dental origin
2.	Non odontogenic pain and infection originating form or facial origin
3.	Dental X-ray (bisecting angle and Bitewing techniques)
4.	Pedodontics Simple GIC restoration
5.	Pedodontics Pit and fissure sealants application
6.	Pedodontics Fluoride application
7.	Pedodontics pulpotomy and pulpectomy
8.	Simple composite restoration
9.	Composite restoration by Sandwich techniques)

SN	Dental Services
10.	Root Canal Treatment (anterior and posterior)
11.	Re-Root Canal Treatment
12.	Fixed partial dentures (Crown and bridge)
13.	Removable Complete dentures
14.	Removable partial rigid and flexible dentures
15.	Simple Extraction
16.	Complex Extraction
17.	Surgical Extraction of impacted teeth
18.	Scaling and polishing of teeth

Table 1: Patients belonging to different ethnic groups

SN	Month	Dalit		Chettri/Janajati		Brahmin		Total
		Male	Female	Male	Female	Male	Female	
1	August	0	0	44	69	1	2	116
2	September	0	3	72	60	0	2	137
3	October	0	0	53	56	1	2	112
4	November	3	1	0	0	0	0	4
5	December	0	0	0	0	0	0	0
6	January	0	0	0	0	0	0	0
7	February	0	0	0	0	0	0	0
8	March	0	1	43	40	2	0	86
9	April	0	3	61	98	7	2	171
10	May	0	0	33	41	4	1	79
11	June	0	1	31	30	3	0	65
12	July	0	0	30	45	1	4	80
	Total	3	9	367	439	19	13	850

Table 2: Age wise patient distribution in Namche Dental Clinic

SN	Month	0-9 YRS		10-19 YRS		20-59 YRS		60 and above		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	August	11	3	1	11	27	50	6	7	45	71
2	September	9	12	7	4	46	42	10	7	72	65
3	October	7	3	6	6	32	43	9	6	54	58
4	November	0	0	1	0	0	1	2	0	3	1
5	December	0	0	0	0	0	0	0	0	0	0
6	January	0	0	0	0	0	0	0	0	0	0
7	February	0	0	0	0	0	0	0	0	0	0

SN	Month	0-9 YRS		10-19 YRS		20-59 YRS		60 and above		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
8	March	11	4	5	4	23	30	6	3	45	41
9	April	6	12	2	9	33	39	27	43	68	103
10	May	5	3	8	4	23	29	1	6	37	42
11	June	6	2	3	3	16	22	9	4	34	31
12	July 15th	5	7	11	25	9	11	6	6	31	49
	Total	60	46	44	66	209	267	76	82	389	461

b. Staff Quarter Repaired

The wooden floor of the clinic building was damaged and required repair and maintenance. HTN’s engineer surveyed the damage and prepared a budget estimation for the maintenance. HTN provided Rs. 350,000 to the Dental Clinic Management Committee to help repair the damaged floor with cement and concrete.



↗ Dental Clinic maintenance



↗ Renovated new kitchen room

c. Dental Equipment Supported

The dental clinic required two very essential equipment to provide dental care. A generous donor of New Zealand, Ian Satterthwaite and Himalayan Trust New Zealand supported to purchase “Eighteenth Medical E-Connect S Endo Motor” and Autoclave electric sterilize for the dental clinic. HTN Chairman Mr. Pasang Dawa Sherpa and CEO Dr. Mingma Norbu Sherpa handed over the dental equipment to the dental clinic on 29th March 2021 during their visit to Khumbu.



Namche Dental Clinic: HTN Chairman Mr. Pasang Dawa Sherpa and CEO Dr. Mingma Norbu Sherpa handing over dental equipment to Mr. Mingma Sherpa, Chairman of Namche Dental Clinic Management Committee and Mr. Amir Hamal, Dentist in Namche.

d. Dental Camps Organized

Namche Dental Clinic organized two dental camps this year for the purpose of providing good oral hygiene and knowledge to the school going children and community people. The students (class 1-3) of Himalaya Basic School, Namche and nuns and monks of Thamo Monastery were the beneficiaries of the dental camps. During the dental camp, oral hygiene status of the beneficiaries were examined and some cases which required especial care were referred to the clinic for treatment in case of Thamo Monastery. During the school dental camps, the primary teeth of the students were extracted, applied fluoride varnish gel, educated the importance of hygienic diet and nutrition, importance of milky teeth, and educated them for correct brushing techniques, and free toothbrush and paste were provided. The clinic has conducted 8 school dental camps and examined more than 1000 school going children.



➤ Demonstration about correct teeth brushing techniques



➤ Dental Camp in Thamo Monastery

3.3.4 Drugs Support

One of the major activities of HTN under the health programme has been the continuous support of essential medicines to Kunde and Phaplu Hospitals and clinics at Monjo, Thame, Phortse, Bung, Sotang and Salyan.

a. Bung Clinic

Sir Edmund Hillary Stiftung (SEHS) Germany has been supporting Bung clinic with medicine supplies worth Rs. 100,000 per year. A total of **1,394** patients (717 female and 677 male) benefitted from the medicines provided by Himalayan Trust Nepal to Bung clinic. With the medicines provided, they were able to cure Hypertension, Headache, Asthma, Upper Respiratory Tract Infection (URTI), Gastritis, Tonsillitis, and Scabies, Chicken pox, Gingivitis, Polyneuritis, etc.

Number of beneficiary patients of Bung Clinic

SN	Month	Female	Male	Total
1	July/August	77	70	147
2.	August/Sept	79	66	145
3.	Sept/Oct	57	67	124
4.	Oct/Nov	59	53	112
5.	Nov/Dec	53	51	104
6.	Dec/Jan	54	60	114
7.	Jan/Feb	52	48	100
8.	Feb/Mar	62	51	113
9.	Mar/Apr	43	34	77
10.	Apr/May	45	44	89
11.	May/June	69	70	139
12.	June/July	67	63	130
	Total	717	677	1,394

b. Salyan Primary Health Center

Similarly, SEHS has been supporting Salyan Clinic with necessary medicine supplies on a regular basis. With the generous funding support of the foundation, HTN handed over 49 different types of medicines along with medical equipment to Salyan Primary Health Care Center as part of its annual support in April 2021. With the medicines provided, they were able to cure some of the most common diseases like Hypertension, Headache, Chronic Obstructive Pulmonary Disease (COPD), Upper Respiratory Tract Infection (URTI), Gastritis, Diarrhea, Urticaria, etc. A total of **1,284** patients (727 female and 557 male) benefitted from the medicines provided by HTN.



Mr. Nava Bahadur Bhujel of HTN handed over the essential medical supplies to the Salyan PHC.

Number of beneficiary patients of Salyan PHC

SN	Month	Female	Male	Total
1.	July/August	57	44	101
2.	August/Sept	61	51	112
3.	Sept/Oct	60	47	107
4.	Oct/Nov	53	40	93
5.	Nov/Dec	59	41	100
6.	Dec/Jan	60	42	102
7.	Jan/Feb	63	51	114
8.	Feb/Mar	69	50	119
9.	Mar/Apr	70	47	117
10.	Apr/May	73	55	128
11.	May/June	47	40	87
12.	June/July	55	49	104
	Total	727	557	1,284

c. Sotang Primary Hospital

HTN through the generous funding support from Sir Edmund Hillary Stiftung, Germany supported clinical necessities like hospital beds, mattresses, and shelves for patients, stands to hang saline water, and medicines to Sotang Primary Hospital. The essential materials were handed over to Sotang Primary Hospital on 12th January 2021 by HTN project coordinator, Mr. Bijay Shrestha. It is staffed by a MD in General Practice and Emergency Medicine (MDGP), MBBS doctors and nurses. Starting from January 2020, SEHS has extended its medicine support to Sotang Primary Hospital as well.



Sotang PH equipped with the necessary supported materials.

Number of beneficiary patients of Sotang Primary Hospital

SN	Month	Female	Male	Total
1	July/August	948	646	1594
2.	August/Sept	943	561	1504
3.	Sept/Oct	965	741	1706
4.	Oct/Nov	694	352	1046
5.	Nov/Dec	534	363	897
6.	Dec/Jan	813	537	1350
7.	Jan/Feb	790	522	1312
8.	Feb/Mar	698	472	1170
9.	Mar/Apr	939	670	1609
10.	Apr/May	737	586	1323
11.	May/June	500	398	898
12.	June/July	590	523	1113
	Total	9,151	6,371	15,522

d. Beni Health Post, Junbesi

Beni (Junbesi) Health Post is located in Solududhkunda Municipality, Ward No. 2 at an elevation of 2700m. Through this health post, approximately 2,500 people have been receiving primary health care services. Under the supervision of this health post, 3 vaccination/immunization centres and 3 outreach clinics are functional which benefits 9 villages of Solududhkunda Municipality Ward No. 2. A total of 1,727 patients were treated out of which 1,111 are male and 616 are female patients. HTN through funding support from Himalayan Trust New Zealand provided covid-19 preventive materials to the health post at the beginning of first wave and followed by second wave in 2021. The materials include PPE set, oxygen concentrator, antigen kits, mask, gloves, thermal gun, etc. Similarly, patients' beds, screen, patient bed side table, rubbish bins were supported for the isolation centre of the health post. The health post treated screened 48 positive cases of COVID-19 and provided its service. The number of COVID-19 cases are given in the table below:

SN	Category	Male	Female	Total
1	Infected	38	10	48
2	Recovered	37	10	47
3	Under treatment	1	0	1
4	Death	0	0	0

3.3.5 Management of Clinics supported by Forgotten Sherpas of Nepal Trust

The Trustees of Forgotten Sherpas of Nepal Trust (FSNT), New Zealand provides funding support to operate two community clinics in Patle of Okhaldhunga district and Goli of Solukhumbu district. The salary of the health workers and medicines are supported by the foundation and the clinics are operated and managed by Himalayan Trust Nepal since July 2018.

a. Patle Community Health Service

Patle Community Health Service is located in Patle of Molung Rural Municipality, Ward No. 7 in Okhaldhunga. The clinic was established in July 2018 is being supported by the FSNT in New Zealand. FSNT has been funding the staff salary, medicine and house rent of the clinic. Since July 2018, the clinic has been providing essential health services to the general public. Services include general health check-ups, medicine distribution, free counselling, health education programme, free family planning and referral services on a regular basis. The clinic is located in a very remote area of Okhaldhunga district. All the inhabitants of Molung Rural Municipality Ward No.7 and Siddhicharan Municipality Ward No. 6 attend the clinic for medical service. People belonging to different castes such as Brahmin, Chhetri, Sherpa, Tamang, Magar, Sunuwar, Pahari, Dalit (Kami, Damai) reside in the catchment area. There are 750 households in the village. The total population of the village is 3,985 among which 1,785 are male and 2,200 are female.

