Integrated development of Health, Education, Environment and Culture in the Himalayan region of Solukhumbu district



ANNUAL PROGRESS REPORT 2017/18

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HTN supports and coordinates with the government mechanisms at the local level for the promotion of education and health through its district coordinator. Special recognition goes to the District Administration Office, District Coordination Committee, Solu Dhudkunda Municipality, Khumbu Pasang Lhamu Rural Municipality, Mahakulung Rural Municipality, Likhu-Pike Rural Municipality and other respective municipalities for their support and cooperation.

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Grants from Sir Edmund Hillary Stiftung (SEHS) of Germany goes to Phaplu Hospital, Bung and Salyan Health clinics in Solu in the form of medicine, subsidies and incentives to doctors and other technical and administrative staff. SEHS has also supported Phaplu hospital to build maternity ward. Their support to Phaplu hospital continues through an agreement with the hospital development board with an aim to provide better services from Phaplu Hospital in Solukhumbu district. SEHS Germany has also provided a grant to build Monju Community Hall, rebuilding earthquake damaged schools and funding for two students to pursue a bachelor's degree under "Louise and Belinda Hillary Memorial Scholarship" scheme. Thanks to Chairperson Ingrid Versen, Deputy Chair Manfred Haupl and its Board Members in Germany who have continuously helped to raise fund for Phaplu Hospital and people of Solukhumbu.

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The Himalayan Trust Nepal is extremely grateful and indebted to all above donors who have contributed immensely to schools, scholarship programs, hospitals, health clinics and community projects in the Everest region of Solukhumbu district, Nepal.

Himalayan Trust Nepal highly appreciates the supports of Benoit Chamoux Foundation and its board of directors for their humanitarian assistance to semi-orphan children of mountain disaster victims for their school and college level education. Through this foundation, more than 35 children have received the scholarship in reputed schools of Kathmandu. Special mention goes to Mrs. Fabienne Clauss, the spiritual mother of the BCF children and founder of the organization. She remains in regular contact with the children and tracks their progress and successes. Himalayan Trust New Zealand, American Himalayan Foundation, Himalayan Trust UK have also supported schooling of 2014 Mt. Everest avalanche victims' children (MDRES) from grade 1 – 12 through Himalayan Trust Nepal with mutual understanding between Himalayan Trust Nepal and Nepal Mountaineering Association. The Himalayan Trust Nepal plays bridging role between the schools and above organizations for monitoring, counselling, and overseeing academic progress of children.

Naulekh Foundation has been supporting Poyan Basic School and a village health clinic in Poyan village. After the completion of primary level education from Poyan School, students are sent to Chaurikharka High School. The Foundation supports for the living costs of Poyan village students at Chaurikharka High School. HTN highly appreciates the support of Chairwoman Mrs. Ursula Heuscher, board members Werner Heuscher and Werne Luthy to the students of this remote mountain villages.

The Himalayan Trust Nepal is highly indebted to the Grand Circle Foundation (GCF) of USA for their continued support in teacher training programme, REDSS Project and School WaSH Project in Pelmang, Chheskam and Bung schools. HTN extends its sincere appreciation to the board of directors of GCF for their continued support to the people of Solukhumbu through HTN.

The HTN also highly values the support of The Greater Himalayas Foundation (TGHF) USA for their support in education programme of HTN. TGHF have been supporting computer and Sherpa language teachers' salary, scholarship and Khumjung School rebuilding projects. Chairperson Mrs. Phurba Sona Sherpa and its board members deserve special thanks.

Himalayan Trust Nepal expresses its sincere gratitude to the following donors for their generous support to rebuild earthquake-damaged Solukhumbu Schools (REDSS) Project:

- 1) Himalayan Trust New Zealand (HTNZ)
- 2) Himalayan Trust UK (HTUK)
- 3) The Sir Edmund Hillary Foundation (SEHF)-Canada
- 4) The Peter Cundil Foundation Canada
- 5) Grand Circle Foundation-USA
- 6) BergretterHelfenIm Himalaya-Austria
- 7) The Greater Himalayas Foundation-USA

- 8) Association of Ventus Spei-Switzerland
- 9) Sir Edmund Hillary-Stiftung Deutshlande.V.-Germany
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- 11) Shanan Miller Saver UK and
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Mr. Mahendra Bahadur Kathet, Mr. Isworman Rai and Mr. Bishnu Rayamajhi teacher trainers of the HTN have been delivering School-Based Teacher Training Programme (SBTTP) in 11 schools under Kharikhola, Juving and Takshindo High School clusters. They have been coordinating with the respective local government authorities, school management committees, parents and teachers' association and stakeholders to improve the learning achievements of primary level students. Thanks go to HTN trainers for their hard work in the field.

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We would also like to acknowledge the active support of all executive as well as general members of the Himalayan Trust Nepal for giving much of their time to the affairs of the institution and for setting up future guidelines for the welfare of the community of Solukhumbu in keeping with the path set by Sir Edmund Hillary.

Himalayan Trust Nepal family is extremely thankful to Ms. Lisa Choegyal, Honorary Consul of New Zealand to Nepal for her active and continued cooperation.

HTN expresses heartfelt thanks to Mr. Pasang Lama Sherpa for his decades of service to Himalayan Trust. Thanks go to Mr. Satyaman Lama EPM of REDSS Project, his team and Mrs. Phuli Sherpa for their remarkable service to HTN.

Finally, the HTN expresses its heartfelt gratitude to all its overseas well-wishers, friends, donors and foundations for their generous support during the earthquake in Nepal.

Mingma Norbu Sherpa, PhD Chief Executive Officer Himalayan Trust Nepal

Pasang Dawa Sherpa Chairman Himalayan Trust Nepal

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LIST OF ABBREVIATIONS

AHF	American Himalayan Foundation
AGM	Annual General Meeting
BCF	Benoit Chamoux Foundation
CEO	Chief Executive Officer
FAO	Finance and Admin Officer
FSNT	Forgotten Sherpas of Nepal Trust
GHF	Grand Circle Foundation
GPA	Grade Percent Average
HTN	Himalayan Trust Nepal
HTNZ	Himalayan Trust New Zealand
HTUK	Himalayan Trust United Kingdom
KSAA	Khumjung School Alumni Association
MJESF	Mahindra Jyoti Ex-Students Forum
MSMT	Medical Service Management Trust
NZMFAT	New Zealand Ministry of Foreign Affairs and Trade
PLRM	Pasang Lhamu Rural Municipality
PO	Program Officer
REDSS	Rebuild Earthquake Damaged Solukhumbu Schools
SBTTP	School Based Teacher Training Program
SEHF	Sir Edmund Hillary Foundation, Canada
SEHS	Sir Edmund Hillary Stiftung, Germany
SWC	Social Welfare Council
SYT	Sherwi Yondhen Tshokpa
TGHF	The Greater Himalayas Foundation

Map of Solukhumbu Restructured Under Federalism



Solukhumbu District Map Indicating 1 Municipality and 7 Rural Municipalities

EXECUTIVE SUMMARY

The fiscal year 2017/18 has been one of the most successful years in the history of Himalayan Trust as it could achieve many milestone changes. Apart from regular operation and management of its ongoing projects such as Kunde and Phaplu hospital and Khumjung Schools, Himalayan Trust Nepal could complete the Rebuilding of Earthquake Damaged Solukhumbu School (REDSS) Project and obtain project completion certificate from the government of Nepal. HTN could help to furnish eight schools rebuilt under REDSS Project with child-friendly furniture. Some of the new interventions like building of gender friendly toilets with flush water system in Khumjung Secondary School with the funding from Sir Edmund Hillary Foundation Canada/The Peter Cundil Foundation Canada and implementation of School Water, Hygiene and Sanitation Project in Bung, Pelmang and Chheskam Schools with financial assistance of Grand Circle Foundation USA are a few of the new undertakings. Smooth implementation of School-Based Teachers Training Programme (SBTTP) in 11 schools of Kharikhola, Juving and Takshindo High School clusters is progressing remarkably. School-based teachers training through Himalayan Trust Nepal's trainers and exchange visit and training of teachers in Little Angels and Solukhumbu schools are building the skills and motivation of local teachers.

In terms of institutional development, Himalayan Trust Nepal could recruit a new Chief Executive Officer (CEO), as a successor of Mr. Pasang Lama Sherpa, Ms. Pema Diki Sherpa as an Admin Assistant, Mr. Bidur Mukhiya (Sunuwar) and Mr. Janak Bahadur Thapa as a S-WaSH Project Coordinator and Social Mobilizer respectively.

HTN could also hire Mr. Lhakpa Tenji Lama as a consultant to prepare Kunde hospital strategic plan in May 2018, made a two-week-long field visit for community consultation workshop and draft the 10 year's strategic plan.

Himalayan Trust Nepal could meet many important and high-level officials and delegates from New Zealand High Commissioner, New Delhi, Himalayan Trust New Zealand, American Himalayan Foundation USA, Sir Edmund Hillary Stiftung Germany, Himalayan Trust UK, Benoit Chamoux Foundation France, Poyan Foundation Switzerland, Professors from Lincoln University New Zealand and Professor Jim Fisher from USA are just to name a few. Meeting with all the supporting and implementing partners of HTN to share and exchange ideas and progress strengthened institutional relations and partnership for future collaboration and cooperation.

The new CEO along with its board members and staff made regular planning and monitoring visits to field project sites such as Bung, Chheskam, Sotang and Khumbu region within the last six months. HTN's chairperson and treasurer could also make field visits to Khumjung school and Kunde hospital in 2017/18. The field visits have been effective for planning, observation, monitoring and evaluation of HTN's work progress and identify the real needs of community and stakeholders.

Chapter-1

BACKGROUND

1.1 Introduction

Himalayan Trust Nepal (HTN) implemented various programme activities on health, education and culture in the fiscal year 2017/18. The year marked one of the successful years as the organization accomplished some of the milestone projects such as Rebuilding Earthquake Damaged Solukhumbu School Project (REDSS) and furnished the classrooms with child-friendly desk and bench in eight schools. HTN could continue its long-term ongoing projects such as operation and management of Kunde Hospital, financial support to Phaplu hospital and various clinics, successful implementation of School-Based Teachers' Training Programme (SBTTP) and scholarship programme. The organization could also remarkably progress on computer lab establishment in 6 high schools of Solukhumbu in partnership with Edu-Tech Nepal and respective School Management Committees (SMCs). HTN could also secure fund and launch a new project such as School WaSH Project at Bung, Pelmang and Chheskam Schools. HTN could also commission a field study and planning mission team to Kunde Hospital and its outreach clinics to prepare its 10-year strategic plan.

In terms of organizational management and governance, HTN could appoint a new Chief Executive Officer, Administrative Assistant, S-WaSH Project Coordinator and Social Mobilizer within the fiscal year. Most importantly, the new management and governance body could meet many of its donors and strengthen institutional relations. The body could also approach some of the new donors and supporters and strengthen its programme activities in the neighboring district of Okhaldhunga.

HTN's board members and staff personnel remained busy in planning, implementing and monitoring its annual programme activities in the Solukhumbu district. This annual report summarizes achievements of various outputs in the year to inform its target beneficiaries, donor community, government line agencies and concerned stakeholders. The report analyzes what went on well and what did not go on well and why?