Besides that, the clinic also provided mobile health service to the people of Kattike twice a month and in the year 2020, the mobile clinic

health service was conducted for 3 months only. The service could not be continued as there is only one health worker in the clinic. Before there were two CMA's working in the clinic and therefore it was quite easy to conduct mobile clinic services. But now that is not the case. CMA, Mr. Buddha Bir Tamang has been transferred to Goli clinic as the former health worker Ms. Parwati Katwal left her job. So, to fulfill the vacant position, Mr. Tamang is currently working in Goli clinic.

The clinic is run by one Community Medicine Assistant, Ms. Tukuni Sherpa. Some of the most commonly seen diseases in the patients coming to the clinic are gastritis, arthritis, dental related problems, common cold and injuries etc. HTN with the funding support from Forgotten Sherpas of Nepal Trust procured essential medicines and transported to the clinic at least two times a year.

Currently, the clinic is being operated in a rented room. It is quite difficult to provide service as the room is quite small. The health workers of the clinic made a continuous appeal to the ward office and to the rural municipality. Thus, the rural municipality has allocated a budget of Rs. 4 lakhs for the construction of a clinic building and the local community has informed that they will provide land for the clinic building free of cost. 650 patients (361 female and 289 male) received the health service from the clinic in 2020/21.

Dr. Mingma Norbu Sherpa and Engineer, Mr. Bijay Shrestha visited Patle Community Health Service on 5th April 2021. The objective of the visit was to monitor the Patle Health Service (clinic), meet the clinic management committee and survey for a new clinic building. The clinic management committee welcome the visiting team members at the clinic and thanked for the support. The visiting team found that the clinic is well managed, the local people are very happy to have the facility. The local community requested Himalayan Trust and FSNT to help build a three-room clinic. The local government representative and ward chairman Hem Bahadur Sunuwar also attended the meeting. The site is a huge ground and has a lot of space for additional construction projects as well. HTN engineer has surveyed the site and a three-room clinic building design plan has been prepared. The local government is ready to provide 20 percent matching fund for the construction project. Once the design is completed, FSNT and HTN has to look for donor support.



Meeting with Patle Clinic Management Committee.

Patle Community Health Clinic Patient Morbidity: 16 July, 2020 - 15 July, 2021

SN	Disease categories	Female	Male	Total
1	Gastritis	68	44	112
2.	Skin and soft tissue infection	12	25	37
3.	Eye and ear infection	10	9	19
4.	UTA	9	4	13
5.	Falls injury and fracture	30	31	61
6.	COPD	28	14	42
7.	Oral and dental problem	17	6	23
8.	Arthritis	54	31	85
9.	Hypertension	18	14	32
10.	Communicable water and food borne disease	21	24	45
11.	Common Cold	58	51	109
12.	Other problem	36	36	72
	Total	361	289	650

Age group Gender-wise General OPD services in 2020/21

SN	Month	0-9 YRS		10-19 YRS		20-59 YRS		>60 YRS		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	3	4	2	3	19	15	2	5	26	27
2	Aug/Sept	6	7	1	7	32	13	6	7	45	34
3	Sept/Oct	3	4	3	2	21	15	5	8	32	29
4	Oct/Nov	2	2	5	6	13	21	7	5	27	34
5	Nov/Dec	3	2	5	2	33	8	12	7	53	19
6	Dec/Jan	4	4	3	3	14	12	5	7	26	26
7	Jan/Feb	3	4	0	2	11	6	1	6	15	18
8	Feb/Mar	2	4	6	2	15	8	5	1	28	15
9	Mar/Apr	2	3	3	3	17	12	3	5	25	23
10	Apr/May	0	2	1	3	16	11	3	1	20	17
11	May/June	2	4	11	1	17	11	3	3	33	19
12	June/July	3	3	10	3	11	7	5	2	29	15
	Total	33	43	50	37	219	139	57	57	359	276
	Grand Total									635	

Patient belonging to different ethnic group

SN	Month	Dalit		Janajatee		Brahmin/Chhetri		Total	
		Female	Male	Female	Male	Female	Male	Male	Female
1	July/Aug	2	3	22	20	2	4	27	26
2	Aug/Sept	6	2	35	27	4	5	34	45
3	Sept/Oct	0	1	29	27	3	1	29	32
4	Oct/Nov	2	5	20	26	5	3	34	27
5	Nov/Dec	9	2	39	16	5	1	19	53
6	Dec/Jan	2	4	25	20	1	2	26	28
7	Jan/Feb	3	0	10	18	2	0	18	15
8	Feb/Mar	7	3	18	19	3	1	23	28
9	Mar/Apr	1	0	19	20	5	3	23	25
10	Apr/May	2	0	17	15	1	2	17	20
11	May/June	3	0	30	19	0	0	19	33
12	June/July	2	1	25	14	2	0	15	29
	Total	39	21	289	241	33	22	284	361
	Grand Total							645	

Distribution of Contraceptive Services

SN	Month	Total Contraceptive Services (DMPA)
1	July / August	6
2.	August / September	4
3.	September / October	5
4.	October / November	5
5.	November / December	3
6.	December / January	4
7.	January / February	6
8.	February / March	5
9.	March / April	3
10.	April / May	4
11.	May / June	4
12.	June/July	5
	Total	54

b. Pike Rural George Hunter Health Clinic

Pike Rural George Hunter Health Clinic has been established in Goli village, Likhu Pike Rural Municipality (LKPRM) Ward No. 1 of Solukhumbu district. The clinic has been providing essential health services to general public since its operation from 1st of July 2018. Services include general health check-ups, family planning, health education and counseling and safe maternity on a regular basis. People belonging to different

castes such as Brahmin, Chhetri, Sherpa, Tamang, Kami, Damai, Thami and Bhujel of the LKPRM, Ward No. 1 to 5 and Khijidemba, Okhaldungha are the regular users of the clinic. Besides that, they also provide mobile health service to the people of Maili village in LKPRM, Ward No. 2 once a month.

Some of the most common diseases that have been seen in the patient visiting the clinic are gastritis, arthritis, respiratory infections, skin diseases, fall and injury.

With the joint financial support from LKPRM and HTN through funding of Slovak Embassy New Delhi in coordination of Honorary Consul of Slovak Government to Nepal Mr. Pasang Dawa Sherpa, a two-room clinic building construction project was completed in March 2020. The building was constructed with light-weight prefab materials. The formal handing over of the clinic building to the community had been postponed since 2020 due to the Covid second wave. The inauguration and handing over of the clinic building to the local community is taking place on 25th August 2021.

The clinic is operated by Mr. Buddha Bir Tamang and an office assistant, Ms. Lhamu Dolker Sherpa. The salary, medicine supply and furnishing part of this clinic has been supported by the Forgotten Sherpas of Nepal Trust, New Zealand. With the funding support from FSNT, HTN procured furniture and clinical materials for the clinic. The furniture and materials include rack, shelf, table, chairs, benches, patient check-up bed, rest bed, carpet, bucket etc. The clinic provided health service to 993 patients (677 female and 316 male) over the fiscal year.



↗ Goli clinic patients examination room

↗ CMA, Mr. Buddha Bir Tamang examining patient at Goli clinic



Pike Rural George Hunter Health Clinic Patient Morbidity: 16 July, 2020 - 15 July, 2021

SN	Disease categories	Female	Male	Total
1	Gastritis and peptic ulcer	135	35	170
2.	Skin and soft tissue infection	73	12	85
3.	Eye and ear infection	34	13	47
4.	UTI	65	5	70
5.	Falls injury and fracture	58	35	93
6.	LRTI/URTI/ Pneumonia	97	41	138
7.	Oral and dental problem	54	31	85
8.	Nutritional and metabolic disease	42	33	75
9.	Hypertension	45	25	70
10.	Communicable water and food borne disease	39	21	60
11.	Other problem	35	65	100
	Total	677	316	993

Age group Gender-wise General OPD services in 2020/21

SN	Months	0-9 YRS		10-19 YRS		20-59 YRS		>60 YRS		Total	
		F	M	F	M	F	M	F	M	F	M
1	Jul/ Aug	4	7	16	12	61	12	24	18	105	49
2	Aug/Sept	5	10	6	4	63	35	26	14	100	63
3	Sept/Oct	2	4	4	3	44	30	17	12	67	49
4	Oct/Nov	6	8	9	6	18	14	10	7	43	35
5	Nov/Dec	3	7	5	3	45	5	10	10	63	25
6	Dec/Jan	2	5	0	1	15	16	5	7	22	29
7	Jan/Feb	2	5	14	6	13	22	8	8	37	41
8	Feb/Mar	0	3	4	1	30	5	11	5	45	14
9	Mar/Apr	2	5	9	2	44	25	10	9	65	41
10	Apr/May	8	5	1	4	41	28	2	2	52	39
11	May/June	2	2	6	3	30	20	8	9	46	34
12	June/July	1	3	5	4	25	19	7	5	38	31
	Total	37	64	79	49	429	231	138	106	683	450
	Grand Total									1133	

Distribution of Contraceptive Services over the Fiscal Year 2020/21

SN	Month	Contraceptive Services			Total
		DMPA	OCP	Condom	
1	Jul/ Aug	4	3	2	9
2	Aug/Sept	12	3	2	17
3	Sept/Oct	3	0	1	4
4	Oct/Nov	4	0	4	8
5	Nov/Dec	13	3	3	19
6	Dec/Jan	1	0	2	3
7	Jan/Feb	4	0	2	6
8	Feb/Mar	12	0	1	13
9	Mar/Apr	2	0	4	6
10	Apr/May	4	0	3	7
11	May/June	3	0	2	5
12	June/July	4	0	3	7
	Total	66	9	29	104

Patient belonging to different ethnic group

SN	Month	Dalit		Janajatee		Brahmin/Chhetri		Total
		Female	Male	Female	Male	Female	Male	
1	July/Aug	5	7	65	31	14	15	137
2	Aug/Sept	11	5	42	24	7	15	104
3	Sept/Oct	5	2	58	35	10	13	123
4	Oct/Nov	3	0	52	31	6	10	102
5	Nov/Dec	3	2	85	58	6	13	167
6	Dec/Jan	4	0	44	44	6	5	103
7	Jan/Feb	3	5	43	42	3	4	100
8	Feb/Mar	4	0	52	31	12	4	103
9	Mar/Apr	12	5	75	63	12	15	182
10	Apr/May	5	0	80	60	7	9	161
11	May/Jun	7	3	77	54	16	13	170
12	Jun/July	5	3	57	49	7	10	131
	Total	67	32	730	522	106	126	1583

3.3.6 Covid-19 First Wave Response Programme

a. Covid-19 Preventive Materials Supported to KPLRM

Himalayan Trust Nepal with the funding support from Himalayan Trust New Zealand supported different Covid-19 preventive materials to clinics in Khumbu Pasang Lhamu Rural Municipality. The materials supported for Bupsa clinic has been received by Auxiliary Nurse Midwife (ANM), Ms. Kamala Magar, on 6th of July 2020. Similarly, Dr. Kami Temba Sherpa, medical superintendent of Kunde hospital handed over the Covid-19 preventive materials to the chairperson of Pangboche Clinic Management Committee, Mr. Pasang Nuru Sherpa and health assistant, Ms. Kabita Rai and Auxiliary Nurse Midwife (ANM), Ms. Pasang Sherpa, on 9th July 2020.



↗ Auxiliary Nurse Midwife (ANM), Ms. Kamala Magar of Bupsa clinic after receiving the Covid-19 preventive materials.



↗ Medical superintendent of Kunde Hospital, Dr. Kami Temba Sherpa handing over the Covid-19 preventive materials to Pangboche clinic.

HTN sent 8 oxygen concentrators, 210 face shields, 440 KN95 masks, and 110 bottles of hand sanitizers to KPLRM for distribution to all government and Himalayan Trust's clinics. The cost of the necessary Covid-19 preventive materials were supported by the American Himalayan Foundation, USA for the second time since April 2020.



➤ Covid-19 preventive materials supported to KPLRM

b. Covid-19 Preventive Materials Supported to Government Offices

HTN supported Covid-19 preventive materials to District Police Office (DPO) of Solukhumbu. The supported materials included face shields, thermal gun, hand sanitizer and surgical masks. Similarly, HTN supported Covid-19 preventive materials to Solududhkunda Municipality were handed over on 7th September 2020. The supported materials included hand sanitizers and surgical masks to be distributed to the clinics operated and managed by the municipality in the Solu region. The procurement of the preventive materials was supported by Himalayan Trust New Zealand.



➤ HTN representative, Mr. Nava Bahadur Bhujel handed over the HTN supported Covid-19 preventive materials to Solududhkunda Municipality and District Police Office

c. Covid-19 Prevention Awareness and Emergency Response

HTN conducted Covid-19 prevention awareness and emergency response programme at community level with the funding support from the American Himalayan Foundation. Dr. Kami Temba Sherpa of Kunde hospital conducted Covid-19 orientation programme for the locals of Kunde village at the hospital premises on 1st November 2020. In the orientation programme, Dr. Kami explained the precautionary measures for prevention of Covid-19 and ways to prevent the spread of the virus at the community level.

Similarly, a team led by Dr. Nima Namgyal Sherpa conducted Covid-19 awareness campaign and discussion programmes in various villages of KPLRM from 8th to 24th November 2020. The awareness programme was organized with joint funding from the American Himalayan Foundation and KPLRM in the villages of Lukla, Phakding, Namche, Khumjung, Kunde, Thamo, Thame, Phortse and Pangboche. One of the major objectives of this campaign was to interact with the local community leaders, assess the local situation to respond COVID-19 pandemic and suggest local government and concerned parties for COVID disaster risk preparedness.

Likewise, Covid-19 awareness campaign purely from medical perspective was organized from December 17 to 23 by Dr. Kami Temba Sherpa in the Thame valley (Thame, Thameteng and Thamo) and Dr. Mingma Kanchi Sherpa in Kunde, Khumjung, Tengboche, Phortse and Pangboche villages. The campaigns were coordinated by a representative from the local government's health post. The main aim was to educate every individual in the region about the precautionary measures to control the virus. A total of 110 people participated in the campaign out of which 64 were male and 46 were female participant.

Dr. Anish KC of Lukla hospital conducted the same campaign in the Pharak region. The campaign was conducted in the villages of Lukla, Musey, Surke, Chaurikharka, Chheplung, Nachipang, Ghat, Sano Gumela, Phakding, Toktok, Bengkar and Monjo. A total of 397 people participated in the campaign out of which 173 were male and 224 were female participants.



Dr. Kami Temba Sherpa conducting Covid-19 awareness programme in Kunde village.



➤ Dr. Anish KC during the campaign



3.3.7 Covid-19 Second Wave Response Programme

The second wave of Covid-19 pandemic struck Nepal in the third week of April 2021. Nepal government imposed second time lockdown from 29th of April and it has been eased from 22nd of June 2021.

a. Covid-19 Preventive Materials Supported

Considering the Covid risks to the frontline workers and upon request of Phaplu hospital and government authorities of Solukhumbu, HTN had been able to procure Covid-19 prevention materials in the first week of May 2021. The aid materials included antigen test kits, surgical masks, surgical gloves, surgical gowns and hand sanitizers. They were handed over to Phaplu hospital, Chief District Office, District Police Office and District Coordination Committee of Solukhumbu. The funding support for this procurement had been possible through the generous funding of Himalayan Trust New Zealand.

b. Covid Isolation Center at Khumjung

Himalayan Trust Nepal on the request of KPLRM helped set up and operate an Isolation Center for COVID patients at Khumjung. HTN through Kunde hospital provided medical assistance and additional medical professional to manage the isolation center. This has been possible with the generous support of our donors such as American Himalayan Foundation and Benoit Chamoux Foundation.



Dr. Kami Temba Sherpa explaining the ways to take care of Covid patient



Isolation center managed at Khumjung



Nurse, Ms. Fura Doma Sherpa demonstrating the correct way of using PPE & face masks



Dr. Kami Temba Sherpa demonstrating the correct use of Oxygen Concentrator to the volunteers and members of youth group.

c. Second Lot of Covid-19 Prevention Materials Supported

HTN had sent the second lot of Covid-19 prevention materials to Kunde hospital, Khumjung Isolation Center, Thame, Phortse and Monjo clinics. The materials included 100 antigen test kits, room disinfectant fogger solution, surgical masks, KN95 masks, face shields, disposable gowns and gloves, soap dispenser and liquid soap. The support had been possible through the generous support of American Himalayan Foundation.

d. Covid-19 Second Wave Support to Solukhumbu

HTN has been quick to respond to Covid-19 spread in the Solukhumbu. As the number of infections started to escalate, HTN through the generous support of its donors and request of Social Welfare Council (SWC), had been able to collect funds and to procure essential Covid prevention materials for Solukhumbu district. The Covid materials were supported to Phaplu hospital, Solududhkunda Municipality operated Phaplu isolation center, Khumbu Pasanglhamu Rural Municipality operated Khumjung isolation center, Pangboche, Namche, Nachipang, Poiyan, Buksa, Juving, Takshindu, Junbesi, Nechasalyan, Kangel, Sotang, Bung, Goli and Patle health posts and clinics and Thupten Chholing Monastery in May and June 2021. This had been possible with the generous support of donors like American Himalayan Foundation, Himalayan Trust New Zealand, Sir Edmund Hillary Stiftung Germany, Benoit Chamoux Foundation, Professor Wolfgang Nairz, Naulekh Foundation, Forgotten Sherpas of Nepal Trust, Eyes4Everest, Nepal Kinderhilfe Germany, Messner Mountain Foundation, David Smith – UK, and Karl & Maggy Buhler – New Zealand.



↗ Covid-19 prevention materials handed over to DCC



↗ Covid-19 materials handed over to Phaplu hospital



➤ Covid-19 prevention materials handed over to District Police Office



➤ Covid-19 prevention materials handed over to CDO



➤ Covid-19 materials for Kunde hospital



➤ Covid-19 materials for Phortse clinic



↗ Nachipang clinic, Nachipang



↗ Pangboche clinic, Pangboche



↗ Covid-19 materials for Monjo clinic

↗ Covid-19 materials for Thame clinic





➤ Namche clinic, Namche



➤ Khumjung isolation center, Khumjung



➤ Beni health post, Junbesi



➤ Bung health post, Bung



➤ Kangel health post, Kangel



➤ Phaplu hospital, Phaplu



➤ Salyan health clinic, Salyan



➤ Thupten Chholing Monastery

CHAPTER

4



CULTURAL & LIVELIHOOD PROGRAMME

4.1 Background

4.2 Objectives

4.3 Activities





4

CULTURAL & LIVELIHOOD PROGRAMME

4.1 | BACKGROUND

Health, education and culture are integral parts of Sherpa people's livelihood. Therefore, helping to conserve the important cultural heritage is equally necessary for the quality of life in the region. Himalayan Trust Nepal has supported to rebuild dozens of important Buddhist monasteries, chortens, prayer wheels and monuments. These cultural sites are not only important assets for spiritual purpose but they also are equally important tourist-attraction sites for the economic development of the community and the country. Apart from physical infrastructure preservation support, HTN has been helping local schools and monasteries to teach Sherpa cultural education. For this purpose, HTN has been supporting the salaries of Sherpa cultural teachers. The Sherpa culture preservation particularly through teaching Sherpa language in local schools and monasteries are supported by Himalayan Trust New Zealand and The Greater Himalayas Foundation.