1.2 Objectives

The overall objective of the Annual Progress Report is shared its annual progress achievements to its board, honorary and general members, donors, implementing partners, government agencies, beneficiaries and wider stakeholders and seek feedbacks for improvement of the Trust's programmes.

1.3 Presentation of Report

The overall progress achievement of the fiscal year 2017/18 has been presented in five different chapters. Chapter one contains the introduction, objectives and presentation structure of the report.

Chapter two describes education programme with details of background, objectives, details of various educational activities undertaken in the fiscal year with achievements.

Similarly, chapter three describes health programme, with background, objectives, description of various activities implemented in the last fiscal year with achievements.

Chapter four provides information about progress on cultural programme activities in the same format as other chapters. Chapter five is about the management and governance of the organization. It provides the description of various activities undertaken in terms of organizational management and governance. It is followed by the conclusion of the report. Chapter-2

EDUCATION PROGRAMME

2.1 Background

Education is one of the major programmes of Himalayan Trust Nepal. The history of Himalayan Trust's education project dates back to the 1960s with the building of its first school in Khumjung village. Sir Ed himself built more than 27 schools throughout Solukhumbu district through Himalayan Trust and continued to support them. Today, there are over 60 schools established in the same region. With the objective to provide equal and quality education in the same area, HTN has taken the responsibility to support all these 60 schools. HTN aims to improve the quality of local-school education and reduce the number of out-migrating students, promote local teachers and develop child-friendly education system. HTN's area of intervention in the education sector includes rebuilding of earthquake-damaged schools, repairing and maintaining facilities in schools; operating schools in child friendly environment and improving the quality of education to work in different sectors including teaching job at local schools; increasing the rate of students' learning achievement; managing and operating ECED classrooms effectively; empowering school management committees and parents in governance and decision-making processes.

2.2 **Objectives**

- To provide additional teacher support to community schools of Solukhumbu.
- To provide quality education to the students enrolled in community schools of Solukhumbu through School-Based Teachers Training Programme.
- To provide teaching material support to 60 community schools for encouraging students to join schools.
- Support to build earthquake-resistant classrooms with child-friendly furniture.
- To create a child center teaching and learning environment.

2.3 Activities (Inputs)

There are more than eight different components of activities implemented under the education program in the fiscal year 2017/18. They are basically teachers support in 10 schools, teaching materials support in 60 schools, child-friendly classroom furniture support in 8 schools, School-Based Teacher Training Program in 11 schools, Scholarships, career counseling for SEE graduates of Khumjung, Chaurikharka and Kharikhola high schools; School WaSh projects in Bung, Pelmang and Chheskam schools; establishment of computer labs in 7 schools and rebuild updates. Further details about these activities are briefly presented under the following sub-headings:

2.3.1 Teaching Materials Support

Himalayan Trust has been supporting teaching and learning materials such as stationeries, sports materials and musical instruments to schools of Solukhumbu since 1986. The intention behind this support was to encourage more students to join the school and help parents reduce their financial burden. This programme was started by Sir Edmund Hillary himself. The teaching material support program was expanded to 63 schools after the Himalayan Trust initiated its Primary Teacher Training Program from 1998 to 2004. The teaching materials support programme has been effective throughout the district.

Himalayan Trust Nepal is gradually phasing out its teaching material support program. Since HTNZ conducted its education programme evaluation in 2015 and advised that teaching material support project has to be phased out and provide support in different forms, HTN has reduced the support by 25 percent every year. The teaching material support project will be totally phased out in 2019. However, there are strong demands from parents and schools of the less tourism-developed areas. HTN is intending to continue this programme at least to some of the remote and backward areas.

2.3.2 Computer Labs Support in Solukhumbu Schools



Edu-Tech Nepal, HTN and the School Management Committee (SMC) have agreed for establishing a computer lab as shown in the picture in seven different high schools with the aim of providing computer-based education and skills in the modern and techsavvy world of the present day. Edu-Tech Nepal is responsible for providing the computers which includes 20 computers in each lab. HTN is responsible for the transportation and coordination and the SMC is to pay for furnishing, painting and carpeting the lab.

2.3.3 School WaSH and Rebuild Updates

Water, sanitation and hygiene (WaSH) are the fundamental aspects of a good school environment. Adequate provision of clean water supply; gender-friendly, inclusive sanitation and good hygiene practices in schools reduce cases of hygiene-related diseases; increase students' attendance and learning achievement; and contribute to dignity, inclusion, and equity. The 2017 HTN needs-assessment survey shows that community schools located in the remote mountain region of Solukhumbu district still lack resources, knowledge and capacity to build, operate and maintain Water, Sanitation and Hygiene (WaSH) facilities. Therefore, HTN has designed a two-year school WaSH programme to sustainably improve access to safe, sufficient water; adequate, inclusive sanitation facilities; and promote good hygiene practices to improve learning environments and educational performances. The first project of this nature integrated by hardware and software components has been implemented in three community schools, namely 1) Chheskam Secondary School, Chheskam, (2) Bung Secondary School, Bung and (3) Pelmang Basic School, Pelmang and continues to support the WASH project. The hardware part includes construction of drinking water supply, gender-friendly toilets and water filtration system. The software component includes training, orientation, capacity building and institutionalization of WaSH system in creating a child-friendly learning environment.

Even though Khumjung School is the first school of Himalayan Trust, it did not have a genderfriendly toilet with the flush water system. This is because there was no reliable water supply in the past. But now, since the last two years, the village has been well sourced with good drinking water supply. Therefore, HTN, in coordination with the School Management Committee (SMC), decided to build the gender-friendly toilets. The funding for this model toilet was available from Sir Edmund Hillary Foundation of Canada. The toilet construction project was completed in June 2018 and handed over to the SMC by the CEO Dr. Mingma Norbu Sherpa of Himalayan Trust Nepal and the School Reconstruction Committee Chairperson Mr. Ang Tashi Sherpa to the SMC Chairperson Mr. Chheme Tshering Sherpa on the 30th of June, 2018.

REDSS Project

Within 2017, HTN successfully completed the rebuilding of 70 classrooms in 15 schools, which were damaged by the earthquakes of 2015, through Rebuild Earthquake Damaged Solukhumbu Schools (REDSS) Project. The two year's project was formulated to support the community schools to build back better earthquake-resistant school buildings in Solukhumbu district. HTN was successful in accomplishing the REDSS Project within the stipulated time-frame and it received the project completion certificate from the Government of Nepal. The school blocks handover ceremony of the year II schools took place in December 2017. HTN board members and staff, along with the School Reconstruction Committees, handed over 5 classroom blocks of Khumjung High School, 6 classroom blocks of Thame Basic School, 2 classroom blocks of Buddhi Bikash Basic School, Solabar; 4 classroom blocks of Buksa Basic School, 4 classroom blocks of Dudhkoshi Basic School, Bumburi; 3 classroom blocks of Pelmang Basic School, Pelmang within 2017. The accounts of all school blocks



Gender-friendly toilet in Khumjung Secondary School



Ladies urinal toilet

were presented in a public gathering and social audits were conducted. The Right Honourable Vice President of Nepal Mr. Nanda Bahadur Pun graciously inaugurated the ceremony of handing over school blocks of Khumjung School on December 1, 2017. The function was attended by the Chairperson Mr. Pasang Dawa Sherpa and Chief Executive Officer Dr. Mingma Norbu Sherpa, along



RT. Honorable President Nanda Bahadur Pun with his Spouse on the left, HTN Chairman Mr.Pasang Dawa Sherpa, Khumjung School Headmaster Mr.Shambu Prasad Bastola and Ward Chairperson Mr.Laxman Sherpa Adhikari

with Mr. Baween Tandukar, Ang Rinji Sherpa and Bidur Mukhiya Sunuwar of Himalayan Trust Nepal. More than 400 stakeholders from Solukhumbu region attended the ceremony. Mr. Pasang Dawa Sherpa and Mr. Baween Raj Tandukar attended the 6 classroom blocks hand over programme to Thame while Dr. Mingma Norbu Sherpa, Mr. Ang Rinji Sherpa and Mr. Bidur Mukhiya Sunuwar visited Phortse to handover the two-3rd classroom block on December 2017. Similarly,

Mr. Thukten Sherpa and Mr. Pertemba Sherpa and EPM Mr. Satyaman Lama visited Buksa, Bumburi, Solaban and Pelmang Basic Schools and handed over the school blocks to the respective communities.

Monju Community Hall Construction Project

The Monju Community Hall construction project was delayed since the construction materials were stranded at Takshindu after the Manang Helicopter Company's chopper crashed in 2017. A total of 9285 kilograms of construction material was airlifted by Shree Kailash Air helicopters in May 2018. The construction materials have reached the construction site and the foundation of the building has



Monju Community Hall Construction Site

been prepared. The construction will further take shape after the technicians from Arati Company go there and fix the metal truss. The project is intended to be completed within 2018 and is expected to be inaugurated in March 2019 by its donor, Sir Edmund Hillary Stiftung Germany.

2.3.4 Child-Friendly Classroom Furniture

After the successful completion of classrooms through the REDSS Project, there was a necessity felt for having child-friendly furniture in those classrooms. In order to meet the current needs of school furniture, the schools rebuilt by the REDSS project requested HTN to support for child-friendly classroom furniture. After collecting petitions, our field-based staff have conducted a need assessment of the furniture condition of eight schools. All these schools were selected to be furnished with new desks, benches, carpets and cushions for the grades from Early Childhood Development (ECD) to five.



Child-friendly furniture (low desk, carpet and cushion in Pelmang Basic School

For the procurement of the furniture, the Himalayan Trust Nepal announced the procurement tender notice in Gorkhapatra National Daily on the 28th of March, 2018 for submitting sealed bids. Gorakkali Kastha Udyog of Solukhumbu got the contract and completed the furniture project within July 2018. The furniture has been handed over to five schools through HTN's District Coordinator Mr. Nava Bahadur Bhujel. The furniture of Khumjung and Thame schools will be airlifted once the flight from Phaplu is available.

2.3.5 Teachers Support

After the successful celebration of the 50th anniversary of Khumjung Secondary School, the SMC and local stakeholder decided to start teaching in english medium in Khumjung and its feeder schools, namely Phortse, Pangboche, Thame and Namche in 2011. Likewise, English-medium based teaching was introduced in seven schools of the Pharak region in 2012 under Mahendra Jyoti Secondary School cluster. Therefore, to implement this decision and improve the quality of education in



Khumbu schools, HTN decided to provide teachers support to teach major subjects like English, Science, Social Studies and Math in the English medium. HTN, with the financial assistance of American Himalayan Foundation, Himalayan Trust New Zealand, Himalayan Trust UK and The Greater Himalayas Foundation, supported eight schools with twenty teachers.

The English medium-based teaching in the eleven of the Khumbu schools have been highly successful as the last two badges of SEE graduates of Khumjung and Chaurikharka schools secured higher GPA than in the previous years. The Khumbu SEE graduates were also successful in getting admission in English medium colleges in Kathmandu and were able to cope up with English medium teaching.

2.3.6 School-Based Teacher Training Program (SBTTP)

School-Based Teacher Training Programme is a three-year programme of Himalayan Trust Nepal initiated in 2016 with the funding from Himalayan Trust New Zealand. This programme has been launched in 11 basic-level schools of Solukhumbu (at Taksindu, Chulemu, Hewa, Phuleli, Juving, Hattemu, Dipjyoti, Kharikhola, Bumburi, Mera, and Buksa community schools). This training has



been designed with a child-centred teaching method. The training has directly benefited 62 teachers (34 males and 27 females), 428 students (211 males and 217 females) and 254 parents (97 males and 157 females).

The training has been considered effective by the beneficiaries as it is different from the previous ones. This training is effective as it involves practical skills and is job-oriented. The HTN trainers work along with the respective teachers and develop child-centred teaching materials, prepare lesson plans by using local teaching materials, conduct meeting with parents and stakeholders to improve the literacy rates of children.

2.3.7 Scholarships

Himalayan Trust Nepal provides various scholarships to more than 43 students annually to pursue higher studies after their successful completion of secondary school level education from the Solukhumbu district. Currently, more than 152 students are studying in Nepal and abroad on various streams. The scholarships have enabled many students from the remote mountain villages to achieve higher



education and has been successful in producing medical doctors, environmentalists, engineers, teachers, nurses, leaders, successful business entrepreneurs and many professionals over the years. Certain numbers of scholarships are reserved for students who are interested in technical and vocational education. These skills are important to provide the opportunities of easy employment for the students and also to meet the service requirement of the local community.

The main goal of the scholarship program is to support students in pursuing higher education in different fields of study after completion of their secondary school-level education. Similarly, the research fellowship is to stimulate the scholars to conduct research on relevant topics such as partial fulfillment of their course of study. The specific objectives to achieve the above goals are as follows:

- To provide partial scholarship grants to the student to complete their higher education
- To encourage students to develop their future careers to fulfill the job demand in the Solukhumbu region
- To encourage students to conduct a field study in Solukhumbu as partial fulfillment of their academic degree

The recent value of the scholarship does not cover all the educational expenses of the students but it does help to cover the cost of tuition and books in colleges. The rest is covered by their parents. HTN has been providing various scholarships under the financial support of the following organizations:

- 1. Himalayan Trust New Zealand General and Sir Edmund Hillary Memorial Scholarship
- 2. American Himalayan Foundation Mountain Disaster Relief Education Scholarship (MDRES)
- 3. Sir Edmund Hillary Foundation Canada Medical Scholarship
- 4. Hillary Foundation USA
- 5. Benoit Chamoux Foundation France MDRES
- 6. The Greater Himalayas Foundation USA
- 7. Himalayan Trust UK MDRES
- 8. Sir Edmund Hillary Stiftung Germany Louise and Belinda Hillary Memorial Scholarship
- 9. Poyan Foundation Switzerland

2.3.8 Counseling

Himalayan Trust Nepal provides funding support to conduct a career-counseling program for the SEE graduates before they join College (10+2) every year. For that, Sherwi Yondhen Tshokpa (Khumbu Sherpa Student's Forum), Khumjung School Alumni Association and Mahendra Jyoti Ex-Student's Forum jointly conduct career counseling programme every year. The counseling methodologies help students to assess their strength



and identify their academic interests and goals and to improve their mental and emotional wellbeing. This component leads to a) better processing regarding career exploration and development b) facilitation of "who we are?" (Identification of ourselves and how we see our personal development/growth) c) clearer perception and acceptance of the self and vice versa (acquiring knowledge of self and others). Besides counseling, it is also an opportunity for students to ask questions regarding their concerns, doubts, or feasibility options in the context of their academic, personal, and professional goals. Sketching, painting, photography, sculpture, singing, writing, etc., support the process of counseling.

2.4 Accomplishments and Achievements

Himalayan Trust Nepal is proud to produce hundreds of educated, young professionals every year. HTN scholarship-recipient students are the working force of Solukhumbu and of wider Nepal today. They are transforming the lives and livelihoods of many Solukhumbu people and contributing to the national development.

Cluster Name	SN.	School Name
	1	Dudhkuna Basic School, Phaplu
	2	Phaplu Community Secondary School
	3	Chiwang Basic School
	4	Swornim Basic School
	5	Kyamje Basic School
Salleri 1 Cluster	6	Serga Bagam Basic School
	7	Jana Jagriti Basic School
	8	Dorpu Basic School
	9	Jana Jagriti Secondary School
	10	Bal Mandir Basic School
	11	Sagarmatha Secondary School
	12	Jana Sudhar Basic School, Khoria
	13	Ramailo Jyoti Basic School, Jaidu
	14	Saraswoti Basic School, Kuni Khop
	15	Manjushree Basic School, Lura
Salleri 2 Cluster	16	Tenzing Norgay Basic School, Boldo
Salien 2 Cluster	17	Phalamkhani Basic School, Tamakhani
	18	Jwalamai Basic School, tamakhani
	19	PK Secondary School, Loding
	20	Goli Gyapchuka Basic School
	21	Lumu Karma Basic School, Goli

List of Schools getting Teaching materials support

	22	Junbesi Secondary School			
	23	Himalayan Sherpa Buddhist Basic School, Phungboche			
	24	Mopung Basic School			
	25	Tumbuk Basic School			
Junbesi Cluster	26	Salabesi Basic School			
	27	Beni Basic School			
	28	Namo Buddha Basic School, Phera			
	29	Seti Devi Basic School			
	30	Chandrajyoti Secondary School			
	31	Taksindu Secondary School, Nunthala			
	32	Saraswoti Basic School, Fuleli			
	33	Ringmu Basic School			
	34	Bal Bikash Basic School, Chhulemu			
Taksindu Cluster	35	Dudhkunda Basic School, Hewa			
	36	Babu Chhiri Basic School, Sat			
	37	Suryodaya Basic School, Chhaga			
	38	Deku Basic School, Deku			
	39	Kharikhola Secondary School			
	40	Juving Secondary School			
	41	Dudhkoshi Basic School, Bumburi			
	42	Buddhibikash Basic School, Solaban			
Kharikhola Cluster	43	Buksa Basic School, Buksa			
Knariknoia Ciuster	44	Janakalyan Basic School, Hatemu			
	45	Dipjyoti Basic School, Didam			
	46	Mera Basic School, Kopra			
	47	Inkhu Basic School, Sibuche			
	48	Pankonija Basic School, Pabgoom			
	49	Khumjung Secondary School, Khumjung			
	50	Pangboche Basic School, Pangboche			
Khumjung Cluster	51	Phortse Basic School, Phortse			
	52	Thame Basic School, Thame			
	53	Himalaya Basic School, Namche			
	54	Mahendra Jyoti Secondary School, Chaurikharka			
	55	Janasewa Basic School, Sanogumela			
	56	Yubabarsa Basic School, Monjo			
Chaurikharka Cluster	57	Lukla Basic School, Lukla			
	58	Pema Chholing Basic School, Ghat			
	59	Sagarmatha Basic School, Surke			
	60	Naulekh Basic School, Poiyan			

Name list of School Getting Computer Lab

SN.	School Name	Address
1	Shree Jana Jagriti Secondary School	Salleri
2	Shree Birendra Jyoti School	Sotang
3	Shree Kharikhola Secondary School	Kharikhola
4	Shree Janata Secondary School	Lokhim
5	Shree Khumjung Secondary School	Khumjung
6	Shree Lukla Basic School	Lukla
7	Shree Juving Secondary School	Juving

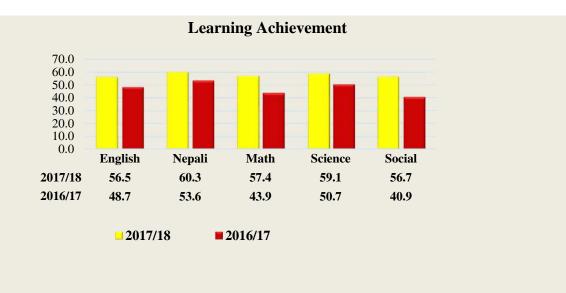
S.N.	TEACHER'S NAME	QUALIFI- CATION	SCHOOL	SUBJECT	SUPPORTED BY
1	Ashik Baraili	10+2	Himalayan Basic School	Math	Himalayan Trust NZ
2	Sonam Dolma Sherpa	10+2	Phortse Basic School	Social	Himalayan Trust NZ
3	Sher Kumar Rai	Bachelor in Arts	Khumjung Secondary School	Arts	Himalayan Trust NZ
4	Rabindra Ghimire	Master in Science	Khumjung Secondary School	Science	Himalayan Trust NZ
5	Mingma Nuru Sherpa	Sherpa culture	Khumjung Secondary School	Sherpa Language	Himalayan Trust NZ
6	Kami Doma Sherpa	10+2	Thame Basic School	English	Himalayan Trust NZ
7	Lhakpa Rita Sherpa	10+2	Thame Basic School	Science	Himalayan Trust NZ
8	Phurba Tashi Sherpa	10+2	Himalayan Basic School	Science	Himalayan Trust NZ
9	Ngawang Doma Sherpa	10+2	Yuva Barsa Basic School	English	Himalayan Trust NZ
10	Ranjit Bal	Bachelor in Arts	Khumjung Secondary School	Social	Greater Himalayas Foundation
11	Prakash Pahadi	Master in Tourism	Kharikhola Secondary School	Tourism	Himalayan Trust NZ
12	Tila Bahadur BK.	10+2	Khumjung Secondary School	Computer	Himalayan Trust NZ
13	Pasang Doma Sherpa	10+2	Khumjung Secondary School	ECED	Himalayan Trust NZ
14	Chhuldim Dorji Sherpa	Bachelor in Science	Khumjung Secondary School	Math	Himalayan Trust NZ
15	Dillisher Tamang	10+2	Janasewa Basic School	Math	Himalayan Trust NZ
16	Phura Lhamu Sherpa	10+2	Janasewa Basic School	Science	Himalayan Trust NZ
17	Pasang Lama	Sherpa Culture	Junbesi Secondary School	Sherpa Language	Himalayan Trust NZ
18	Prakash Karki	Bachelor in Science	Lukla Basic School	Science	Himalayan Trust NZ
19	Sher bahadur Rai	Master in. Education	Mahendra Jyoti S. School	Economics	Himalayan Trust UK
20	Pasang Sherpa	Sherpa Culture	Mahendra Jyoti S. School	Sherpa Language	Himalayan Trust UK
21	Nam Hang Nembang	Bachelor in Science	Mahendra Jyoti S. School	Science	Himalayan Trust UK
22	Pasang Dawa Sherpa	10+2	Yuva Barsa Basic School	English	Rotary Club Koblenz Dt. Eck, Germany

Himalayan Trust Nepal Child-Friendly Furniture Support 2018

SN	School	Address	EC ED-2	Grade 3-5		Cushi	Carpet	Date of	Remarks/ distributed
	Name		Low Desk	Desk	Bench	on		Hando ver	at sallery
1	Junbesi Secondary School	Soluduhkunda MP- 2	10	16	16	32	36.78 m ²	25 May 18	
2	Pike	Solududhkunda	10	12	12	24	36.78	22	