4.2 | OBJECTIVES

- ↳ To help preserve Sherpa cultural heritage
- ↳ To introduce Sherpa language education in local public schools and monasteries
- ↳ To help maintain the monastic institutions
- ↳ To rebuild earthquake-damaged old monuments
- ↳ To improve the livelihood of local community

4.3 | ACTIVITIES (INPUTS)

There are five main activities under the cultural and livelihood programme in the last fiscal year. They are teachers support, partial support to Tengboche monastery and Debuche Nunnery, and Solar Project in Mamerkhu and Boksuwar. Brief details about the components are as following:

4.3.1 Teacher Support

Sherpa language and culture are gradually being replaced by other dominant languages and cultures in Nepal. In order to help preserve the local language and culture of the region, HTN provides Sherpa language teachers support to Khumjung, Chaurikharka and Junbesi schools, and Salleri and Pema Chholing Monastery schools. The Sherpa language teacher support to the Pema Chholing monastery, Thulo Gumela has been possible through the financial support of The Greater Himalayas Foundation - *honouring the legacy of Mingma Norbu Sherpa*, other teachers are supported by Himalayan Trust New Zealand.

4.3.2 Support to Tengboche Monastery and Debuche Nunnery

With the support from American Himalayan Foundation, HTN provides an annual grant equivalent to US \$ 1000 and \$ 1,700 to Tengboche Monastery and Debuche Nunnery respectively. The annual grant is only a token of support to manage and operate these monastic institutions. The Tengboche monastery and Debuche Nunnery are two of the major monasteries of the region where more than twenty monks and four nuns operate these institutions.

4.3.3 Monjo Community Water Supply and Fire Hydrant Project

The Monjo Community Water Supply and Fire Hydrant Project is finally complete. The direct beneficiaries of this project includes 277 local residents of Monjo and Chumoa villages. These facilities will also serve and benefit over 50,000 trekkers who pass through the villages every year. This important project was jointly funded by Khumbu Pasang Lhamu Rural Municipality, Sagarmatha National Park Chaurikharka Buffer Zone User Committee and Himalayan Trust Nepal. HTN's part of funding was contributed by Land Rover

New Zealand through Himalayan Trust New Zealand, Slovak Aid and Reinhold Messner Mountain Foundation.

A five-day training programme on “Post construction management and drinking water safety plan” was conducted in KPLRM, Ward no. 3 from 24th till 29th March 2021. This training was provided for the residents of Monjo, Chhumoa, Jorsalle and Benker villages as part of local capacity building for sustainable use and management of the newly built drinking water and fire hydrant facilities.



➤ The final completed look of the Drinking Water and Fire Hydrant Project at Monjo



↗ The final completed look of the Drinking Water and Fire Hydrant Project at Monjo



↗ Five-day “Post construction management and drinking water safety plan” training program successfully conducted at Monjo





Five-day “Post construction management and drinking water safety plan” training program successfully conducted at Monjo

4.3.4 Solar Project in Mamerkhu and Boksuwar

A team led by Chairman of HTN Mr. Pasang Dawa Sherpa along with Dr. Mingma Norbu Sherpa, Engineer Mr. Bijay Shrestha, Manfred and Peter from Light for Kids Germany visited Chheskam School, Mamerkhu and Boksuwar villages. The objective of the visit was to meet, interact and assess the local situation for launching the solar project. These two villages lie in the most remote parts of Solukhumbu. Sherpa and Rai are the major population of the villages. Light for Kids is a charity organization based in Germany. Manfred is the CEO and Peter is the Vice-president of the organization. With the funding support from the organization, HTN is implementing a solar project at Mamerkhu and Boksuwar village in 2021.



↗ Boksuwar community attending Solar Project meeting.



↗ Peter demonstrating Fosera model solar light at Boksuwar village in Mahakulung Rural Municipality



CHAPTER

5



MANAGEMENT & GOVERNANCE

- 5.1 Annual General Meeting Held
- 5.2 Honorary Lifetime Patron and Honorary Membership Awarded
- 5.3 Changes in the Board of HTN
- 5.4 Changes in the Management
- 5.5 Commemorating Sir Ed on His 13th Death Anniversary
- 5.6 Remembering Zeke O'Connor
- 5.7 Emerging Donors and Partners of HTN
- 5.8 Monitoring
- 5.9 Conclusion





5

MANAGEMENT & GOVERNANCE

5.1 | ANNUAL GENERAL MEETING HELD

The 13th Annual General Meeting of Himalayan Trust Nepal was successfully conducted on 28th of August 2020 through the Zoom considering the threat of pandemic and lockdown situation. The meeting was a grand success with incredible participation of board members, general members, honorary member and staff of HTN.



13th AGM of HTN held through Zoom meeting on 28th August 2020



5.2 | HONORARY LIFE-TIME PATRON AND HONORARY MEMBERSHIP AWARDED

The 13th Annual General Meeting of HTN approved the decision of awarding honorary lifetime patron and honorary membership to the following respected, distinguished and dear friends of Sir Edmund Hillary.

Honorary life-time patron:

1. Lady June Hillary
2. Dr. Mike Gill
3. Zeke O'Connor
4. Richard Blum
5. Larry Witherbee

Honorary members:

1. Dr. John McKinnon, the first volunteer doctor of Kunde Hospital
2. Karen O'Connor, Chairperson of Sir Edmund Hillary Foundation Canada

5.3 | CHANGES IN THE BOARD OF HTN

The election of HTN board had been postponed for the next AGM in 2021. The decision had to be taken due to the risk of Corona pandemic. The meeting decided to promote board member, Ms. Yangji Doma Sherpa to the post of Joint-Secretary and general member, Dr. Nima Namgyal Sherpa to the post of a board member. The post of the Joint Secretary had been vacant after Mr. Lhakpa Tenji Lama resigned owing his personal reasons.



↗ Ms. Yangji Doma Sherpa,
Joint Secretary



↗ Dr. Nima Namgyal Sherpa,
Board Member

5.4 | CHANGES IN THE MANAGEMENT

Mr. Lhakpa Tenji Lama (Sherpa) joined Himalayan Trust Nepal as a Programme Manager effective from 1st August 2020. He holds a Masters in community development and planning in tourism management from Lincoln University, New Zealand under NZAID Scholarship, and Masters in Tourism Studies from Purbanchal University, Nepal. He joined HTN in 2014 as a general member and later contributed at capacity of board member and Joint-Secretary during the period of 2016-2020. He played a major role in preparing five-year strategic plan of HTN, developed five-year management plan for Kunde Hospital, Junbesi and Khumjung Schools, contributed in project design and proposal development, monitoring and evaluation of the projects, facilitation of various HTN events, and publication of HTN materials. Mr. Lama will be taking the role of Programme Manager and as a successor of Mr. Mahendra Bahadur Kathet and Mr. Kathet will be working as a part time consultant at the capacity of an Education Advisor.

Likewise, Mr. Abin Maharjan has been recruited as a new English Teacher Trainer effective from 1st of July 2021. The newly appointed Mr. Maharjan works as an education team member of Himalayan Trust Nepal.



Programme Manager
Mr. Lhakpa Tenji Lama (Sherpa)



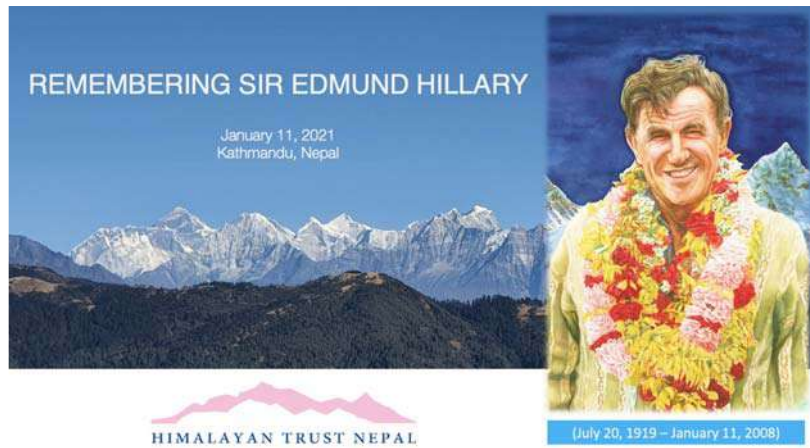
English teacher trainer,
Mr. Abin Maharjan

5.5 | COMMEMORATING SIR ED ON HIS 13TH DEATH ANNIVERSARY

The 13th death anniversary of Sir Edmund Hillary was observed on 11th January 2021. Himalayan Trust Nepal (HTN) organized a programme at Hotel Pension Vasana, Kathmandu to commemorate Sir Ed for his great humanitarian efforts to support the people of Solukhumbu. The programme was attended by board members, honorary member, general members and staff of HTN. On this day, the board meeting made decision on the selection of petitions submitted up to January 10th.



13th Death Anniversary of Sir Ed being observed in Kathmandu.



5.6 | REMEMBERING WILLIAM FRANCIS O'CONNOR (ZEKE)

William Francis O'Connor (Zeke), a dear friend of Sir Edmund Hillary and Sherpa people, passed away at the age of 94 on 6th March 2021. HTN board members, honorary members, and staffs held a board meeting on 10th March 2021 to pay high respect to the founder of Sir Edmund Hillary Foundation, Canada and Honorary Life-time Patron of Himalayan Trust Nepal. HTN also organized a puja ceremony at Lhundrup Choling Monastery, Budanilkantha, Kathmandu on 14th March 2021 to pray for the departed soul. The people of Khumjung and Kunde Community organized puja ceremonies in Khumbu, at the Khumjung Monastery on 13th March 2021 at Khumjung and at the Kunde Tsamkhang on 15th March at Kunde in memory of Zeke O'Connor for his lifetime contribution to the Sherpa Community.

His legacy as a great humanitarian and his philanthropic contributions to the people of Solukhumbu will be remembered by generations to come. Zeke supported Himalayan Trust as Sir Ed's right hand man since 1974. Some of his remarkable projects include supporting operations of Kunde Hospital and a dozen of community clinics for the last 46 years, Sagarmatha National Park's tree-plantation programme, and scholarships to produce a dozen of medical doctors. His support, over the course of his life, has been instrumental in changing the lives of thousands of people in Solukhumbu, Nepal.



Board meeting held on 10th March 2021 at HTN office





➤ Board meeting held on 10th March 2021 at HTN office



➤ Puja ceremony held in Lhundrup Choling Monastery on 14th March 2021 in memory of Zeke





➤ Puja ceremony held in Khumjung Monastery in memory of Zeke on 13th March 2021



↗ Puja ceremony held in Kunde Tsamkhang in memory of Zeke on 13th March 2021

5.7 | EMERGING DONORS AND PARTNERS OF HIMALAYAN TRUST NEPAL

There are numbers of kind hearted people who want to support the projects of Himalayan Trust Nepal. Dr. Tshering Wangdi Sherpa originally from Namche Bazar now living in the United States has committed to support Himalayan Trust activities such as management of Kunde hospital, Khumjung School, scholarships annually.

Mr. David Smith of England has donated funds for Covid control and humanitarian assistance to poor families of Solukhumbu. He has committed to donate pound 3,000 per year.

An American citizen named Mr. M.J. Bakke has committed that he would be supporting US \$1000 per year to Himalayan Trust Nepal activities commencing from 2021.

Himalayan Trust Nepal is pleased to announce partnership with Nepal Kinderhilfe e.V. This Germany based non-profit organization supports school fees of more than 100 students in Nepal, from primary to high school level. Effective from April 2021, HTN has been managing their Nepal based activities.

HTN is also pleased to share the news of partnership with Light for Kids, a charity organization based in Germany. With the funding support from the organization, HTN is implementing a solar project at Mamerkhu and Boksuwar village of Mahakulung Rural Municipality in Solukhumbu in 2021.

5.8 | MONITORING

Regular monitoring of project progress in the field is an important aspect of project management. Timely feedback and suggestions from the project management team, experts and board members can make a difference in the overall effect of the project implementation and achievement.

HTN team led by its chairperson Mr. Pasang Dawa Sherpa and accompanied by board member Mr. Pasang Dawa Sherpa (Khumjung) and CEO Dr. Mingma Norbu Sherpa made a monitoring visit to its project sites in the Khumbu region from 5th to 17th October 2020. The visit was the first one after the advent of COVID-19 pandemic in Nepal and lockdown imposed. The team visited Lukla, Ghat, Sanogumela, Thuolgomela, Monjo, Namche, Khumjung, Kunde, Thame, Pangboche and Phortse villages and met different stakeholders. The objectives of the visit was to observe, interact, and assess the health, education, culture, environment and livelihood related projects that the Trust has been supporting to the local communities in the region. The team also assessed the effect of COVID-19 pandemic and the lockdown in the Khumbu region. The team flew to Lukla after screening COVID-19 tests in Kathmandu. The monitoring visit was a successful one as all activities planned were achieved.



Meeting with Pemacholing Monastery Management Committee at Rimijung



Class observation at Janasewa Basic School, Sano Gumela



Khumjung Secondary School



With headmaster and teacher of Himalaya Basic School, Namche



Students during the morning assembly at Thame Basic School



Observation of Phortse Clinic

A team of four members from Social Welfare Council along with Finance and Admin Officer of HTN, Mr. Baween Raj Tandukar visited Khumbu to monitor the projects implemented by HTN over the last three years. The team monitored Monjo Community Hall, Monjo Health Clinic and Kunde hospital and interacted with the local beneficiaries and stakeholders. They also visited Yuba Barsa Basic School, Monjo, Himalaya Basic School, Namche and Khumjung Secondary School on the way to Kunde to better understand the perspective of beneficiaries and local students towards Kunde hospital and its outreach clinics managed by HTN. They also visited the KPLRM office at Nachipang and met with the acting chairperson Ms. Tashi Lhamu Sherpa and ward no. 4 chairman Mr. Laxman Adhikari.





↗ The monitoring team interviewing stakeholders during their visit to Khumbu

HTN team led by its CEO, Dr. Mingma Norbu Sherpa accompanied by project coordinator engineer Mr. Bijay Shrestha and field supervisor Mr. Dipu Sherpa visited Juving high school in Mapya Dudhkoshi Rural Municipality and Birendra Jyoti High School in Sotang Rural Municipality in Solukhumbu district from 20th to 25th November 2020. The team visited Juving, Basa, Sotang, Phaplu hospital and Salleri. The objectives of the visit was to start the Juving High School water and toilet construction project funded by the Grand Circle Foundation USA, deliver furniture for Early Childhood Education Development (ECED) classes of Sotang School and survey Sotang School hostel construction project.



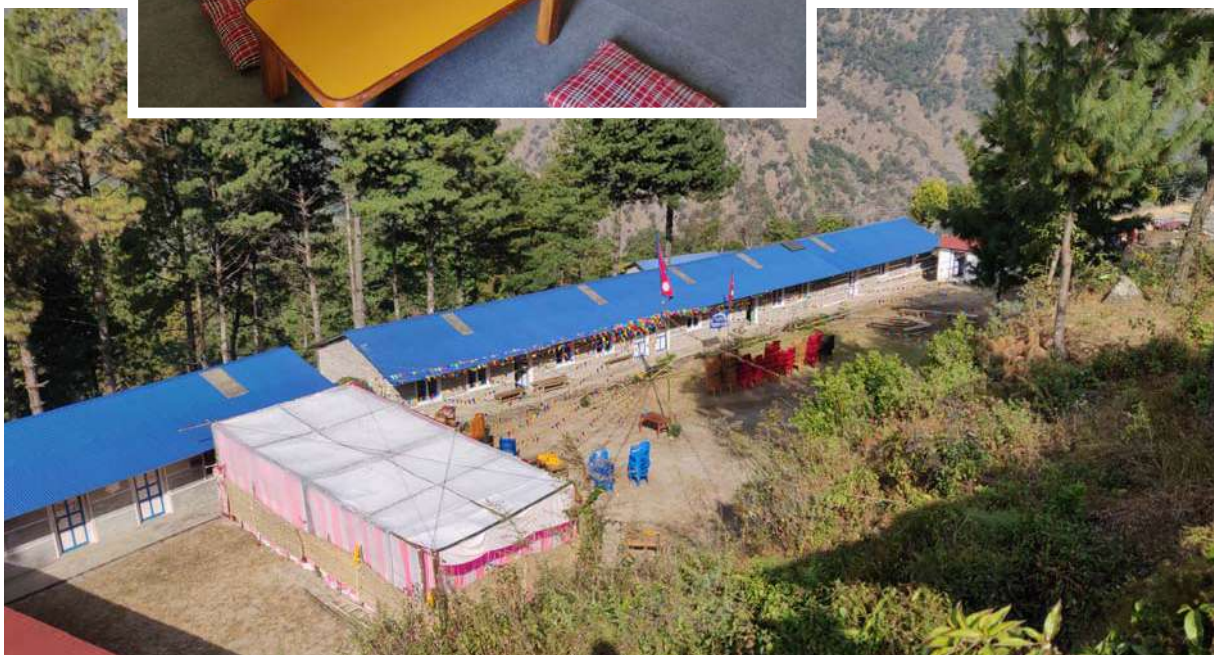
↗ At Juving Secondary School



↗ Earthquake damaged hostel of Birendra Jyoti Secondary School, Sotang



↗ Child friendly classroom furniture supported by HTN to the ECED section of Birendra Jyoti School, Sotang



↗ Juving Secondary School, Juving

5.9 | CONCLUSION

Despite the Covid-19 pandemic and lockdown, Himalayan Trust Nepal could make a considerable achievements in the fiscal year 2020/21. Most of the planned activities under the five-year-long “Quality Education Programme in Solukhumbu, with funding from the New Zealand Aid Programme and Himalayan Trust New Zealand, has been launched in 33 schools of Solukhumbu. Baseline surveys of these schools were conducted. Various components of the programme, such as teaching materials support to 65 schools, including computer labs, teachers support, various scholarships including bachelor’s level scholarships were delivered successfully. The scholarship programme has been implemented with improved inclusive and equity-based policy guidelines.

School infrastructure projects include water, hygiene and sanitation (S-WaSH) project in Juving and Sotang schools. Both the projects have been successfully concluded in the fiscal year. A 24 bed capacity hostel with kitchen, shower and toilets for the girl students in Sotang School has been planned and funding for the project has been ensured from the Grand Circle Foundation of USA and Sotang Rural Municipality. A 24-bedded hostel at the Thame Basic School has been completed and furnished. 23 students have been taking the hostel service. Since the hostel facility has been added, the number of students in the school has doubled. Fifty students have been enrolled in Thame School now. Five computer labs in partnership with EduTech Nepal have been established in 5 schools of Solukhumbu. On the health infrastructure sector, a two-room Goli clinic building has been successfully built, furnished and the clinic has been on operation. Inauguration and handing over of the clinic building to the local community is taking place on 25th August 2021. Monjo Community Water Supply and Fire Hydrant Project with multi-donor support project at Monjo and Chumoa villages has been successfully completed. The project will be inaugurated and handed over to the local users on 25th of August 2021. The Slovak Ambassador to India/Nepal His Excellency Mr. Ivan Lancaric has kindly accepted to be the chief guest of the inauguration programme. The Slovak Aid and Embassy has been the partial donors for Monjo water project and Goli clinic building project.

On the health sector, Kunde Hospital has been able to maintain the quality of service that it has been provided to its beneficiaries in the Khumbu region. Three of the community clinics operated by Kunde Hospital at Monjo, Thame and Phortse with the support from Himalayan Trust has provided basic health services to its beneficiaries. Likewise, Phaplu Hospital has been able to deliver excellent health service to general public. The hospital has been able to overcome the medical staff shortages. Phaplu hospital which faced absence of MDGP and general doctors for a couple of months could fulfill the positions. Himalayan Trust could also support the Phaplu hospital with staff incentives and additional medicine supplies.

In addition, Himalayan Trust has been able to support the Phaplu and Kunde hospitals and more than one and half dozen clinics operated in the Solukhumbu district with COVID-19 prevention materials. Himalayan Trust donors and partners had been very generous and acted positively at the harsh time of Covid-19 second wave pandemic period. Because of their support, COVID-19 infection cases were detected on time and could treat effectively in the respective hospitals, isolation centers and home isolations. People of Khumbu Pasang Lhamu Rural Municipality age above 18 have already received vaccines. More than half of the Solu region


people have also received vaccines. Most of the villages have gone through the hard time of the Covid second wave spike.