	Secondary School	MP-3					m ²	May 18	
3	Goli Basic School	Likhupike RM-1, Gepchuka	8	10	10	14	36.78 m ²		17-Jul-18
4	Pelmang Basic School	Mahakulung Rm 2	30	0	0	70	36.78 m ²	5 Jun 18	
5	Buddibikas Basic School	Mapya Dudhkoshi RM-7	10	10	10	20	36.78 m ²	14 Jul 18	
6	Chomolongma Basic School	Mahakulung Rm 2	4	0	0	0	0		16-Aug-18
7	Jwalamai Basic School	Soluduhkunda MP- 3	3	0	0	0	0		31-Jul-18
8	Duddhkoshi Basic School	Mapya Dudhkoshi RM-1	12	13	13	20	36.78 m ²	15 Jun 18	
9	Phorche Basic School	KPLRM-4, Phorche	2	0	0	0	0		8-Jul-18
10	Thame Basic School, KPLRM-5	KPLRM-5, Thame	3	4	4	0	0		8-Jul-18
11	Khumjung Secondary School	Khumbu Pasang Lhamu RM-4	0	40	40	0	0		8-Jul-18
		Total	92	105	105	180	930 m ²		

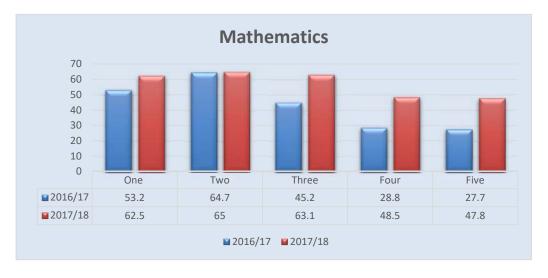
The detail Subject and class wise learning achievements of SBTTP

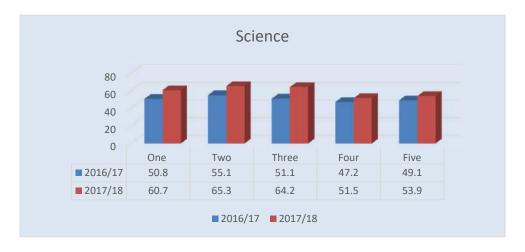




Subject and class wise achievement (comparison with the base line) of SBTTP

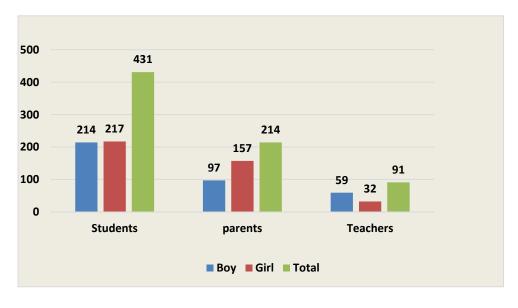








Involvement of students, teachers, parents in relation to male and female in the SBTT Programme



S.N.	Name of School		o. of Stud (Grade 1-		Parents SMC/PTA			Teachers		
		Male	Female	Total	Male	Female	Total	Male	Female	Total
1	Takshindu Sec. School	40	29	69	12	21	33	12	3	15
2	Phuleli Basic School	33	25	58	14	22	36	2	4	6
3	Deepjyoti Basic School	14	16	30	7	14	21	2	4	6
4	Juving Sec. School	13	25	38	13	18	31	10	4	14
5	Hatemu Basic School	16	16	32	25	9	34	3	2	5
6	Chhulemu Basic School	12	8	20	2	9	11	3	2	5
7	Hewa Basic School	6	7	13	0	6	6	2	1	3
8	Buksa Basic School	19	9	28	9	11	20	5	4	9
9	Kharikhola Sec. School	27	50	77	8	26	34	14	3	17
10	Bumburi Basic School	25	23	48	7	21	28	5	3	8
11	Mera Basic School	9	9	18				1	2	3

Attendance of the parents' workshop and interaction programme

Total Students Supported by Himalayan Trust New Zealand

SN	Particulars	No. of Students	Female	Male
1	General +2 Students	21	9	12
2	General +2 Students (New)	20	10	10
3	General Bachelor Students	12	5	7
4	General Master Students	2	2	0
5	SEHM +2 Students	19	10	9
6	SEHM +2 Students (New)	21	14	7
7	SEHM Bachelor Students	8	4	4
8	MDRES Students	4	1	3
	Total	107	55	52

Total Students Supported by American Himalayan Foundation, USA

SN	Particulars	No. of Students	Female	Male
1	MDRES Students	3	1	2
	Total	3	1	2

Total Students Supported by Sir Edmund Hillary Foundation, Canada

SN	Particulars	No. of Students	Female	Male	
1	Bachelor Level (MBBS)	1	0	1	
	Total	1	0	1	

Total Students Supported by Hillary Foundation, USA

SN		Particulars	No. of Students	Female	Male
	1	10+2 Level Students	3	0	3
		Total	3	0	3

SN	Particulars	No. of Students	Female	Male						
1	School Level Students	6	1	5						
2	10+2 Level Students	3	1	2						
3	Bachelor Level Students	7	4	3						
	Total	16	6	10						

Total Students Supported by Greater Himalayas Foundation, USA

SN	Particulars	Particulars No. of Students Female		Male
1	10+2 Level Students	2	0	2
2	Bachelor level Students	2	0	2
3	Master Level Students	1	0	1
	Total	5	0	5

Total Students Supported by Himalayan Trust UK

SN	Particulars	No. of Students	Female	Male
1	10+2 Level Students	5	2	3
	Total	5	2	3

Total Students Supported by Sir Edmund Hillary Stiftung, Germany

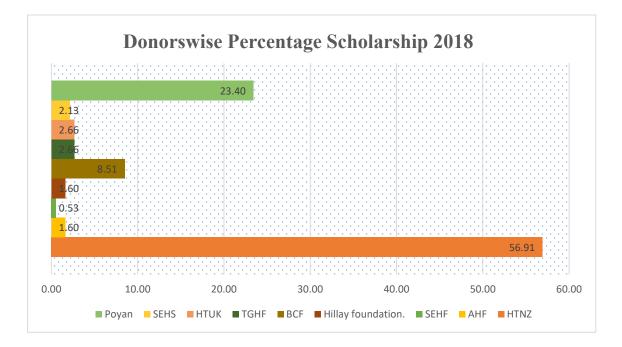
SN	Particulars	No. of Students	Female	Male
1	Bachelor Level Students	4	3	1
	Total	4	3	1

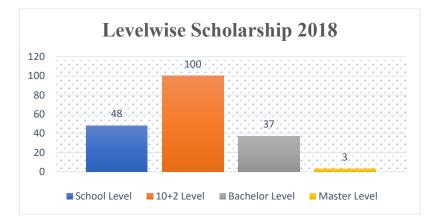
Total Students Supported by Poyan Foundation, Switzerland

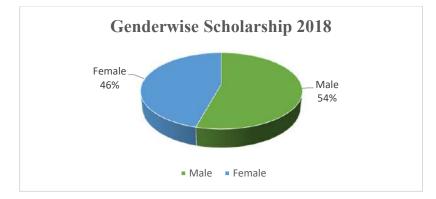
SN	Particulars	No. of Students	Female	Male
1	School Level Students	35	15	20
2	10+2 Level Students	6	2	4
3	Bachelor Level Students	3	2	1
	Total	44	19	25

Total Number of Scholarship provided by Himalayan Trust Nepal

SN	Supported by	Total	Male	Female
1	Himalayan Trust New Zealand	107	52	55
2	American Himalayan Foundation	3	2	1
3	Sir Edmund Hillary Foundation, Canada	1	1	0
4	Hillary Foundation, USA	3	3	0
5	Benoit Chamoux Foundation	16	10	6
6	Greater Himalayas Foundation, USA	5	5	0
7	Himalayan Trust UK	5	3	2
8	Sir Edmund Hillary Stiftung, Germany	4	1	3
9	Poyan Foundation, Switzerland	44	25	19
	Total	188	102	86







Chapter-3

HEALTH PROGRAMME

3.1 Introduction

Health sector has been one of the major programmes of Himalayan Trust since its inception in the 1960s. Health Programme was initiated by Sir Edmund Hillary in the Khumbu region to address some of the endemic health issues such as goiter and to provide primary health care service to local people. To fulfill this requirement, Kunde Hospital was built in 1966. The hospital was operated by the New Zealand and Canadian volunteer-doctors up until 2005 and was replaced by local doctors since then. Currently, Dr. Kami Temba and Dr. Mingma Kanchi Sherpa, along with a team consisting of nurses, a community-medicine assistant, a lab technician and a maintainer manage the hospital in a very professional manner.

Kunde Hospital is located in the Kunde village in the Khumbu Pasang Lhamu Rural Municipality, ward no. 4 of Solukhumbu district, Nepal. It has expanded its services in Thame, Phortse and Monju villages apart from Kunde Hospital. Kunde Hospital has been managing three clinics in these villages. The hospital and its peripheral outreach clinics are entirely funded by Sir Edmund Foundation of Canada for the last 45 years. The hospital has provided high-quality health care services to the local community as well as visitors in the region for nearly five decades.

The hospital serves the communities of the Khumbu region in particular. The area is in a very remote mountainous region of Solukhumbu district that extends from an altitude of 2800 meters to 4300 meters from sea level. Historically, the largest population group in the area has been Sherpa. More recently, other ethnic groups have moved into the area, largely in the employ of the Nepal Government in services and in tourism, such as tea shops and lodges. In the addition, thousands of trekkers and a large number of seasonal workers (porters and guides) also visit the area in trekking season. More than 7000 local people and international visitors get free medical service with 24 hours' service.

Phaplu Hospital is located in Solu Dudhkunda Municipality. The objective was to provide medical services to the population of southern part of Solukhumbu district. On completion of the building, the hospital was staffed by New Zealand volunteer doctors and local paramedical staff. The Himalayan Trust Nepal had directly managed the hospital from 1975 to 1984.

In 1985, Himalayan Trust officially handed over Phaplu hospital to the government of Nepal and eventually it became the district hospital of Solukhumbu district. The HTN has continued its support to the hospital even after its handing over to the government. The support of the HTN to Phaplu Hospital has enabled the doctors and staff to maintain its quality medical services to the local community and also made it possible to keep the physical facilities in good order. The Sir Edmund Hillary-Stiftung Deutschland, under the Chairmanship of Mrs. Ingrid Versen, has been raising the necessary funds in Germany to support the Phaplu Hospital for many years in the past and is continuing in the same level.



3.2 Objectives

- > To provide prompt and quality medical care in the remote mountain region of Khumbu.
- > To provide public health and primary health care services within the Solukhumbu region.
- > To provide medical services to the densely-populated southern part of Solukhumbu district.
- > To generate awareness about health, hygiene and safety among the general public.