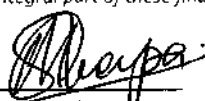
Because of the Covid-19 second wave and its impact many of the pre-planned training programmes could not be implemented. However, HTN's education team has actively worked on development and implementation of alternative teaching and learning programmes. The entire team of HTN had to work harder than ever before during the second wave and lock down to address the Covid-19 pandemic related problems both in health and education sectors. In consultation with the local government, school management committees, district education offices, parents and students, radio lessons and worksheets have been developed and delivered to the respective schools. HTN education team is constantly providing inputs and making regular follow-ups with the schools. With these supports Himalayan Trust Nepal is optimistic that the learning achievement of students will improve and Covid-19 pandemic will be under control.

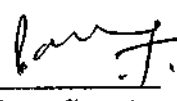
HIMALAYAN TRUST NEPAL
SOLUKHUMBU, NEPAL
STATEMENT OF FINANCIAL PERFORMANCE
For the year Ended 31st Ashad 2078 (15 July 2021)

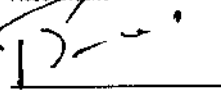
	Note	Sub-Total Amount (Rs)	Current Year Amount	Sub-Total Amount (Rs)	Previous Year Amount
<u>INCOME / RECEIPT</u>					
Membership Fee			1,800.00	1,400.00	1,400.00
<u>Grant and Contribution</u>			87,851,830.38		89,810,692.70
Grant and Contribution (HTN)	7	80,764,403.23		76,230,119.29	
Contribution from Projects (Annex: B)	8	3,290,948.27		3,246,177.64	
SEHF Project (Khunde Hospital)	9.ii	3,796,478.88		10,334,395.77	
<u>Other Income (Internal)</u>	10		2,269,313.13		3,505,240.51
Contribution / Donation Box		22,795.11		18,600.00	
Exchange Gain & Loss		379,134.10		275,744.00	
Miscellaneous Income		39,539.95			
Bank Interest (Annex: C)		1,827,843.97		3,210,896.51	
<u>Khunde Hospital (SEHF)</u>	9i		973,787.50		1,238,536.44
Donation (Donation box)		73,790.00		428,633.22	
Donation from Community Clinic		77,400.00		79,700.00	
Miscellaneous Income- Khunde		-		-	
Donation from Local Patient		568,470.00		560,980.00	
Bank Interest		254,127.50		169,223.22	
Total Income/Receipt			91,096,731.01	94,555,869.65	94,555,869.65
<u>EXPENDITURE</u>					
<u>Project Expenses</u>	11		89,587,192.11		90,023,792.35
HTNZ Projects	i	23,164,101.39		19,388,821.66	
Scholarship and Incentives (HTNZ)	ii	3,675,353.88		2,219,736.30	
Phaplu Hospital Project	iii	4,409,826.50		3,045,727.54	
HTN Admin Exp and Internal Activities	iv	13,121,498.65		12,913,995.30	
BCF Scholarship	v	2,836,807.65		973,757.40	
Messner Mountain Foundation	vi	482,091.52		-	
Grand Circle Foundation	vii	5,206,697.81		4,435,677.98	
AHF Projects	viii	9,442,826.96		9,506,996.98	
TGHF Scholarships	ix	2,326,900.00		1,249,461.00	
Naulekh Foundation Scholarship	x	4,158,007.60		3,873,948.00	
HTUK Scholarships	xi	2,631,206.90		797,400.00	
Others Donor grant for Scholarship	xii	1,805,744.85		1,285,141.86	
Nepal Hlife Tirol	xiii	694,500.00			
Nepal Kinder Hilfe	xiv	392,521.00			
Forgotten Sherpas of Nepal Trust	xv	2,316,503.84		1,886,421.11	
Jossef Wessenger	xvi	73,054.62		428,530.50	
Thame Sherpa Heritage Fund	xvii	3,314,656.34		12,294,342.52	
KSVC Donors	xviii	2,448,374.64		266,877.75	
MCDWP Donor	xix	3,206,243.74		3,965,143.06	
Slovak Aid	xx	38,534.10		1,157,417.12	
Slovak Embassy	xxi	45,261.24			
Kunde Hospital (SEHF)	Scd A	3,796,478.88		10,334,395.77	
Net Operating Expenditure			89,587,192.11		90,023,792.35
HTN Surplus	xvii	535,751.40		3,293,540.86	
SEHF Project (Khunde Hospital)	12.IV	973,787.50		1,238,536.44	
Surplus for the Year(2077-78)			1,509,538.90		4,532,077.30
Adjustment for the year 76.77					(1,593,624.34)
Adjustment of Khunde Reserve & surplus					(673,793.94)
Accumulated Surplus Balance (2076-77)			19,827,704.03		17,563,045.01
Accumulated Surplus for the Year			21,337,242.93		19,827,704.03


The accompanying form an integral part of these financial statements


Baween Raj Tandukar
Accountant


Migma Norbu Sherpa
Chief Exe. Officer


Pasang Sherpa Lama
Treasurer


Pasang Dawa Sherpa
Chairman


Bal Krishna G
BK Associates
Regd. Auditor
Kathmandu



EXECUTIVE COMMITTEE



PASANG DAWA SHERPA
Chairman



TASHI JANGBU SHERPA
Vice Chairman



PASANG SHERPA LAMA
Treasurer



MINGMA NORBU SHERPA, PHD
Secretary



YANGJI DOMA SHERPA
Joint Secretary



DR. NIMA NAMGYAL SHERPA
Member



DAWA FUTI SHERPA
Member



PASANG DAWA SHERPA
Member



ANG TEMBA SHERPA
Member

OUR PARTNERS



Government of Nepal



NEW ZEALAND
FOREIGN AFFAIRS & TRADE
Aid Programme



APPENDIX



Appendix-1

**Articles from HTN Scholarship
Recipients**

Appendix-2

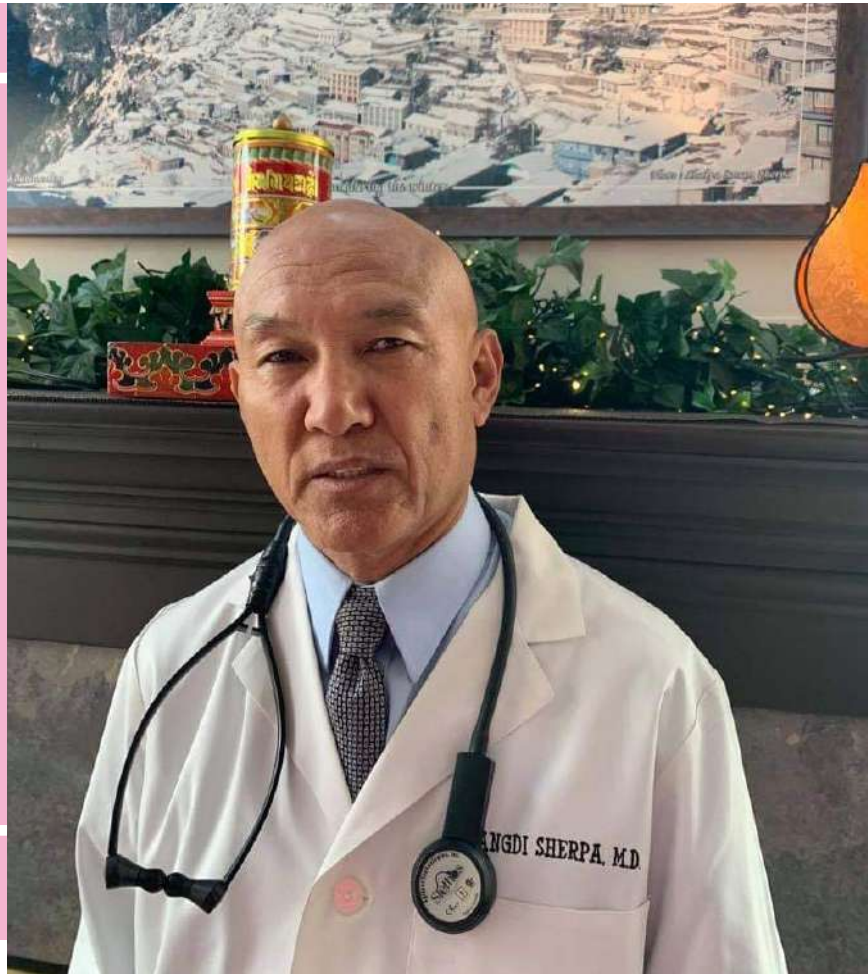
**List of teaching materials support to
the schools**



APPENDIX-1

Articles from HTN Scholarship Recipients

A Sherpa Boy from remote village of Namche Bazaar, Nepal to becoming a Family Physician in Pennsylvania Dutch country in USA



My name is Dr. Tshering Wangdi Sherpa. I was born and raised in Namche Bazar, a Sherpa village in the Mount Everest region of Nepal. I was fortunate to attend Khumjung School (Estd. in 1961) by Sir Edmund Hillary (first man to successfully climb Mount Everest) and his friends. While I was a student at Khumjung, we were occasionally taken on trips to Kunde Hospital (Estd. in 1966 also by Sir Edmund Hillary and friends) staffed primarily by New Zealand and Canadian volunteer doctors to teach us about health, hygiene and communicable diseases. I was particularly fascinated by the medical miracles performed by these doctors and their abilities to help overcome diseases, besides, my own mother had contracted tuberculosis and

my family had to take her to Kathmandu for medical treatment and I was left behind with my maternal grandmother. Thanks to medical treatment in Kathmandu, my mother was cured and eventually returned to the village and still living and doing well at the rightful age of 87 in Kathmandu, Nepal with my younger brother's family. I was too young to know it then, but I believe this experience along with my observations of the doctors' abilities to help people, would be a major force in my decision to become the perhaps first Khumbu Sherpa medical doctor. However, like many Sherpas, I knew my family could not afford to send me to a high school let alone college and medical school and alternative was to follow the Sherpa tradition of leading tourist

treks in the Himalayas or taking care of yaks and potato fields etc. However, when I was able to finish my middle school education at Khumjung School and graduated top of my seventh grade class, I was able to secure one of the scholarships awarded by Himalayan Trust (also found by Sir Edmund Hillary) to the top 3 seventh grade students to continue high school education at the Jana Jagarity High School in Solu Salleri, a three day walk from Namche Bazar. Next three years were spent at the Jana Jagarity High School in Solu Salleri and I was able to graduate 10th grade SLC (School Leaving Certificate exam= high school matriculation) in 1980.

After high school, I attended Amrit Science College in Kathmandu to study biology and my hope was to finish 2 years of college in Kathmandu and then hopefully win a government scholarship to study medicine in either India, Pakistan or Bangladesh. However, due to political unrest in early 1980's in Nepal, college exams and studies were frequently disrupted and I was very frustrated with the situations. I was able to attend Manchester College (now Manchester University) through the great assistance from generous Americans, Australian and American Himalayan Foundation, and I graduated in 1989 with distinction. I was fortunate to get accepted at Indiana University, school of medicine, in Indiana and subsequently graduated with medical doctorate degree in May 1993.

After medical school, my hope was to complete my residency training (post graduate training) in family medicine and then return to Kunde Hospital to help the Khumbu Sherpas to help with their medical needs etc. However, about the same time, political instability throughout Nepal and Maoist insurgency causing life difficulty for people of Nepal and particularly rumoured that ill treatment of foreigners etc. my family and friends have advised me to remain in the USA during these difficult periods.

Subsequently after completion of my residency, I was able obtain a job at the Myerstown Family Practice in Lebanon County of Pennsylvania. I have been serving the people of Lebanon County for the past 23 years and very happily settled with my wife who is a registered nurse who also a helps me in my clinic and also 3 wonderful boys and 2 of my boys help me at the office as well. My hope is that my second son who is now finishing up his post graduate training (residency) in family medicine at the local residency program will join me in the fall of 2022.



Even though, I was not able to return to Khumbu as a medical doctor, as I wanted after my medical education, I am very much committed to helping however way I can to help sustain Kunde Hospital and Khumjung School. I am also committed to help Himalayan Trust to continue its mission as set forth by Sir Edmund Hillary and his friends. My hope is that once my son gets established at the Myerstown Family Practice, I and my wife would like to eventually travel to impoverished countries like Nepal and provide health education and medical services.

I have a distinct connection with Himalayan Trust and a different story to share



My name is Ang Chokpa Sherpa and I am 46-year-old. I have a son and a husband in my family. I grew up in my village with my father, mother and brother in Chaurikharka, Solukhumbu where I studied in Shree Mahedra Jyoti School, Chaurikharka till class 7. I moved to Khumjung School for class 8 to 10 study as there was no high school in Chaurikharka area.

After completing my graduate level, I have been working in the welfare and community development sector since 19 years. I have master's degree in two streams; sociology and rural development. Currently, I live in Budanilkantha Kathmandu with my family.

I have a distinct connection with Himalayan Trust and a different story to share. In 1965, my father, Guruji Pemba Sherpa, moved from Darjeeling to Chaurikharka Solukhumbu. Sir Ed Hillary recruited five teachers from

Darjeeling and my father was one of them. He worked at Chaurikharka School for 40 years. He served 15 years as teacher and 25 years as a head teacher. My mother also served as a local health worker for Chaurikharka health post which was also supported by Himalayan Trust.

Having said these, both of my parents worked at institutions supported by Himalayan Trust. I was fortunate to have my father as a teacher, who highly supported and encouraged me in obtaining master's degree qualification. My father continuously pushed me to continue my studies so I could become a well-educated citizen and a good human being. When I was in Chaurikharka School, I recall being the single girl student from class 2 to 7. Later, I went to Khumjung School for further studies, I was overjoyed to find four girls in my class. Among them, 2 girls were from Namche and 2 from out of Khumbu (they were daughter and

family member of teacher). But two Sherpa female classmates dropped out of class 9 and another girl also went to her village, leaving only two girls in class 9. The remaining one also had to repeat the same class, and I was the only single female student in class 10. I can't imagine how challenging it was for girls to get an education at that time. Although the situation has been improved a little but still in remote communities girls are deprived of having equal access to education and they are mostly engaged in household activities.

I was the first female from my community to pass the SLC from Himalayan Trust-supported school. My parents celebrated their happiness with all the villagers. Completing SLC (class 10 graduation) was extremely valuable at the time.

When I was a student in school, I only had two options for continuing my education. I have to choose between attending Kathmandu or Khumjung School to continue my studies. My parents suggested and sent me to Khumjung School for various reasons. First and foremost, I was given the opportunity to attend a Himalayan Trust-supported rural school. Himalayan Trust supported me along with many other students who were not from Khumjung with monthly scholarship. This helped to reduce financial burden for my parents and also, I was able to concentrate on my studies effectively.

As a result, I was able to complete my School Leaving Certificate (SLC). Following my SLC, I continued to study further where I again received a four-year monthly scholarship from Himalayan Trust, which helped me pay for college fee, stationery, and transportation. Later, I completed master's degrees in two fields, sociology and rural development.

I returned to the village after completing my master's degree and worked for Sagarmatha Pollution Control Committee (SPCC) for four years and also volunteered as a secretary for the Women Awareness Group Lukla. After then, I was involved for another local organization called Porters Progress for almost three years, and now I've been with dZi Foundation since October 2007, and due to my dedication and hard work, I was recently promoted to Nepal Country Director since July 2020. I am honored to have the chance to work with 13 rural villages in eastern Nepal. We have helped to construct 58 community schools, 40 drinking water project and a number of other public infrastructure projects such as irrigation, community buildings, and health clinics over the past 13 years. Through our agricultural program, we also helped 3974 farmers and also have been assisting a total of 41 schools to improve the quality of education over the past two years.

Besides my job, I've been directly consulting 35 girls through Kina Social Venture since 2003. Kina is based in the Canada and is helping girls for their education as well as medical services. All of the girls are from lower part of Solukhumbu and Khotang district. Six of the girls are already employed as agriculture technicians, lab technician assistants, Agro forester and radio program presenter. One girl is studying for the MBBS, one is studying law, and two are studying staff nurse. I am grateful to be a part of this organization that assists needy girls in achieving a brighter future, and I want to continue to assist many more girls in the future especially for their education.

This all happened because I continued my education and didn't give up on my dreams although I faced economic challenges and gender inequity during my journey. And I believe that Himalayan Trust supported me along my way through scholarship to be the person who I am today. A loads of thank you to Himalayan Trust and Sir Ed Hillary.

I learnt that with equity among girls and boys, girls also have the strength to live on her dreams and lead in days ahead. The role of parents in supporting their children's education is critical. In both student and professional life, there are always challenges and obstacles, but we never give up on moving forward. Everyone needs to work hard, be honest, and have self-confidence. We must seize the opportunity that supports us in achieving our dreams. Through the generous support from Himalayan Trust in my student days, I am living my dreams and supporting remote communities to fulfill theirs.

Story of Mingmar Tsering Sherpa



I am Mingmar Tsering, belonging to a Sherpa family of a remote area in Nepal, place name Chhumoa in Solukhumbu district. I am a 24 years old final-year Aeronautical Engineering student, graduating September 2021. About my family, we are six members including my grandmother, my parents, uncle, elder brother, and me, after my grandfather passed away last year from natural causes. My parents are running at the age of fifties. My uncle is suffering from a mental disorder problem despite several treatments and huge medical expenses. My elder brother is 28 years old and he is working in a travel agency based in Kathmandu. Since my childhood, I have been a huge fan and passionate about flying machines like helicopters. I remember when I was a child I used to duplicate them on paper and make their model with wood and bamboo.

I have completed my education from primary to higher secondary level in

Tibetan refugee schools for the reason that they offer cheap tuition fee and living cost. I got this privilege since they offer it to Tibetan people and the people from the Himalayan region. After completion of my higher secondary education, I had discussed with my parents and elder brother about my further studies, area of interest, expenses, and scopes. However, studying aeronautical engineering with the support of my parents and brother was not possible. My parents almost rejected my proposal. Finally, I convinced them to take out a loan from a neighbour who agreed to lend some money with 20% interest per annum, for which my parents are still paying the interest each year. From that loan, I had managed to pay the sum of Indian Currency Rs. 277,500 (US \$ 4,660) for the first year tuition fee and I got a chance to continue my study at Hindustan Institute of Technology and Science (HITS), Chennai. It was my good luck that I got admission to HITS which I got

by chance. In the first year of college, there was a situation where neither I could quit my study nor continue to complete three more years of bachelor studies because there was no more source of funds for my tuition fee!

During the first semester vacation, I met Dr. Mingma Norbu Sherpa in Kathmandu. I shared my status with him. He guided me and coordinated to submit my proposal letter to Himalayan Trust Nepal. I was very lucky and blessed to get the Sir Edmund Hillary Stiftung Germany – Louise and Belinda Hillary Memorial Scholarship which covers the remaining three years' full tuition fees worth US \$ 3,560 per year. It was a huge mental relief and I never worried about the tuition fees then. I was able to make progress in my academics which I have been reporting to Madam Ingrid Versen from time to time. Until the second year, I focused more on the academic curriculums however I did two mini-projects in the same year. In the third year, I did an OJT (on the job training) at Altitude Air Pvt. Ltd. in Kathmandu for more than a month. I have published my research paper in Scopus indexed an international journal. Two more research papers are almost ready for publication. I have attended several symposiums to present my research work. I also have published my research papers in international and national conferences. I have attended a few workshops organized by my college. During the first wave of pandemics, I did a MOOC course offered by MIT along with my academic curriculum and research work. In the final year, I have done a major project on Advanced Hybrid Composite Material. I

have maintained my grade of CGPA 8.6+ along with my research works. In sum, it was a great privilege with lifelong knowledge and experiences!

While thinking about the past four years, I really feel blessed and consider the golden period of my life, thriving to learn more and experience more, each day nearer to achieving my dreamed course. As of now, I have completed my final semester exam and the web results are out. I have secured a 10/10 GPA from the final semester. I'm eagerly waiting for the graduation day to hold the degree! I feel proud for being a part of Himalayan Trust, for being able to achieve my dream course, for being a distinct researcher in the aerospace industry, and for nurturing myself with global-level education. All of them were possible only with the kind and generous financial support of Brigitte and Manfred Braml couple and other donors through Sir Edmund Hillary Stiftung Germany and Himalayan Trust Nepal. My family and I appreciate the support and express our heartfelt gratitude to Himalayan Trust for everything. I will be working hard for the commitment that I made prior to receiving this grand scholarship.