3.3 Activities (Inputs)

There are mainly six components of activities which have been implemented under the health program for this fiscal year. They are Kunde Hospital management, management of peripheral clinics, strategic planning, drugs support, incentives to Phaplu hospital and medical equipment. The brief details about the components are as follows:

3.3.1 Kunde Hospital Management

Kunde Hospital is being managed by HTN through the financial support of SEHF Canada. It includes management of staff, medical supplies, and logistical management on regular operation part. Altogether seven staff including two doctors manages the hospital on regular basis.

All the four blocks of the hospital were rebuilt after it was damaged by the 2015 earthquake. The reconstruction had been possible through the financial support of SEHF Canada, Messner Mountain Foundation and through the individual support of Professor Wolfgang Nairz of Italy. Mr. Reinhold Messner and Professor Nairz inaugurated block no. 1 and 3 on 17th of April, 2018. The inaugural function was attended by HTN chairperson Mr. Pasang Dawa Sherpa and Treasurer Mr. Thukten Sherpa and by local Sherpa community from Khumjung and Kunde.



3.3.2 Management of Peripheral Clinics



Patients waiting for health check-up at Phortse clinic on the 4th of July, 2018



Dr. Kami Temba Sherpa of Kunde Hospital and CMA Mr. Lhakpa Gyalzen Sherpa of Monju checking the patients

HTN believes that the health workers in village health clinics play a crucial role in delivering public health and primary medical service to the community where it takes several hours to reach to the nearest hospital. A doctor and a nurse from Kunde Hospital visited one of its peripheral clinics on monthly basis to provide regular on-the-job training for its health workers while organizing one-day health camp. Dr. Mingma Kanchi Sherpa and staff nurse Ms. Fura Doma Sherpa examined forty-four patients in Phortse clinic on the 4th of July, 2018. Thirty-one patients were of age above sixty and, out of them, four patients had cataract problem. Similarly, Dr. Kami Temba Sherpa and Mr. Tshering Thendu Sherpa visited Monju clinic on the 23rd of July, 2018 and examined forty-five patients. This kind of health camp by the doctors and nurse from Kunde Hospital has been found to be very helpful to the old, poor and disabled patients.

Supporting the village health workers through training and basic supplies of medicines and equipment continues to be the major responsibility and a high priority of Kunde Hospital. Kunde Hospital continues to supervise three village health clinics located in the most remote villages in the region. The village health clinics are based in Thame, Phortse, and Monju. These clinics are directly supervised by Kunde Hospital, fully funded by the SEHF Canada and managed by HTN. All outreach clinics are functioning satisfactorily.

3.3.3 Kunde Hospital Strategic Plan

Himalayan Trust Nepal and Kunde Hospital management team felt the necessity to formulate a longterm strategic plan to maintain and sustain the trademark of the hospital. The context of Khumbu has changed considerably and there are many opportunities and challenges ahead. Therefore, for the longterm sustenance of Kunde Hospital and repositioning itself in the presently changed situation, HTN initiated to prepare a ten year's strategic plan for Kunde Hospital in between June to August 2018. In the process, facilities and services of Kunde Hospital and its outreach clinics at Monju, Phortse and Thame were assessed. The Kunde Hospital Strategic Planning Process mission team comprising of CEO, Dr. Mingma Norbu Sherpa, consultant, Mr. LhakpaTenji Lama (Sherpa) and Program Officer, Mr. Dawa Tshering Sherpa made the field trip from the 26th of June to the 8th of July, 2018. A twoday long intensive-planning workshop was organized at Kunde Hospital. The workshop was attended by various stakeholders from Kunde, Khumjung, Monju, Namche and by the hospital staff. Community and stakeholders' consultation meetings were conducted at Lukla, Nachipang, Monju, Namche, Khumjung, Kunde, Phortse and Pangboche villages. The strategic plan is anticipated to guide the operation and management of the Kunde Hospital and its outreach clinics in long-run.



3.3.4 Drugs Support

Drug supply to Kunde and Phaplu hospitals and clinics at Monju, Thame, Phortse, Bung and Salyan is one of the major activities of the HTN's health programme. HTN purchases life-saving medicines in line with the allocated budget and transports them to the respective hospitals and clinics. All the medicines are purchased from Medical Service Management Trust (MSMT) in Kathmandu, where good quality medicines are found at cheap price compared to other drugs suppliers. MSMT is a nonprofit organization which supplies medicine only to non-profit making organizations.



Drug support to Phaplu hospital

3.3.5 Incentives to Phaplu Hospital Staff

Himalayan Trust Nepal provides incentives to the staff of Phaplu Hospital in line with the MoU signed with the Hospital Development Board. HTN values the hardworking staff who continuously work for the betterment of Phaplu Hospital and for giving good service to the general public. So, to acknowledge their hard work, HTN provides incentives to hospital staff with the financial support from SEHS Germany. The scheme of incentive motivates the staff to stay for a long term and the hospital's service will continue to provide medical services to the densely-populated southern parts of Solukhumbu district.

3.3.6 Medical Equipment Support

The activities denote the medical equipment support given to two hospitals, namely Kunde Hospital and Phaplu Hospital. Such activities rarely take place because the HTN-supported hospitals have a complete set of equipment, which is replaced only after it malfunctions. This year, HTN provided Rs.2,100,000 to the Phaplu Hospital to purchase medical equipment for its maternity ward. The funding was provided by SEHS, Germany. Phaplu Hospital is the core project of SESH Germany.



Opening ceremony of Phaplu Maternity Center

3.3.7 MOU with FSNT

A three year's (July 2018 to June Memorandum 2021) of Understanding between Himalayan Trust Nepal and Forgotten Sherpas of Nepal Trust New Zealand has been signed in July 2018. HTN will manage health clinics at Damar, Bhakhre and Naulidanda villages of Okhaldunga and establish a new clinic Goligepchua at in July Solukhumbu district from 2018. FSNT will provide the financial assistance, HTN will oversee the management and administration and Likhu PK Rural Municipality will provide legal and governance support.



Ms. Margaret Stocker, Ms. Collen Winnington of FSNT and CEO Mr. Mingma Norbu Sherpa

3.4 Accomplishments and Achievements

HTN has been able to maintain and improve the regular operation and management of its hospitals and clinics. The rebuilding of Kunde Hospital has been accomplished and its operation is regular. Likewise, three clinics are on a regular operation. Phaplu hospital is running smoothly and support from HTN and SEHS Germany has been provided. Three more clinics, under the management of HTN, have been operated in Okhaldunga and Solukhumbu districts with the support of Forgotten Sherpas of Nepal Trust.

		0	PD-Kuno	le Hospita	al	Total	OPI	D-Outre	each Cli	nics	Total	Referral
SN	Month	Ad	ult	Ch	ild		Ad	lult	Ch	ild		
SIN		М	F	М	F		М	F	М	F		
01	Jul/Aug	163	266	26	25	480	37	84	9	3	133	0
02	Aug/Sep	180	247	14	22	463	40	80	11	4	135	0
03	Sep/Oct	150	210	23	22	433	10	25	1	3	39	1
04	Oct/Nov	150	192	31	44	417	6	16	3	2	27	0
05	Nov/Dec	135	207	42	34	418	9	26	5	2	42	0
06	Dec/Jan	72	182	32	33	319	18	39	4	0	61	1
07	Jan/Feb	111	135	16	17	279	15	37	10	11	73	0
08	Feb/Mar	101	202	31	26	360	18	47	6	3	74	0
09	Mar/Apr	140	98	36	31	305	25	66	7	4	102	0
10	Apr/May	123	250	25	24	422	0	0	0	0	0	1
11	May/Jun	147	240	50	30	467	20	56	3	13	92	0
12	Jun/Jul	181	277	57	44	559	0	0	0	0	0	2
	Total	1653	2506	383	352	4922	198	476	59	45	778	5

Distribution of OPD services provided by Kunde Hospital and Outreach Clinics: July 15, 2017 to July 15, 2018

SN	Month			De	elivery	Prenatal Care	Postnatal Care	D&C	Referral		
		SVD	Vaccum	Breech	Retained placenta	PPh	Still birth				
01	Jul/Aug	1			1			18	1		
02	Aug/Sep	3						28	3		
03	Sep/Oct	4						12	4		
04	Oct/Nov	0					1	11	0		
05	Nov/Dec	1						21	1		
06	Dec/Jan	0		1				16	1		
07	Jan/Feb	0						9	0		
08	Feb/Mar	1				1		20	1		1
09	Mar/Apr	1						20	1		
10	Apr/May	1						14	1		
11	May/Jun	3				1		23	3		
12	Jun/Jul	5			1			18	5		1
	Total	20		1	2	2	1	210	21		2

Delivery and Maternal/Child health services: July 15, 2017 to July 15, 2018

Distribution of Contraceptive and Immunization services: July 15, 2017 to July 15, 2018

	Month		Contraceptive Services					Immunization Program								
SN		DMPA	Nor- plant	ОСР	IUCD	Others	BCG	Dpt, hepB, hiB	Polio	PCV	J.E.	Measles/ Rubella	DT	VitA		
01	Jul/Aug	41	6	2			7	4	4	10	0	12	7	1		
02	Aug/Sep	19	2	6		1	4	10	10	11	7	2	12	3		
03	Sep/Oct	59	3	2			2	9	9	10	4	2	5	4		
04	Oct/Nov	29	4	2			4	12	12	9	3	8	4	0		
05	Nov/Dec	37	3	3			2	9	9	8	3	2	6	0		
06	Dec/Jan	33	1	1			0	7	7	8	1	3	4	1		
07	Jan/Feb	21	0	3			1	7	7	4	1	8	5	0		
08	Feb/Mar	34	2	2		1	1	4	4	5	0	7	7	1		
09	Mar/Apr	37	1	2		1	0	7	7	9	4	6	5	1		
10	Apr/May	31	2	0			1	8	8	6	4	3	3	1		
11	May/Jun	27	1	3			4	6	6	9	0	5	2	3		
12	Jun/Jul	34	2	0		2	0	10	10	13	0	12	5	5		
	Total	402	27	26	0	5	26	93	93	102	27	70	65	20		

SN	Months		Admission		Emergency	Minor		Diagn	ostic tes	t
		Total	Recovery	Death		surgery	X-ray	USG	ECG	Lab test
1	Jul/Aug	3	3		9	6	7	5	0	61
2	Aug/Sep	7	7		6	0	11	8	1	56
3	Sep/Oct	8	8		13	6	1	6	1	42
4	Oct/Nov	6	6		10	6	7	9	1	55
5	Nov/Dec	3	3		7	6	0	15	0	44
6	Dec/Jan	2	2		10	4	4	5	0	34
7	Jan/Feb	0	0		6	0	3	2	0	22
8	Feb/Mar	3	3		10	0	1	7	0	79
9	Mar/Apr	4	3	1	9	3	3	7	2	68
10	Apr/May	2	2		6	2	6	12	1	45
11	May/Jun	9	9		8	2	4	12	3	98
12	Jun/Jul	14	14		17	7	8	10	2	57
	Total	61	60	1	111	42	55	98	11	661