I am happy that I can finally help my family



My name is Phura Phuti Sherpa. I was born in Thamo of the Khumbu region in Solukhumbu, Nepal. My family members include me, my mother and my elder sister.

As I belong to middle class family my father used to work in mountaineering field. Unfortunately, during his climbing in 1999 he lost his life in Mt. Dhaulagiri. After the death of my father there were many challenges and struggles in my family as my father was only the person who looked after my whole family. Honestly, most of the challenges were faced by my mother as the responsibility of paying daily expenditures to providing a financially stable future for me and my sister rest on her. My family was quite poor and couldn't have completely financed my education. But, fortunately for me, Fabienne Clauss my sponsor came into my life at a crucial moment which was impossible without the help of Himalayan Trust Nepal. Being raised by a single mother, I have personally witnessed the struggles my mother has gone through in everyday life. So, thank you Fabienne and Benoit Chamoux Foundation for giving me and my family wonderful opportunity by providing entire education cost for my school and college degree.

Before my Bachelor in Business Administration exam, I did internship in Siddhartha bank for two months.

Internship is the part of BBA curriculum as prescribed by the TU. The internship is considered as a platform for gaining practical knowledge to perform effectively in the dynamic and competitive environment with working experiences. It provides golden opportunity to generate quality education because it enables us to learn, observe and understand the real corporate world. In order to accomplish this course of internship, I selected Siddhartha Bank Limited, Boudha branch. Recently I have passed BBA degree scoring 3.18 GPA (1st division).

Now that I have a degree, I am happy that I can finally help my family. I am so happy that I was given a chance to study and now I am graduated. I am really grateful for Himalayan Trust and my sponsor Benoit Chamoux Foundation for awarding me scholarship to complete my education. Without Fabienne and Himalayan Trust's support I could not have reached here on my own. I appreciate everything they have done for me and I will continue to work hard.

Now I am planning to apply for job in bank and also pursue Master degree along with it. I consider MBA to be the best move I can do for my career, and I am extremely motivated to pursue one if possible.

Thank you for your generosity.

I was fortunate to be granted the SEHF Scholarship



My name is Lhakpa Thendu Sherpa, 27 years back I was born in Kunde Hospital and was raised in a beautiful Sherpa village Khumjung. My dad and mom run a small lodge in Khumjung. I went to nearby Khumjung Secondary School for my basic schooling. During my school, days I used to visit Kunde hospital couple of times a year to get my medical check-up. On each of my visits I used to see doctors in white coat fixing broken bones of my friends, delivering baby of my neighbour aunty and taking care of very ill villagers. I was fascinated by that and that became my first inspiration to become a medical doctor. After developing my aim at an early age, I started working hard at school. I eventually graduated from Khumjung Secondary School with distinction in 2010.

With a dream of becoming a medical doctor I landed in Kathmandu. I completed my intermediate level from Little Angles College in 2012. Back then I was lucky enough to get the Himalayan Trust Scholarship, which was of great help during my initial days in Kathmandu. In 2012 I got accepted in a medical school in Nepal. But for a middle class family paying a medical school fees was not that easy. That was when I came to know about Sir Edmund Hillary Foundation (SEHF) Medical scholarship. I was fortunate to be granted the scholarship. With the financial help from SEHF Canada and

my kiwi friends, I graduated from Chitwan Medical College in 2018 as a medical doctor.

Serving my own community through the knowledge I have acquired over years and contributing to Sir Edmund Hillary's mission has always been my dream. But there was no vacancy for medical doctor in Khumbu back then. I worked at Chitwan Medical College Teaching Hospital for 2 years as a medical officer. The covid-19 pandemic has created me the opportunity to serve my own community. With starting of the second wave of Covid-19 in Khumbu, I have been involved with the Himalayan Trust Nepal in running a Covid-19 treatment center at my own hometown Khumjung, where we are treating Covid-19 patients from all over the Khumbu region on free of cost. 29 Covid-19 infected patients were treated from the isolation center within two and half months.

After the Covid-19 situation in Khumbu is under control, I want to pursue my higher medical training in General Surgery. General Surgery has always been my area of interest, not just because I enjoy operating on people, but I saw a need of surgeon in Solukhumbu District. After completing my training I want to serve the people of Solukhumbu through the district hospital.

I am very grateful to Sir Edmund Hillary Foundation (SEHF) Canada and Himalayan Trust Nepal for helping me achieve my aim. I would also like to thank my New Zealand friends Roger Goodman, Hilary Carlile, Fay Hutchinson, Robert Banks, Roger Reynolds, Janette Wallace, Bill & Maggie Burrill, Tim & Brigid and my parents who always supported me in every step of my life.

Dr. Lhakpa Thendu Sherpa
Khumjung Covid-19 Treatment center

APPENDIX-2

Teaching materials (stationery supplies) for 63 schools of Solukhumbu and 1 school of Rolwaling for the year 2021

SN	Particulars/Schools	Specification	Unit	Rate	Chaurikharka Cluster	Khumjung Cluster
	Student no class ECED-5				647	400
	Student no class 6,7,8				204	109
	Student no class 9.10				127	77
	Grand total				978	586

General stationery

			Qty	Amt	Qty	Amt	Qty	Amt
1	Teacher atten register	50 sheet, nepali paper, hard cover	Pc.	365	7	2555	5	1825
2	Student atten register	100 sheet, FC hard cover	Pc.	50	65	3250	45	2250
3	Exam copy	400 pcs 58 gsm	Ream	220	108	23760	79	17380
4	Pencil	Doms, no:-8, 7502 Fusion	Doz.	64	338	21632	77	4928
5	A4 paper	75 gsm JK Copier	Ream	375	88	33000	34	12750
6	Mix color drawing paper	25"x35 1/2", 120gsm, indonesia	Pc.	11	685	7535	0	0
7	White board marker	Snowman Japan	Doz.	300	31	9300	16	4800
8	White board duster	shoe brush, good quality	Pc.	55	40	2200	0	0
9	Glue stick	Amos ,35gm	Pc.	45	53	2385	29	1305
10	Masking tape	oddy, 20meter, 1 inch	Pc.	30	54	1620	22	660
11	Brown tape	2 inch, 90meter, comet	Pc.	48	54	2592	22	1056
12	Staples	Kangaro no. 10	Pkt.	9	96	864	54	486
13	Dot pen black	Maxwriter	Doz.	140	38	5320	21	2940
14	Dot pen red	Maxwriter	Doz.	140	38	5320	21	2940
15	Nepali Record File	nepali paper pasting, good quality	Pc.	3.5	810	2835	600	2100
16	Register	leather binding, no:-4	Pc.	83	41	3403	26	2158
17	Envelope	Letter size, Yellow thick 9x4	Pc.	1.14	930	1060.2	260	296.4
18	Envelope	A4 size, Yellow, thick	Pc.	4	380	1520	300	1200
19	PencilSharpner	Large Table sharpner kw310	Pc.	400	16	6400	12	4800
20	Multicolor paper	A4 Size, 250 pcs, indonesian, 120gm	Ream	150	19	2850	10	1500
21	Large Copy 100 page	"indian fine maplithoquantam 7""x9.25, 60 gsm"	Doz.	230	0	0	0	0
22	White Board	3*4	Pc.	1800	0	0	0	0

Sport Items

1	Volleyball	mikasa japan original	Pc.	1000	8	8000	5	5000
2	Volleyball net	vixen good quality	Pc.	625	6	3750	3	1875
3	Football	vixen, india	Pc.	1000	8	8000	7	7000
Total Amount						159151.2	79249.4	
13%TAX						20689.7	10302.4	
Grand Total						179840.9	89551.8	

Kharihola Cluster	Taksindu Cluster	Junbesi Cluster	Salleri 1 Cluster	Salleri 2 Cluster	Rowwaling Cluster	Total
472	273	287	947	272	157	3455
191	185	152	885	50		1776
102	66	0	431	36		839
765	524	439	2263	358		5913

Qty	Amt	Qty	Amt	Qty	Amt	Qty	Amt	Qty	Amt	Qty	Amt	Qty	Amt
10	3650	8	2920	9	3285	4	1460	10	3650	4	1460	57	20805
78	3900	49	2450	65	3250	89	4450	51	2550	31	1550	473	23650
111	24420	29	6380	32	7040	39	8580	18	3960	25	5500	441	97020
283	18112	170	10880	34	2176	74	4736	46	2944	85	5440	1107	70848
86	32250	29	10875	18	6750	25	9375	15	5625	8	3000	303	113625
580	6380	6	66	0	0	0	0	190	2090	230	2530	1691	18601
12	3600	11	3300	0	0	15	4500	11	3300	5	1500	101	30300
0	0	45	2475	0	0	22	1210	5	275	21	1155	133	7315
0	0	11	495	0	0	0	0	26	1170	14	630	133	5985
18	540	11	330	0	0	18	540	14	420	14	420	151	4530
18	864	11	528	0	0	29	1392	10	480	14	672	158	7584
100	900	31	279	0	0	50	450	12	108	21	189	364	3276
27	3780	11	1540	14	1960	0	0	11	1540	21	2940	143	20020
27	3780	11	1540	14	1960	32	4480	13	1820	16	2240	172	24080
560	1960	150	525	0	0	0	0	30	105	250	875	2400	8400
30	2490	12	996	0	0	0	0	12	996	14	1162	135	11205
670	763.8	330	376.2	0	0	0	0	700	798	250	285	3140	3579.6
300	1200	70	280	0	0	0	0	50	200	200	800	1300	5200
26	10400	15	6000	0	0	0	0	21	8400	21	8400	111	44400
8	1200	7	1050	0	0	19	2850	3	450	4	600	70	10500
0	0	40	9200	223	51290	604		158	36340	130	29900	1155	265650
	0		0	3	5400	0	0	0	0	13	23400	16	28800

11	11000	6	6000	5	5000	8	8000	3	3000	4	4000	50	50000
4	2500	2	1250	1	625	2	1250	2	1250	3	1875	23	14375
9	9000	4	4000	1	1000	2	2000	2	2000	4	4000	37	37000
	142689.8		73735.2		89736.0		194193.0		83471.0		104523.0		926748.6
	18549.7		9585.6		11665.7		25245.1		10851.2		13588.0		120477.3
	161239.5		83320.8		101401.7		219438.1		94322.2		118111.0		1047225.9



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