Distribution of Inpatients and other services - July 15, 2017 to July 15, 2018

Kunde Hospital – Patient Morbidity – July 15, 2017 to July 15, 2018

SN	Disease Categories	М	F	Total
01	Communicable/immunisable diseases	0	0	0
02	Communicable water and food borne diseases	63	52	115
03	Communicable STD	0	2	2
04	Other infection (Respiratory/urinary/reproductive)	357	425	782
05	Nutritional and Metabolic disorder	56	61	117
06	Skin and soft tissue infection	117	87	204
07	ENT related infection/disorder	110	120	230
08	Oral and dental health related disorder	29	46	75
09	Eye problem	45	54	99
10	OB/Gynae related complication	0	42	42
11	Mental Health related problems	51	87	138
12	Cardiovascular related problems	135	222	357
13	Falls/injuries/fractures	168	75	243
14	Malignancy	0	2	2
15	Surgical problem	21	12	33
16	Gastritis/peptic ulcer disease	120	299	419
17	Arthritis	67	110	177
18	Disease not mentioned above	377	410	787
	Total	1716	2106	3822

PHAPLU HOSPITAL SERVICES 2017-2018

MONTHS	OPD	EMERGENCY	XRAY	USG	ECG	LAB
Shrawan	1511	190	190	166	22	128
Bhadra	1495	216	118	149	14	149
Ashoj	1005	205	96	106	14	106
Kartik	975	167	144	161	22	106
Mangsir	1342	200	107	105	14	101
Poush	1192	208	88	126	13	112
Magh	1242	135	129	105	7	118
Falgun	1268	191	137	127	14	108
Chaitra	1455	176	89	107	10	110
Baisakh	1558	183	142	124	21	121
Jestha	1898	150	58	102	4	146
Ashar	1288	137	138	182	5	158

PHAPLU HOSPITAL IN-PATIENT SERVICES 2017-2018

MONTHS	SANCTION BED	OPERATIONAL BED	Total patients admitted	Total hospital days
Shrawan	15	29	125	345
Bhadra	15	29	72	231
Ashoj	15	29	96	212
Kartik	15	29	86	194
Mangsir	15	29	92	230
Poush	15	29	89	259
Magh	15	29	165	395
Falgun	15	29	137	261
Chaitra	15	29	77	165
Baisakh	15	29	90	170
Jestha	15	29	87	238
Ashar	15	29	51	149

PHAPLU HOSPITAL FAMILY PLANNING SERVICES (CURRENT USERS) 2017-2018

MONTHS	OCP	DEPO PROVERA	IMPLANT	IUCD
Shrawan	1	84	6	4
Bhadra	12	86	8	13
Ashoj	11	84	6	16
Kartik	14	82	6	16
Mangsir	11	85	6	15
Poush	11	4	9	16
Magh	10	76	10	17
Falgun	9	69	12	22
Chaitra	12	61	13	27
Baisakh	10	57	14	33
Jestha	8	53	12	40
Ashar	6	49	13	47

	-											
Month	Shrawan	Bhadra	Ashoj	Kartik	Mangsir	Poush	Magh	Falgun	Chaitra	Baisakh	Jestha	Ashar
NORMAL	30	13	19	17	35	17	25	32	27	22	20	20
VACUUM	1	0	0	0	0	0	1	0	0	1	2	1
C/S	3	3	0	5	2	1	1	2	1	1	1	1
COMPLICATED MANAGED BY STAFFS	5	2	0	3	5	2	3	4	2	2	5	5
REFER IN	0	3	2	0	0	0	0	0	0	4	0	0
REFER OUT	0	0	0	0	0	0	0	0	0	0	0	0
BLOOD TRANSFUSION	0	0	0	0	0	0	2	0	0	0	1	0
MMR	0	0	0	0	0	0	0	0	0	0	0	0
STILL BIRTH	0	0	0	0	0	0	0	0	0	0	0	0
FRESH STILL BIRTH	0	0	0	0	0	0	0	0	0	0	0	0
MDGP	1	1	1	1	1	1	1	1	1	1	1	1
ASBA	1	1	1	1	1	1	1	1	1	1	1	1
AA	1	1	1	1	1	0	0	0	1	1	1	1
POST C/S INFECTION	0	0	0	0	0	0	0	0	0	0	0	0

PHAPLU HOSPITAL CEONC REPORT OF FISCAL YEAR 2074/2075

PHAPLU HOSPITAL IMMUNIZATION SERVICES 2017-2018

MONTHS	BCG	DPT1 +OPV	DPT2 + OPV	DPT3+OPV	PCV1	PCV2	PCV3	MR1	MR2	JE	TD1	TD2
Shrawan	11	6	11	6	6	11	4	1	9	9	18	18
Bhadra	11	7	6	10	7	6	11	6	1	12	27	4
Ashoj	11	12	10	4	12	10	4	2	5	2	17	7
Kartik	8	10	8	4	10	8	4	3	5	4	13	8
Mangsir	3	6	10	11	6	10	11	6	4	5	13	10
Poush	4	7	9	4	7	9	4	7	3	1	28	10
Magh	3	11	6	3	11	6	3	10	4	4	26	8
Falgun	9	9	2	10	9	2	10	6	4	6	20	6
Chaitra	9	6	6	8	6	6	8	4	5	8	24	6
Baisakh	7	7	6	9	7	6	9	4	4	9	23	8
Jestha	3	5	10	7	5	10	7	8	3	2	14	6
Ashar	3	3	1	3	3	1	3	7	1	5	17	7

Chapter-4

CULTURAL PROGRAMME

4.1 Background

Health, education and culture are integral parts of Sherpa people's livelihood. Therefore, helping to conserve the important cultural heritage is equally necessary for the quality of life in the region. Himalayan Trust Nepal has supported to rebuild dozens of important Buddhist monasteries, chortens, prayer wheels and monuments. These cultural sites are not only important assets for spiritual purpose but they also are equally important tourist-attraction sites for the economic development of the community and the country. Apart from physical infrastructure preservation support, HTN has been helping local schools and monasteries to teach Sherpa cultural education. For this purpose, HTN has been supporting the salaries of Sherpa cultural teachers.

4.2 **Objectives**

- > To help preserve Sherpa cultural heritage
- > To introduce Sherpa language education in local public schools and monasteries
- > To help maintain the monastic institutions
- > To rebuild earthquake-damaged old monuments

4.3 Activities (Inputs)

There are four main components of activities under the cultural programme in the last fiscal year. They are teachers support, earthquake relief support and maintenance of Sir Edmund Hillary Memorial Chorten and partial support to Tengboche monastery and Debuche Nunnery. Brief details about the components are as following:

4.3.1 Teachers Support

Sherpa language and culture are gradually being replaced by other dominant languages and cultures these days. In order to help preserve the local language and culture of the region, HTN provides Sherpa language teachers support to Khumjung, Chaurikharka and Junbesi schools and also to Salleri and Thulo Gumela Gumba schools. Sherpa language is taught up to grade five of Khumbu and Pharak schools, Pasang Lhamu, the ward chairperson of Khumbu Rural Municipality, ward no. 4, has initiated to teach Sherpa language in Pangboche and Phortse schools from the current fiscal year 2018/19.

4.3.2 Earthquake Relief Support

HTN provided partial support to the nine cultural monuments of the Solukhumbu region which were badly damaged by the 2015 earthquake. The support was only token support to restore the cultural monuments of the following institutions:

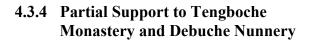
- 1) Samden Chholing Gumba, Khumjung
- 2) Chaurikharka Mani Lakhang, Chaurikharka
- 3) Buksa Monastery, Juving
- 4) Pema Chholing Monastery, Chaurikharka
- 5) Phortse Thakri Chholing Monastery, Phortse



- 6) Sangag Chholing Gomba, Bhakanje
- 7) Kunde Manilhakhang, Kunde
- 8) Thame Dechen Chokorling Gomba, Thame
- 9) Ngagyur Samden Dhechen Chholing Gomba, Dudhkunda

4.3.3 Maintenance of Sir Edmund Hillary Memorial Chorten

Sir Edmund Hillary Memorial Chorten of Khumjung was also damaged by the 2015 earthquake. After the supervision of the Chorten by the HTN Chairman Mr. Pasang Dawa Sherpa and Treasurer Mr. Thukten Sherpa in April 2018, they felt that the memorial Chorten needs to be repaired. The technical team of HTN led by Mr. Bidur Mukhiya Sunuwar, in partnership with Khumjung community, retrofitted the Chorten and brought it back to its original shape. The chorten has been serving itself as one of the major attractions to visitors, while interpreting the history of Sir Edmund Hillary to the Khumbu region. The renovation project was completed in June 2018.





With the support from American Himalayan Foundation, Himalayan Trust Nepal provides an annual grant equivalent to \$1,000 and \$1,700 to Tengboche Monastery and Debuchey Nunnery respectively. The annual grant is only a token of support to manage and operate these monastic institutions. The Tengboche monastery and Debuche Nunnery are two of the major monasteries of the region where more than thirty-five monks and four nuns operates these institutions.



4.3.5 Rebuilt of Sotarmu Chorten

The Sotarmu Chorten located in the village of Bamti Bhandar in Umakund Rural Municipality in Ramechhap district was badly damaged by the devastating earthquake of 2015. The Chorten was successfully rebuilt through the financial support of Sir Edmund Hillary Stiftung, Deutschland and

Benoit Chamoux Foundation France through Himalayan Trust Nepal. The rebuilding project had also received good community participation and contribution from local people. The project would not have been successful without the financial grant of Mrs. Ingrid Versen, Chairwoman of Sir Edmund Hillary Stiftung, Deutschland and Mrs. Fabienne Clauss, Chairwoman of Benoit Chamoux Foundation.



4.3 Accomplishments and Achievements

- Sherpa Language Teachers supported to Khumjung, Mahendrajyoti, Junbesi Secondary Schools have taught Sherpa language to Sherpa and non-Sherpa students.
- Supported the rebuilding of nine cultural monuments of Solukhumbu.
- Retrofitted the Sir Edmund Hillary Memorial Chorten of Khumjung.
- Supported Tengboche Monastery and Debuche Nunnery.

Chapter-5

MANAGEMENT & GOVERNANCE

5.1 Annual General Meeting Held

The 10th Annual General Meeting of Himalayan Trust Nepal was held on the 22nd of September, 2017 at Hotel Tibet, Lazimpath. The AGM was attended by the board and general members and the staff of HTN. The AGM was successful in endorsing many important agendas, including the rebuilding of earthquake-damaged Solukhumbu school project and Kunde Hospital.

5.2 **DPAC and CPAC Meetings Held**

The District Project Advisory Committee (DPAC) and Central Project Advisory Committee (CPAC) meetings as per the provision made in the tri-partite MOU among Himalayan Trust New Zealand, Himalayan Trust Nepal and Social Welfare Council of Nepal were conducted on the 2nd and 14th of May 2018 respectively. The DPAC meeting was attended by 26 participants in the district headquarter Salleri. Mr. Pasang Dawa Sherpa, Dr. Mingma Norbu Sherpa and Mr. Nava Bahadur Bhujel of HTN, and Mr. Manfred Haupl Vice Chairman and board members of Sir Edmund Hillary Stiftung Germany also participated in the meeting. Dr. Mingma Norbu and Mr. Nava Bahadur made the presentation of annual progress report 2017/18. Question-and-answer sessions were entertained. Chairperson Mr. Pasang Dawa clarified and facilitated various questions raised by the participants.

The CPAC meeting was attended by more than 15 participants from different line ministries of government of Nepal and they reviewed the overall project progress. Dr. Mingma Norbu Sherpa, Mr. Baween Raj Tandukar and Mr. Dawa Tshering Sherpa made the annual progress report presentation. Question-and-answer sessions were held and clarified. Mr. Pasang Dawa Sherpa thanked all the participants for their active participation and constructive feedback.



Central Project Advisory Committee Meeting, 14th of May, 2018

5.3 Changes in Organizational Management

Mr. Pasang Lama Sherpa, Chief Administrative Officer (CAO) of HTN, retired on 1st of March, 2018 and Dr. Mingma Norbu Sherpa was recruited to be the successor. Dr. Sherpa joined HTN on the 16th of

January and fully took over the responsibility from the 1st of March, 2018. Dr. Sherpa is a doctorate degree holder in conservation governance from the University of Massachusetts, USA.

Ms. Pema Diki Sherpa has been hired as an Administrative Assistant. She is a bachelor degree holder and originally comes from Thame.

Mr. Bidur Mukhiya (Sunuwar) and Mr. Janak Bahadur Thapa were hired as Project Coordinator and Social Mobilizer to implement the School WaSH Project of Bung, Pelmang and Chheskam schools in the first and second quarters of 2018 respectively. Mr. Mukhiya has made field visits to the project sites, collected baseline



Dr. MingmaNorbu Sherpa (CEO) and Pasang Sherpa Lama (Former CAO)

information and prepared the construction plans with budget details of Pelmang and Chheskam WaSH projects. Mr. Thapa has been stationed at the project site and has conducted various community and stakeholder consultation meetings.



Pema Diki Sherpa



Bidur Mukhiya



Janak B. Thapa

5.4 Office Set-Up Changed

The internal set up of HTN office was changed. CEO's office has been set up in Sir Ed's bedroom. Finance and administrative office have been moved to the back room. Previous CAO office has been converted into a meeting room, previous dining room has been changed to the front office and teacher trainer's workstation has been moved to the passage opposite to the front office. Office entrance has been moved to the western site. A signboard of Himalayan Trust



Nepal has been placed at the front face. A hoarding board with detail information, map and photos of all the 15 schools that HTN has built through REDSS Project has been placed in the meeting room. The meeting room is furnished with fixed sofa set and table sets are of Sherpa cultural design in antique painting. Filing cabinets and computer tables have been purchased. The front office garden has been maintained.

5.5 Miss Hawley's Demise



It is a sad year for Himalayan Trust family as its Country Representative Miss Elizabeth Ann Hawley who served Himalayan Trust Nepal office since the early 1960s passed away at the age of 94 on the 26th of January, 2018. HTN and Miss Hawley's nephew family cremated her body at Swoyambhu in Sherpa cultural tradition. Her funeral ceremony was attended by more than 300 friends and family members. Separate memorial services were organized at Hotel Dwarikas and Nepal Tourism Board.

5.6 65th Anniversary of Successful Everest Summit Observed

A reception program was jointly organized by the New Zealand High Commissioner to India and Nepal for Her Excellency Ms. Joanna Kempkers and British Ambassador to Nepal and His Excellency Mr. Richard Morris at the resident of British Ambassador on 29th May, 2018 to mark the 65th anniversary of first successful ascent to the top of the world by Sir Edmund Hillary and Tenzing Norgay Sherpa. The function was attended by more than 150 high-level officials and diplomats. HTN board member members, honorary and staff participated in the program.

Her Excellency Ms. Joanna Kempkers and New Zealand Honorary Consul to Nepal Ms. Lisa Choegyal visited Kunde Hospital and Khumjung School on the 29th of May and observed the project activities of Himalayan Trust Nepal. The delegate was greeted at Kunde Hospital by Dr. Kami Temba Sherpa and his team. Similarly, they were welcomed by the teachers, students and parents at Khumjung High School.



5.7 Monitoring

Regular monitoring of project progress in the field is an important aspect of project management. Timely feedbacks and suggestions from the project management team and board members can make difference in the overall effect of the project implementation and achievement. HTN's chairperson Mr. Pasang Dawa Sherpa and Mr. Thukten Sherpa visited Khumbu on the 3rd week of April. Similarly, HTN CEO Dr. Mingma Norbu Sherpa, board member Mr. Lhakpa Tenji Lama, technician Mr. Bidur Mukhiya Sunuwar and district coordinator Mr. Nava Bahadur Bhujel visited Sotan, Bung, Pelmang and Chheskam and monitored its various project activities. Likewise, HTN's CEO Dr. Mingma Norbu Sherpa visited Khumjung, Kunde, Phortse, Pangboche and Tengboche in June and July to monitor its various project activities.

Apart from these internal programme-monitoring visits, as per the agreement with the government of Nepal under the umbrella of Social Welfare Council, there are two provisions of evaluations to be conducted by the Social Welfare Council for a three- to five-year Project Agreement. A mid-term monitoring and evaluation of the Himalayan Trust project evaluation were expected to happen in May 2018. A request proposal from HTN has been already extended to SWC and SWC is under the formation of a team of experts. This year's mid-term monitoring and evaluation will take place in the project sites of Khumbu.

5.8 Conclusion

The fiscal year 2017/18 was one of the most successful years and a turning point in the history of Himalayan Trust Nepal. The successful completion of Rebuilding Earthquake Damaged Solukhumbu School (REDSS) project within the projected time frame, implementation of School WaSH Project in Bung, Pelmang, Chheskam and Khumjung Schools with financial assistance from Grand Circle Foundation of the USA and Sir Edmund Hillary Foundation Canada; successful implementation of School-Based Teachers Training Programme with progressive change in the school education and continuation of scholarship program are some of the milestones we managed to achieve in this fiscal year. Moreover, signing MOUs with Edu-Tech Nepal to establish computer labs in 10 high schools for three years has been materialized and six high schools have already completed the furnishing part.

Similarly, HTN has been successful to operate its Kunde Hospital and three of its outreach clinics regularly. Moreover, doctors of Kunde Hospital have initiated monthly health check-up service and monitoring visit to its Monju, Phortse and Thame clinics from July 2018. This kind of clinic visits by doctors has really helped elderly, disabled people, children and woman patients to get timely treatment.

Secondly, HTN is proud to observe Phaplu hospital running effectively. HTN has supported Phaplu hospital with medicine supplies and hospital staffs' incentives with the funding from Sir Edmund Hillary Stiftung Germany (SEHS Germany). The joint monitoring visit of HTN board members and SEHS Germany's board member in May 2018 could examine the progress of the hospital and materialize its support.

The third achievement in the health sector is that HTN signed a three year's MOU with Forgotten Sherpas of Nepal Trust New Zealand to manage three clinics in Okhaldunga and Solukhumbu districts from July 2018. FSNT is a New Zealand based philanthropic organization, which has been following the giant footstep of Sir Edmund Hillary.

On the institutional development aspect, HTN recruited a new CEO who is a doctorate degree holder from the Solukhumbu district. Likewise, HTN also hired an administrative assistant and two more project staffs. On the infrastructural part, HTN upgraded the internal setting of its Kathmandu office and furnished.

The new management team could meet with most of HTN's prominent donors, supporters and wellwishers within a year and reposition Himalayan Trust Nepal as an active and legitimate organization of Sir Edmund Hillary set up in the early 1960s.

In spite of having many success stories, we also faced many challenges over the fiscal year 2017/18. First of all, the demise of our country representative Ms. Hawley was a huge and unrecoverable loss to our organization. Secondly, our organization had to face changes in organizational leadership. Mr. Pasang Lama Sherpa who served Himalayan Trust for 25 years took his retirement and had to find a new CEO to take the leadership position. The Himalayan Trust Nepal had to go through different changes in terms of organizational management. HTN was primarily managed by a very small number of staffs without capacity building plans in place. The current management team is operating on its limited capacity. So, capacity-enhancement training to its staff will make a difference in the future operation.

On the project implementation aspect, the Monju Community Hall Construction Project has been pushed back almost by a year as the transportation of pre-fab materials from Takshindo to Monju was delayed due to the crashing of the cargo helicopter of Manang Air. A total of 9285 kilograms of construction material was stocked at Taksindu for almost a year and was transported to Monju only in May 2018 by Kailash Helicopter.

Another challenge we faced in the fiscal year is the transportation of school furniture from Salleri to Khumjung and Thame schools. Desk and bench for those schools have been stranded at Salleri due to monsoon season and the unavailability of cargo-carriage flight. The furniture project was supported by Himalayan Trust New Zealand and Himalayan Trust UK. Likewise, some of the construction materials of Kunde Hospital has been stranded at Phaplu and so we were unable to complete the toilet construction project.

On the education side, the implementation of school-based teacher training programme was successful in many regards. However, some of the factors like transfer of head teachers, turnover of more than 18 teachers, and provincial and state level elections have created some challenges to the effectiveness of the training.

Considering all these positive and negative effects and aspects of the project implementation, regular operation and management, the management team is prepared to face the coming year with more effective planning and result-based management. The management team is fully committed to implementing the decision of the executive board and annual general body. The working strategy of the current management and the governing body is based on need base, realistic planning, effective and efficient management and inclusive and participatory decision.

HIMALAYAN TRUST NEPAL

SOLUKHUMBU, NEPAL STATEMENT OF FINANCIAL PERFORMANCE For the year Ended 32nd Ashad 2075 (16th July 2018)

			Current Year	Previous Year
	Note		Amount	Amount
INCOME /RECEIPT				
Membership Fee			2,300.00	
Grant and Contribution			115,221,631.67	
Grant and Contribution (HTN)	7	78,576,164.77		58,376,296.85
SEHF Project (Khunde Hospital)	8	11,972,713.79		13,915,006.23
REDSS Programme	9	24,672,753.11		76,446,236.50
Other Income (Internal)			785,169.10	
Contribution / Donation Box		67,000.00		
Miscellaneous Income		2,000.00		
Bank Interest		716,169.10		
Khunde Hospital (SEHF)			1,224,412.45	
Donation (Donation box)		747,430.00		
Donation from Community Clinic		26,390.00		
Donation from Local Patient		441,425.00		
Bank Interest		9,167.45		
Total Income/Receipt			117,233,513.22	148,737,539.58
<u>EXPENDITURE</u>				
Project Expenses				
HTNZ Projects	7.i		13,470,696.49	9,657,007.04
Scholarship and Incentives	7.ii		10,048,687.72	8,943,874.66
School wash Project	7.iii		930,262.79	3
Phaplu Hospital Project	7.iv		7,240,268.33	6,406,802.85
Administration Expenses	7.v		9,801,677.36	8,258,253.88
BCF Scholarship	7 vii		4,832,303.52	4,429,832.00
Other Donors Grant for Scholarships	7 viii		10,890,323.71	12,507,387.11
REDSS Programme	9		46,418,881.53	63,819,516.59
Kunde Hospital (SEHF)	8		21,174,901.78	25,229,479.06
OPERATING EXPENDITURE FOR THE YEAR	1.000		124,465,174.83	139,252,153.19
Add Surplus during the year 2074-75				
HTN Surplus		14,133,640.35		(4,281,369.31
SEHF Project (Khunde Hospital)		(7,977,775.54)		(11,314,472.83
REDSS Programme		(21,746,128.42)		12,626,719.91
Accumulated Fund for the Year(2074-75)			(7,231,661.61)	(2,969,122.23
Opening Fund Balance (2073/74)	_		55,634,879.77	58,604,002.00
Fund Available For Next Year			48,403,218.16	55,634,879.77

TRU

The accompanying form an integral part of these financial statements

me

Baween Raj Tandukar Accountant

Pasang Dawa Sherpa

Chairman

Mingma Norbu Sherpa Chief Exe. Officer

aman "KHA' 257 Can No. 3113 22 soci2

Janak Tamang J.Tamang Association **Regd.** Auditor

Thukten Sherpa Treasurer

EXECUTIVE BOARD



PASANG DAWA SHERPA CHAIRMAN



TASHI JANGBU SHERPA VICE-CHAIRMAN



THUKTEN SHERPA TREASURER



PASANG LAMA SHERPA SECRETARY



Dr. MINGMA NORBU SHERPA JOINT-SECRETARY



DAWA FUTI SHERPA MEMBER



PASANG TSHERING SHERPA MEMBER



YANGJI DOMA SHERPA **MEMBER**



LHAKPA TENJI LAMA SHERPA **MEMBER**

OUR PARTNERS

















Annex-1 Articles from HTN Scholarship Recipients

Lhakpa Gyalzen Sherpa, CMA, Monju Clinic

My name is Lhakpa Gyalzen Sherpa. I was born at Buksa of Khumbu Pasang Lhamu Rural Municipality of Solukhumbu district. I come from a poor family background. Subsistence agriculture is only the means of survival of my family. Even though I belonged to a poor family background, I do have my own dreams.

I did my lower secondary education in my village Buksa. My parents wanted to send me to a good school to support me to fulfil my dreams. They knew that Khumjung Secondary School is one of the best schools in Solukhumbu district which was built by Sir Edmund Hillary. So, they decided to send me to Khumjung. I was very happy when I got admission to Khumjung School. The school buildings were safe, good teaching and learning environment with quality education was there. My parents could also afford to pay the school fees and my living costs. The school also has a good relation with Himalayan Trust Nepal.



I was very unlucky to lose my mother when I was studying in grade ten at Khumjung School. My father and I had to face many difficulties. My father could not afford to pay for my education. Amidst the difficult circumstances, I passed my SLC from Khumjung Secondary School securing 2.80 GPA in the year 2016.

My mother passed away at an early age as she did not get proper health treatment and service. Her passing away taught me a valuable lesson. I then decided that I would serve and care for other people who are sick and in need of good health service. Death is a natural process and it is part of our life. One has to die one day. I will try my best to save and help those who are in need of good health service and treatment.

After SLC, I was in a dilemma whether to continue with my studies or to work with my father in the agriculture fields. My father told me that poor people like us do not study and our duty is to work hard in the fields and do farming. But I did not give up as I had a strong dedication and determination towards my future.

Himalayan Trust Nepal provided me with a scholarship to pursue my further studies. Then, I got admitted to the School of the Public Health and Technical Studies, an institution dedicated to medical service located at Dhading district.

I completed my Community Medicine Assistant (CMA) course scoring 90% in the year 2018. I went to submit a copy of my academic achievements to Himalayan Trust Nepal. I was lucky to meet Dr. Mingma Norbu Sherpa, Mr. Baween Raj Tandukar and Mr. Dawa Tshering Sherpa on that day. They asked about my future plans and job potentials. They mentioned that there are vacancies at Thame and Monju clinics for the positions of CMA. I was given the opportunity to work as a CMA at Monju health clinic operated under Kunde hospital managed by Himalayan Trust Nepal. I am contented with my job. Himalayan Trust Nepal has played a vital role in changing and transforming my life. After working as the CMA at Monju health clinic, I have attended 330 patients within three months. I would like to continue working until I get a permanent government service.

Belonging to a poor family background, I did not think that such a progressive path would be possible but Himalayan Trust Nepal has changed my life for good and I hope to get continuous support in the future too.

I would like to express my gratitude to Himalayan Trust Nepal for your help and support and in helping me realize my dreams and make it a reality.

Kamal Kumari Kulung, Student (Education Faculty)

मेरो नाम कमलकुमारी कुलुङ हो । म माहाकुलुङ गाउँपालिका वडा नं. १ मा बसोबास गर्ने एक मिहिनेती र पढाईमा एकदम रुची राख्ने एक जेहेन्दार विद्यार्थी हुँ । मेरो बुवा र आमा किसान हुन् र उहाँहरु खेतीपातीको काम गर्नुहुन्छ ।

मैले कक्षा एक देखि दश सम्म सगरमाथा माध्यमिक विद्यालय, वुडमा पढें। मेरो परिवारको आर्थिक अवस्था एकदम नाजुक भएता पनि जसोतसो गरी मैले आफ्नै गाउँमा कक्षा दश सम्म पढें र एस्. एल्. सी. उत्तीर्ण गरें एस्. एल्. सी. उत्तीर्ण पछि उच्च शिक्षा हासिल गर्न तिव्र इच्छा थियो तर परिवारको आर्थिक अवस्था कमजोर भएको हुनाले मैले प्लस टु पढ्न नसको अवस्था थियो।



त्यसै बेला हिमालयन ट्रष्ट नेपालले मेरो स्कूलबाट एस्. एल्. सी.परीक्षामा उच्च अंक प्राप्त गर्ने एक जना छात्र र एक जना छात्रालाई प्लस टु पढ्न छात्रावृत्ति दिने निर्णय जानकारीमा आयो । वि. स. २०६९ सालको एस्. एल्. सी. परीक्षामा छात्रातर्फबाट प्रथम भएको हुनाले यस संस्थाले प्रदान गरेको छात्रावृत्ति पाएँ। मैले प्लस टुमा एजुकेशन साइन्स र सँगसँगै २९ महिने पि. जे. टि. ए. को इन्ट्रान्स परीक्षामा नाम निकाल्न सफल भएकोले प्लस टु सँगसँगै २९ महिने पि. जे. टि. ए. पनि पढ्ने अवसर पाएँ।

मैले पढेको दुवै विषयमा बढी प्राक्टिकल सामग्रीहरू जुटाई रहनुपर्ने भएको कारण हिमालयन ट्रष्ट नेपालबाट प्राप्त भएको रकमले दुवै विषयको लागि प्राक्टिकल सामग्री, कापी, किताब आदि किन्नमा सदुपयोग गरेकी थिएँ। तसर्थ, हिमालयन ट्रष्ट नेपालले प्रदान गरेको छात्रावृत्तिमा शिक्षा र प्राविधिक दुवै क्षेत्रमा पढ्न पाएँ र यसले मेरो जीवनमा उच्च माध्यमिक शिक्षा सफलता पूर्वक हासिल गर्न ठूलो उपलब्धी मिल्यो।

कक्षा १२ सम्मको अध्ययन पूरा गरेपछि स्नातक तहको अध्ययन गर्न मेरा लागि आर्थिक रुपमा निकै चुनौति रहयो । जसोतसो घरबाट भर्ना हुनसम्म अभिभावकहरूले जोहो मिलाई दिनु भयो । त्यसपछि स्नातक तह अध्ययनको लागि सोलुखुम्बु बहुमुखी क्यामपसमा शिक्षा शास्त्र संकयमा भर्ना भएँ । नियमित विद्यार्थी भएर पढ्न खर्चको अभावले गर्दा सल्लेरी मै बसेर पढ्न सम्भव भएन । त्यसैले, मैले वुडको सगरमाथा मा. वि. मा शिक्षिका भएर पढाउँन थाले र महिनाको सात हजार रुपियाँ तलब लिई मैले स्नातक तहको शिक्षालाई निरन्तरता दिएँ । त्यसै बेला हिमालयन ट्रष्ट नेपालको टोली वुडमा अनुगमनको लागि आउनुभएको थियो र मैले आफ्नो निवेदन उहाँहरूलाई पेश गरेँ । त्यसपछि हिमालयन ट्रष्ट नेपालले सर एडमण्ड हिलारी स्टीफटुइ जर्मनीले निधिबद्व गरेको लुइस एण्ड बेल्लिंडा मेमोरियल छात्रवृत्ति प्रदान गर्नुभयो र हाल म शिक्षा शास्त्र संकायतर्फ भर्ना भई स्नातक तह अध्ययन गर्दै छु ।

त्यसैले म जस्तो पढ्ने इच्छा भएर पनि आर्थिक अवस्था कमजोर भई पढ्न नसकने विद्यार्थीलाई यसरी छात्रावृत्ति दिई पढ्ने अवसर दिनु भएकोमा म यस संस्था र यस संस्थाको परिवार प्रति हार्दिक आभारी छु र साथै धेरै-धेरै धन्यवाद दिन चाहन्छु। यस संस्थाद्वारा प्रदान गरिने छात्रवृत्ति विशेष गरेर गाउँमुखी बन्न सकोस्। साच्चै गरिबीले तड्पीएका बालबालिकाहरु लाभान्वित हुन सकून्। संभव भए गरीब(निमुख टुहुरा कक्षा १(१० पढ्ने बालबालिकाहरुले पनि यस संस्थाबाट छात्रवृत्ति पाई पढ्न पाउन्। अतिरिक्त दुर्गम गाउँघरमा अभै पनि पुरुषको दाँजोमा महिलालाई शिक्षा दिनमा गरिने विभेद विद्यमान छ। त्यसैले त्यस संस्थाबाट प्रदान गरिने छात्रवृत्ति महिलालाई बढी प्राथमिकता दिइयोस् भन्ने सुभाव पेश गर्दछु।

Kami Yangjee Sherpa, CMA, Thame Clinic

My name is Kami Yangji Sherpa and I am from Thame. I have a small family comprising five members, my father, mother, elder brother and sister and myself. My father is 60 years old and he used to be a mountaineer. My mother is 53 years old. She is a housewife and looks after the yaks and the farm. My parents had to struggle a lot as they were illiterate.

I studied at Thame Basic School up to grade 7 and then went to Khumjung high school to continue my study. I had a great



school life and have lots of bitter and sweet memories of my school days.

Studying in Khumjung School was not easy. I had to walk four hours from my village to Khumjung, therefore stayed in hostel. Staying in a hostel was expensive. Fortunately, I received scholarship from Buddha Maya Foundation for grade 8 to 12. I passed my SLC from Khumjung School securing good grades. After SLC, my parents sent me to Kathmandu for further studies. I studied up to grade 12 with support from sponsor and my parents.

I had keen interest to study medicine and my parents wanted me to continue my study but due to lack of financial support, I could not pursue my study in medicine. Then, I requested Dr. Kami Temba Sherpa, Doctor In charge of Khunde Hospital for scholarship. He told me that I could apply for Community Medicine Assistant (CMA) scholarship in Himalayan Trust Nepal. I received scholarship from Himalayan Trust Nepal.

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